

Sheriff Seeks Robust Re-Entry Programming - Page 2
Joint Convention To Fill Vacant School Seat - Page 3
Girl Scouts Rise Up To Serve During Pandemic - Page 32



*****CAR-RT LOT-C-004
 THOMAS CRANE LIBRARY
 40 WASHINGTON ST
 QUINCY, MA 02169-5304
 2

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 53 No. 21

Thursday, February 4, 2021

\$1.50



QUINCY ROCKS! - Ashlee Saunders-Tint and her two sons, Adam, age 8 and Alexander, 5 (left) with some of the rocks they have painted for their Facebook group, Quincy Rocks! The painted rocks are intended to spread joy and promote random acts of kindness throughout the community. Shown above is one of their artistic personalized rocks with the message "I Have A Dream." More on Quincy Rocks on Page 19.

Photos Courtesy Ashlee Saunders-Tint.

Grades 1-3 Full In-Person Learning After Vacation Week

By SCOTT JACKSON

Quincy Public Schools students in grades one through three who currently attend in-person classes on a part-time basis will begin learning in-person full-time after February vacation.

During the Jan. 27 School Committee meeting, Supt. Kevin Mulvey announced students in those grades currently enrolled in a hybrid learning plan would transition to a full in-person learning model on Feb. 22.

"We've reached a point where we can, we believe, safely return and also ad-

equately staff the return to full in-person learning for grades one to three," Mulvey said.

"I think it is really exciting and I think something that our students need," said Erin Perkins, the district's assistant superintendent. "If we can do it, we should definitely do it."

Families will be notified about the move to fully in-person learning this week, she added.

Under the current hybrid model for grades one through three, students are

Cont'd On Page 4

City Offering COVID-19 Vaccine To Eligible Residents

By SCOTT JACKSON

Quincy residents over the age of 75 can now register to receive the COVID-19 vaccine at a city-run vaccination clinic that starts this week.

Residents can register through an online portal at quincyma.gov or by calling a new vaccine registration and assistance call center at 617-376-1479. Residents

can call 617-376-1298 for Chinese language assistance.

Mayor Thomas Koch last week announced the city would be partnering with Manet Community Health Center to distribute the vaccine to eligible residents. The city will use the office building it has purchased at 180 Old Colony Avenue - the future DeCristofaro

Learning Center - to administer the vaccines.

Chris Walker, Koch's chief of staff, noted the supply of the vaccines is limited at the moment and said it was important for residents to remain patient as the rollout of the vaccines continues.

"We encourage residents to be patient with the registration process, whether it is

the state, the city of Quincy or a private provider," he said. "Appointments will be limited by supply, and the state has already informed providers that supplies will be constrained as the plan ramps up in the coming days and weeks."

Monday marked the start of phase two of the state's vaccine distribution program, meaning all residents

over the age of 75 are now eligible for their shots.

All residents over the age of 65 and those with two or more comorbidities that put them at high-risk of severe complications from COVID-19 will be eligible to get the vaccine in the second step of phase two.

The third group eligible for the vaccine in phase two are certain essential work-

ers: early education and K-12 teachers and staff, public works employees, public health workers and those in the food, agriculture and sanitation fields.

Individuals with one comorbidity will be eligible for vaccination in the final step of phase two.

Walker said the city would have additional infor-

Cont'd On Page 20

Liang: 'More Impactful' To Add Equity Department

By SCOTT JACKSON

Creating a municipal department focused on social justice and equity would be more impactful than having existing city employees address those issues on their own, City Council President Nina Liang said.

Liang and two of her colleagues, Councillors Brian Palmucci and Noel DiBona, put forward an ordinance to establish the proposed De-

partment of Social Justice and Equity in November. Councillors approved the ordinance on Jan. 19 after hearing from more than 30 residents who voiced their support for the measure.

The new department would consist of a single employee, a director, who would be tasked to, "create equity and inclusion among

all populations in Quincy."

Mayor Thomas Koch would responsible for proposing a budget for the new department and would also be responsible for hiring the new director. Koch previously told The Sun it might not be feasible to pay for the new department given the financial uncertainty Quincy is facing amid the coronavi-

rus pandemic. In addition, he suggested there could be ways to realize councillors' goals without establishing a new department.

Liang, in a recent interview with The Quincy Sun, said city personnel are already working on issues related to social justice and equity, including a language-access project

the Planning Department is leading, but such projects are not the departments' main objectives. Creating a new department would also mean whoever is hired for that role would have the necessary education and experience.

"I think it is more impactful if we have a department focused specifically on this

task," Liang replied when asked if current city personnel could oversee social justice and equity initiatives.

"That's not say that existing personnel aren't doing this work already, because they are. I think you are up to date on the language-access work we've been doing. Melissa Pond at the

Cont'd On Page 16

City, DOVE Receive Anti-Violence Grants - Page 5
Expungement Legislation Becomes Law - Page 15
'Rising Stars' Singing Competition - Page 19

More Quincy news:
The Quincy Sun.com



McDermott Aims For Robust Re-Entry Programming

By SCOTT JACKSON

Patrick McDermott, Norfolk County's new sheriff, wants to create robust re-entry programming so inmates have the skills they need once they leave jail.

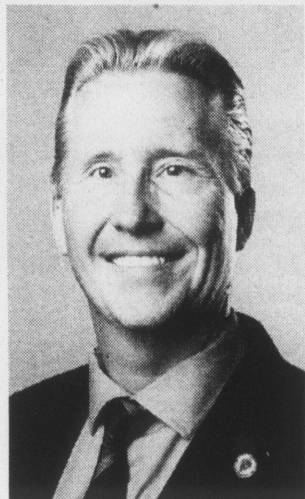
McDermott, age 51, was sworn-in as the county sheriff on Jan. 6. A Quincy Democrat and the county's former long-time register of probate, Patrick McDermott succeeded Jerry McDermott as sheriff after winning a special election in November.

Patrick McDermott has said he will seek a full six-year term as sheriff in 2022.

As sheriff, McDermott is responsible for overseeing the Norfolk County Correctional Center in Dedham. The county jail houses about 365 individuals including inmates serving sentences of up to two and a half years, pre-trial detainees and U.S. Marshals Service detainees. The county does not take detainees held by U.S. Immigrations and Customs Enforcement.

In a recent interview, McDermott identified re-entry programming for inmates as his top priority.

"The number one thing we want to focus on is the re-entry component for the



Norfolk County Sheriff
PATRICK McDERMOTT

inmates," he said. "Right now, most of our programming has been suspended because of COVID. There is some limited programming going on."

"We want to have more robust programming when it comes to addiction and alcohol treatment. We want to have really an expanded educational program...we are reengaging our labor unions to come up with some training programs that are offered."

He suggested inmates could receive training in culinary arts, for example.

"I go back in time to when I wanted to be in restaurant management, so I took a tour of our restaurant

facility there. We have a really cool plant there and I think there is a great opportunity," McDermott said.

"Having many friends and family members in the restaurant business, one of the things they complain about is they don't have the skilled workforce. I think that culinary arts is something we can certainly expand there because we have the facility for it."

Another field he identified is automotive repair, using the garage at the county correctional center.

"With the garage we have there, there is no reason we couldn't have simple programs on like minor auto repair or at a very minimum how to do an oil change," McDermott said. "That is something these inmates might be able to see the light and get some kind of skill they can use outside."

In addition, McDermott said he wants to work with local non-profits who can assist with the re-entry programming for inmates.

"We've got addiction issues, homelessness issues, job issues, education issues - all of the things I talked about with my friends in the non-profit community are things that we need to part-

ner up in," he said.

"A robust partnership program with all of our non-profits is going to be a valuable thing to me as we start talking re-entry."

Re-entry programming, he added, needs to be something that begins as soon as an inmate arrives at the jail-house.

"We don't have a lot of time on our re-entry program. Most of our sentenced inmates are serving an average of 45 days, so you can't wait until 30 days in and say, 'oh, we have to start planning for your re-entry,'" McDermott said.

"I've been talking with our assistant superintendent who was one of my first promotions...she is really focused on programming now. We want to make sure our re-entry program is focused so that is going to be a success story."

"Re-entry starts the first day they come in. Acclimate them to their unit, introduce them to their roommate, and then start figuring out what their needs are so we don't see them again."

McDermott, in remarks shortly after being sworn in as sheriff, called systemic racism a threat to public safety. In the recent interview, he said he wants to hire a more diverse workforce at the sheriff's office and hold a series of commu-

nity discussions with various stakeholders to discuss racism.

"We want to do two things. In house, we want to make sure we are reflective of our community at-large," McDermott said. "We have a chief diversity officer and we are hiring on Feb. 1 another person that is going to come in and help us with our workforce development to make sure we are at least practicing what we preach...we're reflective of the community we serve."

"On the outside though is where the hard work is going to be and it is about real conversations and raw conversations with community groups, communities of color and our immigrant population and coming up with...a way in which we can kind of calm the tensions and figure out what the root causes of some of these issues are."

In addition, McDermott said he was bringing in an outside expert to identify potential internal issues within the sheriff's office.

"Some of us don't even know about the biases we hold individually and that is something that I actually I am working with a specialist who used to work with me in the trial court and she's going to be coming in as a consultant to work on a program to help educate our

staff...on systemic racism issues that are just pervasive sometimes in our workplace policies, in our programs we offer," McDermott said. "That is going to take a little bit of time."

McDermott credited his predecessor, Jerry McDermott, with helping to ensure a smooth transition.

"We had a great transition. The superintendent and the former sheriff were fantastic," the new sheriff said. "The transition was really smooth. There wasn't any clearing house or any kind of thing like that that was necessary."

Following his swearing in, McDermott said his first concern was the coronavirus and stopping its spread inside the county jail.

"The biggest thing facing us was the ongoing COVID-19 pandemic, how we were going to be dealing with the staff and inmates, protecting them," McDermott said.

"One of my first meetings was with my assistant deputy superintendent in charge of medical to make sure we're on top of where the vaccinations were. The first round of vaccinations came in within a few days - I think it was the Monday after I got sworn in...those first vaccinations went to the front line staff."

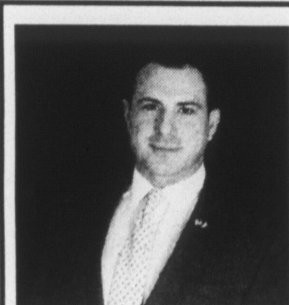
Cont'd On Page 25

McDermott Praises 'Are You OK' Program For Saves Of 2 Norfolk County Residents

Norfolk County Sheriff Patrick McDermott praised the staff of the Norfolk County Sheriff's "Are You OK?" program and first responders for assisting in the rescue of two senior residents in January.

"The 'Are You OK?' staff helped save the lives of two Norfolk County seniors, working quickly to contact family and emergency personnel," said Sheriff McDermott.

During a check-in call on



Armando Agnitti, Esq., CISR
Anthony Agnitti, CIC, LIA

AGNITTI
INSURANCE AGENCY, INC.

Auto - Home - Business
Life

21 Franklin Street,
Quincy

617-770-0123
Agnittiinsurance.com

Jan. 7th, a Braintree resident was helped when she reported that she had fallen earlier in the day and was unable to move. Braintree police were notified and the woman was taken to the hospital.

On Jan. 22nd, a Quincy resident fell the previous evening, hit her head, and was unable to get off the floor. When staff were unable to reach her in her daily call, they contacted the woman's relatives, who went to her residence and called for an ambulance.

"The isolation imposed by COVID-19 on seniors and people with disabilities makes it even more important that we provide these kinds of lifelines," McDermott added. "We take seriously our commitment to public safety in Norfolk County, and that includes making sure that we take

care of our most vulnerable neighbors. This program literally saves lives. The 'Are You OK?' program is an invaluable and life-saving program, and I encourage all seniors and people with disabilities in Norfolk County to consider signing up for it," he said.

The "Are You OK?" program is provided free of charge to seniors and residents with disabilities. The service provides participants with a daily check-in call 365 days a year, which is monitored by staff from the Norfolk County Sheriff's Office and Fallon Ambulance.

"Seniors interested in signing up for this no cost, potentially life-saving program are encouraged to contact Deputy Sheriff Cheryl Bamberg at 1-866-900-7865 (RUOK).

Need an extra hand? we got you...

Painting a room? Organizing?
Cleaning and Sanitizing your home?
We can even shop, cook & set-up your meals for the week

Visit us at: www.thirdhandcleanandpaint.com
to learn more about
our services or call
857-939-3175



Atlantic Coast Engineering & Surveying LLC

"PROUDLY SERVING THE ENGINEERING, SURVEYING,
CONSTRUCTION & REAL ESTATE INDUSTRIES."

Our services and capabilities Include:

- ✓ Engineering, Surveying & Construction Consulting.
- ✓ Permitting process approval through town, city, state and federal agencies as needed.
- ✓ Site assessments, building feasibility, land development due diligence and analysis.
- ✓ Structural building and home inspections for sellers/buyers.
- ✓ Retaining Walls, Pier/Dock designs and permitting.
- ✓ Raise and reconstruction of existing buildings and homes in flood plain areas.
- ✓ Site plans for proposed buildings, homes, additions, pools and structures.
- ✓ Elevation Certificates, As-builts and COC's.
- ✓ Revetments and erosion prevention structures.
- ✓ Yacht Club Designs and Services.
- ✓ Title 5 Septic Designs
- ✓ Owner Construction Manager Services.

South Shore Locations:

Scituate Harbor
88 Front St. Suite 20
Scituate, MA. 02066
Office: (781)378-2593

Quincy/Marina Bay Office
500 Victory Rd. Suite 400
Quincy, MA. 02171
Office: (617)404-2001

Website: <http://atlanticcoastengineeringllc.com/>
email: info@atlanticcoastengineeringllc.com

F
E
B

4

2
0
2
1



NEWLY APPOINTED Ward 2 Councillor Anthony Andronico speaks after being sworn in by City Clerk Nicole Crispo at a brief ceremony Jan. 28 in the Great Hall of the James R. McIntyre Government Center (old City Hall). Andronico was appointed to the seat by councillors to fill the unexpired term of former councillor Brad Croall who resigned from the seat Jan. 19 for family reasons and to explore other opportunities. Croall's unfinished term expires at the end of the year. Andronico told *The Quincy Sun* that he will make a decision about running for a full two-year term in this fall's municipal election later this year. Andronico resigned his school committee seat to serve as Ward 2 councillor. The City Council and School Committee will hold a joint meeting this month to fill the vacant school committee seat.

Quincy Sun Photos/Robert Bosworth

School Seat To Be Filled At Joint Convention

By **SCOTT JACKSON**

The School Committee and City Council will meet in the coming weeks to fill the vacant seat on the school board, and the seat has drawn the interest of the candidate who finished runner up in the race for a committee seat in the most recent municipal election.

Anthony Andronico departed from the School Committee last week after city councillors appointed him the new Ward 2 councillor, following the resignation of long-time councillor Brad Croall.

Mayor Thomas Koch, the chairman of the School Committee, on Jan. 27 said he hoped to hold a joint convention of the City Council and School Committee to fill the vacant seat prior to the next school board meeting on Feb. 10. He added, however, that the joint convention could take place after Feb. 10 if necessary.

Other details of the meeting have not been announced.

Courtney Perdios — the runner up in the 2019 School Committee race — said she would be interested in filling the remainder of Andronico's term, which expires at the end of the year.

"I am very interested in the School Committee seat

that has become available as a result of Anthony's appointment to the Ward 2 City Council seat," Perdios said in a statement.

"Advocating for the students and families of the Quincy Public Schools (QPS) community is one of my strongest passions, and what I've spent the last 8 years doing, serving as Citywide PTO President and Clifford Marshall PTO Co-President, and as a member of the QPS Re-Entry Task Force. It's what led me to run for School Committee just over a year ago in the 2019 election, in which I was proud to have earned the support and vote of 5,990 residents across the city.

"I'm excited for the opportunity, and I look forward to the joint convention process."

Perdios added that she would seek a full term in the fall municipal election.

Perdios was one of four candidates to run for three available committee seats in 2019. She finished 448 votes behind Frank Santoro, the candidate who amassed the third most votes.

Mark Sauter, who finished fourth in the 2017 contest in which Andronico was elected to the school board, said he would not

seek the appointment.

"I will not be seeking an appointment for the remainder of Anthony's term," he wrote in an email. "Serving on the School Committee remains a goal of mine, but

my focus and attention right now is on my family, work, and position as president of the Merrymount Association."

Sauter said it was unlikely he would run in this fall's

election.

The last joint convention to fill a school board seat was held in January 2016 after Noel DiBona left the committee following his election to the council

in November 2015. Emily Lebo — who mounted a write-in campaign for a school board seat in 2015 and finished in fourth place — was unanimously chosen

Cont'd On Page 21

Introducing: Free Student Checking from Colonial Federal

Great for young people... even better for parents



Tired of running to the ATM to get cash for your son or daughter? Thinking it's time they had their own

ATM/debit card and mobile banking? Young people (ages 16-23) like our Free Student Checking because it's a step toward Being An Adult. Parents love being able to easily get money to their son or daughter. Monitoring the account, setting low balance alerts, helping their kids learn to manage money — that's all a bonus. **Free Student Checking from Colonial Federal means they can bank here from anywhere! So can you.** Sound good? Come see us or call Noreen or Kelly at 617-471-0750.

With Free Student Checking, you get:

- Mobile app w/mobile check deposit • Online banking & Bill Pay • ATM/debit card • Surcharge rebates up to \$12/statement cycle • Transfer money in easily • Free e-statements • All from local, convenient Colonial Federal



**COLONIAL FEDERAL
SAVINGS BANK**

"Your neighborhood bank!"

QUINCY: 15 Beach Street 617-471-0750

1000 Southern Artery (Residents only) 617-479-1430

HOLBROOK: 819 South Franklin Street 781-767-1776

EAST WEYMOUTH: Middle & Washington Streets 781-331-1776

ONLINE: www.colonialfed.com

I make house calls!



Interior decorating,
home décor sewing,
downsizing/decluttering,
home staging,
decorating seminars

Secretary of the Interior

Creative solutions at reasonable rates
Call Barbara at 617-921-6033
www.sec-interior.com

Other important information: \$1 monthly balance required. Surcharge rebate is per statement cycle. Transfers in from another Colonial Federal account available immediately. Transfers in from other banks can take longer - please ask! Paper statements available at \$5 per month.

Member FDIC

The Quincy Sun

(USPS 453-060)

Published Weekly on Thursday by

The Quincy Sun Publishing Co., Inc.

1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

\$1.50 per copy newsstand • \$40 per year in Quincy
\$42 per year by mail outside Quincy • \$50 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: www.TheQuincySun.com

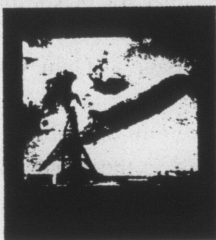
email address: thequincysun@verizon.net

Periodicals postage paid at Boston, MA

Postmaster Send address change to:

The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

The Quincy Sun assumes no financial responsibility for typographical errors in advertisements but will reprint that part of an advertisement in which the typographical error occurs.



Moments in time

THE HISTORY CHANNEL

• On Feb. 20, 1792, President George Washington signs legislation renewing the United States Post Office as a cabinet department led by the postmaster general, guaranteeing inexpensive delivery of all newspapers, stipulating the right to privacy and granting Congress the ability to expand postal service to new areas.

• On Feb. 21, 1885, the Washington Monument, built in honor of America's revolutionary hero and first president, is dedicated in Washington, D.C. Three years later it was opened to the public, who could climb to the top of the monument by stairs or elevator. By District of Columbia law, it remains the tallest building in the nation's capital.

• On Feb. 18, 1929, the Academy of Motion Picture Arts and Sciences announces the winners of the first Academy Awards, which were printed on the back page of the academy's newsletter. A few days later, Variety published the information -- on page seven.

• On Feb. 19, 1945, the U.S. Marines' invasion of Iwo Jima is launched. When the American flag was finally raised atop Mount Suribachi, the image was captured in a famous photograph that later won the Pulitzer Prize.

• On Feb. 15, 1965, in accordance with a formal proclamation by Queen Elizabeth II of England, a new Canadian national flag is raised in Ottawa, the capital of Canada. The search for a new national flag began in 1925.

• On Feb. 17, 1972, the 15,007,034th Volkswagen Beetle rolls off the assembly line, breaking a four-decade record held by the Ford Motor Company's iconic Model T. The VW Beetle dates back to 1930s Germany.

• On Feb. 16, 1984, Bill Johnson becomes the first American man to win an Olympic gold medal in downhill skiing, a sport long dominated by European athletes. Johnson quickly became a national hero, but never again competed in the Olympics.

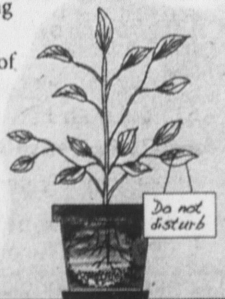
(c) 2021 Hearst Communications, Inc.
All Rights Reserved



Houseplant dormancy

A strange state sometimes comes upon some houseplants. Dormancy is a period of rest that starts when plants, sensing the days are becoming shorter, reduce their need for light. This slows all of the plant's life processes. New foliage will stop appearing, and existing leaves may even fall off. Roots will continue to get nutrients, but water should be reduced at this time, and you should not fertilize the plant. Watch for pests. - Brenda Weaver

Source: planthouseplant.com, housebeautiful.com



© 2021 by King Features Syndicate, Inc. World rights reserved.

Grades 1-3 Full In-Person Learning After Vacation Week

Cont'd From Page 1

divided into cohorts that range in size from eight to thirteen students. Each cohort has one teacher during its two in-person days and a second teacher for two remote days. Two teachers provide instruction to a pair of cohorts on Wednesdays, which are fully remote half days to allow deep cleaning inside school buildings.

Under the new model, Perkins said each cohort would have the same teacher all five days of the week. Wednesdays will remain early release days, though students will now have in-person classes those days. School buildings will be deep cleaned each Wednesday after students leave for the day.

The school district has also offered a fully remote virtual school to students whose parents opted to keep their children home amid the pandemic. Perkins said the plan to move the hybrid students to in-person learning full-time would have "very little to no impact on the students who are currently remote."

"I do think that is a big

plus," she said.

To ensure six feet of distancing between students inside the classroom, only students currently enrolled in a hybrid or fully in-person learning model will have fully in-person classes starting Feb. 22.

"I do want to emphasize that this is for students who are currently participating in the hybrid model," Perkins said. "The reason we're able to do this or even have this discussion is because we are at a point right now where we are able to still follow our social distancing guidelines -- we're still able to maintain six feet."

The district will continue to enforce its guidance concerning masks and hand hygiene, she added. Adherence to those guidelines has helped keep Quincy Public Schools open this year.

"Unlike other districts, we have not had to close schools," Perkins said. "We may have had to quarantine some of our classrooms here and there, but it has been pretty rare, and we definitely attribute that to our model and really strictly adhering to our social distancing

guidelines."

The district will revisit allowing students in grades one through three to move from the fully remote model to fully in-person when the current term ends on March 19.

"We are asking for patience here while we make sure we have the space to do this safely and we maintain our really low positivity rate and no in-school transmission. Our priority is still to keep our students safe," Perkins said.

"We will revisit requests to switch in-person at the close of trimester two, which will be March 19. That will give us...a good month to see how things are going and assess space. We will absolutely allow changes, space permitting, at that time."

Parents will still have the choice to opt into the remote model for their children, Perkins later added.

School Committee members welcomed the move to fully in-person learning for those grades.

"I think this is an absolutely fabulous plan," said Kathryn Hubley. "I love it."

"I am so thrilled we are going in this direction and that we are able to do it safely," Emily Lebo said. "I think it is a great roll out to start with one through three and then consider our options as we move forward, because I know it is going to be successful."

Lebo added that it was important for students to have one teacher throughout the week.

"Whether they are remote or they are in-person, they are going to have the same teacher in front of them five days a week. I think that is just awesome," she said. "The consistency is going to help kids to excel."

Frank Santoro thanked Mulvey and Perkins for putting together the new plan. He also reminded parents they need to keep their children home if they are sick.

"In that memo that goes home, hopefully we will stress the importance that if you feel ill, stay home," Santoro said. "It is really important that families understand the importance of that so that we can continue to do this type of learning."

Tips To Prevent Kids From Squandering Their Inheritance

Wealth is wonderful for families to have, but it can be lost quickly if those handling the money aren't prudent.

It's estimated that 70% of wealthy families will lose their wealth by the second generation, and 90% will squander it by the third, according to a study by the Williams Group wealth consultancy.

Fortunes collapse because of family squabbles and other mistakes that could have been avoided with proper planning, says John Smallwood, president of Smallwood Wealth Management and author of *It's Your Wealth - Keep It: The Definitive Guide to Growing, Protecting, Enjoying, and Passing On Your Wealth*.

"Enduring wealth, the kind that transcends generations, boils down to teaching family members at an early age the principles of saving and hard work," Smallwood says. "When these principles are emphasized, preparing the next generation for responsible financial management has a decent chance of being successful."

"But strategically optimizing family wealth for

generations also comes down to communication between the generations, and there seems to be a real disconnect between the generations when it comes to talking about wealth. And there is a fundamental misunderstanding of how to pass money well. Saving and protecting multigenerational wealth requires alignment among all family members."

Smallwood offers these three tips to help families protect and grow their wealth across generations:

• Open conversation between generations. Money is often a subject that families avoid, and as a result family members don't understand how to protect and grow the wealth that has been worked for. "It requires open communication with family members, addressing topics that are personal in nature," Smallwood says. "The successful families I've worked with over the years have had a willingness to be open with each other about the wealth that they've created. The more open the conversation, the better future generations will be able to avoid pitfalls and traps that place wealth under attack."

• Learn wealth-sustaining/growing financial strat-

egies. Smallwood emphasizes that preserving wealth from generation to generation is about education and the protection pieces that are put in place. That may require a financial planner, but with each generation having different financial philosophies and priorities, it's first up to the parents to emphasize the importance for the next generation to sustain financial growth.

"The baby boomer generation, much of which is now retiring, usually had steady jobs and an abundance of material niceties," Smallwood says. "Since then, there's a generation that has seen tremendous growth in incomes and lifestyles. Kids born into that lifestyle have become accustomed to it. But when those kids try to leave the nest, they're shocked to find out just how much money it takes to run a household."

• Pay special attention to tax ramifications. "Historically, estate taxes have been known to devastate wealth," Smallwood says. "It's im-

possible to know what the trends will be in the future. And maybe you've accumulated a lot of your own personal wealth, then inherit money on top of that. Then you could end up in a higher tax bracket. With poor planning, you could be looking at 40 to 50% drains of wealth over multiple generations. Financial planners can help you be strategic and set up layers of asset protection -- wills, revocable trusts, spousal lifetime access trusts, life insurance -- in order to protect inherited money for you and following generations."

"Protecting wealth from all financial pressures should be the foundation of any wealth plan," Smallwood says. "It requires consistency to stay up to date on new information, a family commitment, and work with a team of professionals. If the money is going to come to you, it must be managed properly so that it can be passed from one generation to the next."

Phoebe Linnell On Dean's List

Phoebe Linnell of Quincy has been named to the Dean's List for the fall se-

mester at the College of William & Mary in Williamsburg, VA.

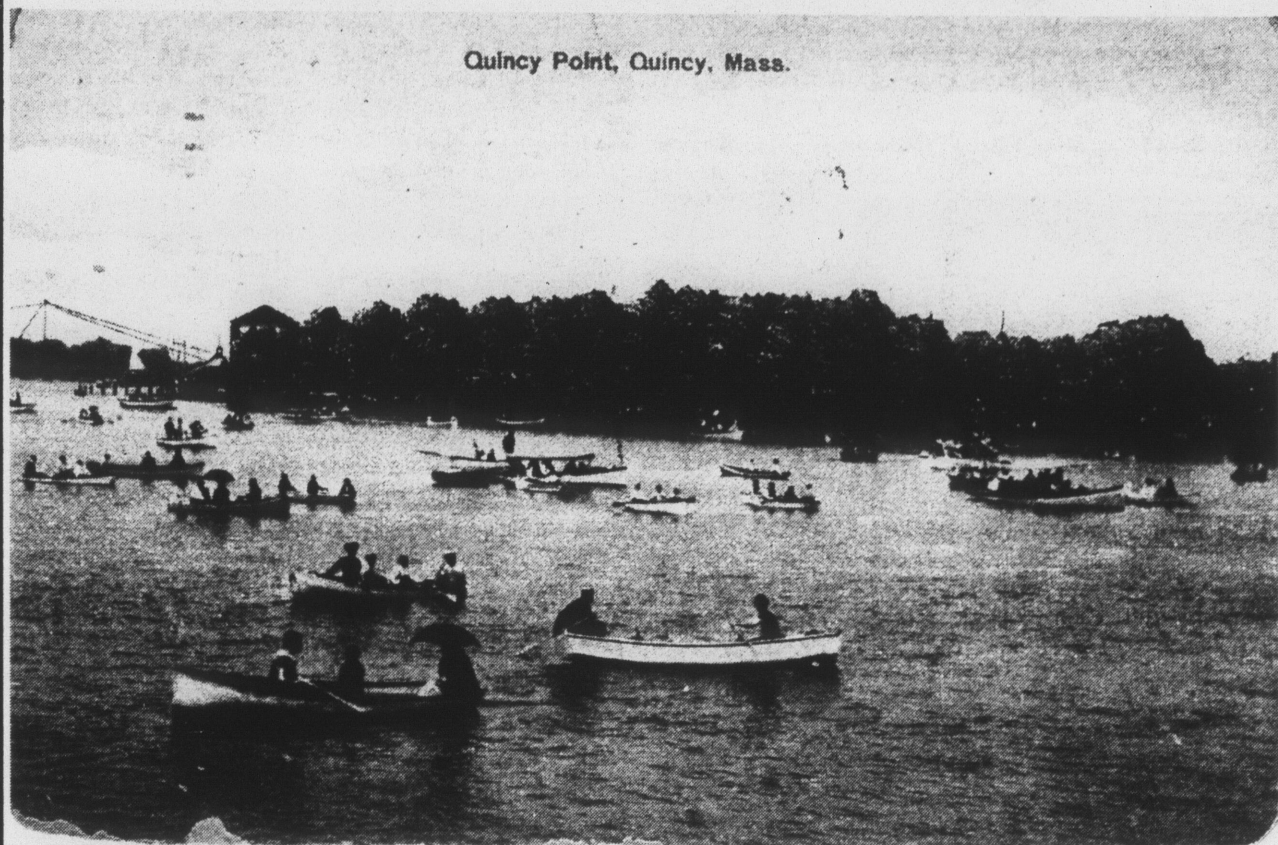
FEB

4

2021

Scenes From Yesterday

Quincy Point, Quincy, Mass.



THIS IS A July 1920 postcard view of the Town River in Quincy Point. This was a popular recreational area as small boats and canoes could be rented or launched from many places along the river. After the Southern Artery was built in the 1920s and the Town River was

dredged in the 1930s for industrial development, the river's shoreline became less accessible. The material dredged up from the river bottom was pumped to fill in the Broad Meadows marshes.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1970
51 Years Ago

Broad Meadows Seen As College Site

Mayor James R. McIntyre sought the return of 117 acres of Broad Meadows land to the city as a site for the proposed \$15 million South Shore Community College. Some 125 acres of Sea Street in Merrymount were sold to the old Quincy Electric Company for \$80,000 in 1959. Mayor McIntyre said he would ask the present owner of Massachusetts Electric Company to consider returning the land to the city as a proposed college site.

He is writing to John J. Ahern, president of Mass Electric Co., to arrange a meeting to discuss the possibility. "This would be an ideal site," McIntyre said. "It would also save the city a considerable amount of money."

TUPPER PLANS TO RETIRE - at 88!

This will be Tupper Miller's last "one more year."

Tupper, who at a spry 87 is probably the oldest municipal employee in the nation, again this week, requested and was granted a "one more year" extension as Quincy Sewer Department foreman.

The request-and approval-has been an annual rite since 1952 when he reached what for most is the mandatory retirement age of 70. But Tupper, who will be 88 on April 14, likes to work. And because when he went to work for the city in 1937 he came under a special category excluding him from retirement law, he has been able to stay on the job-with City Council permission.

He got it again for the 18th consecutive year. Tupper confided to *The Quincy Sun*, "This will be my last year."

Tupper Miller was born in 1882 when Chester Arthur was president. He was the son of Quincy Mayor John J. Miller, who died in office in October 1914, the only mayor to do so.

QUINCYISMS

Former North Quincy boy, **Charles J. DiBona**, was **President Nixon's** choice as the new Director of Selective Service. He is the son of **Ralph (Chick) DiBona**, who is a foreman at the General Dynamics Quincy Shipyard...

Ward Six City Councillor J. Vincent Smyth was planning a two-week visit to Ireland. He will visit County Mayo, the birthplace of his father's family... Friends of **Councillor-Rep. Clifford H. Marshall** were planning a dinner-dance in his honor at the Fore River Club House. **Miss Louise Tropea** was chairman... **Mr. and Mrs. Donald Rudolph**, 930 Sea St., Houghs Neck, welcomed a new daughter, born Feb. 1, at Quincy City Hospital... **Wilfred T. Crozier**, 40 Willow St., Wollaston, was to be chairman of the Valentine Dance to be held Feb. 13 at the Knights of Columbus Hall in Allston... **Robert Freeman** of Hart's Jewelers, 1422 Hancock St., Quincy Center, was inviting residents to bring their precious stones in for appraisal... **Mrs. Frank Rimmer**, 84 Narragansett Rd., Merrymount, celebrated her 75th birthday at Pier 44 with her sons **Robert** and **Richard Rimmer**... South Shore Beauty Supply, 1612 Hancock St., was offering "100% Human Hair Wigs, Set and Styled to Your Features for \$64.50"... **Vincent Moscardelli** was in charge of reservations for the 15th reunion of the Class of 1955 at Quincy High School. The event is to be held April 11 at Club Dalton in Holbrook... **Miss Mary S. Monahan**, daughter of **Quincy Post Office Superintendent** and **Mrs. William P. Monahan**, has been selected to be included in the 1969 edition of "Outstanding Young Women of America"... Merrymount Laundromat, 218 Sea St., was advertising, "One-Stop Service, Laundering and Cleaning"... **Andrew** and **Bryan Sandberg**, twin sons of **Mrs. Max Sandberg** of 22 Clive St., North Quincy, were listed on the High Honor Roll at North Quincy High School... Governor Francis W. Sargent, in his monthly report to the people of the Commonwealth of Massachusetts, announced his support of a plan to reduce the membership of the State House of Representatives from 240 members to 160 members. (Editor's note: It passed.)... House Call Tax Service, of Quincy, was offering tax services in the privacy of your home: "Only \$15 for Both Federal and State Long Forms"... Shipbuilders Co-Operative Bank, 1 Granite St., corner of Hancock St., Quincy Center, was celebrating their 50th Anniversary Year. The bank was offering an Ingraham Electric Clock or a 72" x 90" Beacon Blanket for depositing \$50 or more in a new account or existing account.

\$12.8 Million In Anti-Violence Grant Funding

The Baker-Polito Administration announces nearly \$13 million in state and federal grant funding to support the Violence Against Women Act, Services Training Officers Prosecutors (VAWA STOP) and the Senator Charles E. Shannon Jr., Community Safety Initiative (Shannon CSI).

The grants are targeted

to prevent, and respond to violence against women and gang violence in communities across Massachusetts. The state funding for the grants was approved by the Legislature as part of the Fiscal Year 2021 budget.

"Our Administration remains committed to using every public safety tool available to protect resi-

dents and communities from violence," said Gov. Charlie Baker. "For victims and survivors affected by these crimes, especially women and young people, these grants will help to equip victim-support organizations, criminal justice agencies, and community-based partners to respond effectively and compassionately."

"Our shared security depends on providing qualified professionals with the resources they need to prevent and respond to crime while supporting victims and survivors," said Lt. Governor Karyn Polito, chairperson of the Governor's Council to Address Sexual Assault and Domestic Violence. "The

Cont'd On Page 14

Asks Mayor To Lead Towards Racial Justice, Equality

(Editor's note: A copy of the following letter was submitted to The Quincy Sun for publication. Mayor Koch recently returned to City Hall after being quarantined following a positive test for COVID-19.)

Dear Mayor Koch,

Welcome back from your medical absence. I hope that you continue to improve in health and strength every day. Your choice to make your absence so secretive is really a decision that needs explaining. I did visit your office with a colleague, to discuss the city's plan for Martin Luther King Day activities, on January 14, and we were told only that you were not in, not that you were ill. Looking back, it was an odd situation. I think that openness and transparency should guide our government.

More than three months have passed since the lovely afternoon in October when you so kindly stood with us at StandOut for BLACK-LIVESMATTER Quincy. It's been a busy and chal-

lenging time but not without its joyful moments.

Of note, the election and inauguration of President Joe Biden and Vice president Kamala Harris, signaling a change in tone away from aggressive and divisive politics of racial and religious bias, unlike anything we've seen for a long time.

As a corollary to the positive progress being made on a Federal level toward a new commitment to racial and social justice and equity, sane government guided by the principles of medical science and our constitutional laws, progress has also been made here in Quincy toward a more racially just and equitable city. More and more of your citizens have sought to inform themselves about the history and pervasive nature of racism in our country, state and city, and to join forces for change. Just as with the COVID-19 pandemic, we in Quincy are not immune to this pandemic of racial injustice.

It was extremely dis-

heartening to hear you say that you did not watch your City Council Meeting of Jan. 19, 2021. This was a landmark meeting in so many ways, with the departures and changes of so many important contributing figures in the City's government.

However, the primary focus of the evening was the testimony of many courageous and honest citizens who used their strength and courage to tell their stories to the rest of us. Stories of bias, injustice, intimidation, disrespect and abuse due to their perceived status as other, less than or different. The effect for me and my household and friends was one of profound sadness for those who had endured such experiences, and a further determination to see that the existing culture is changed.

This is why it is so frustrating and disappointing to hear your lack of interest in these urgent matters. This is the time for us to move forward and make a change, this is the time for you, in

your position of power and influence, to show an example of true compassion and honesty, acknowledging the conditions that are clearly there for all to see. We have to grow and change, we, as a city of great diversity should look deeply within, root out the deep seated biases and take a giant step toward the future.

Why not take a chance and be that leader of such a wonderful city? Admit our frailties, assess where and how changes can be made, and vow to make those changes. Lead with humility and honesty.

While you have this great opportunity of influence, please use it to be that leader who moves us quickly toward racial justice and equality.

Thank you for your kind attention.

Sincerely,
Mimi Balsamo
Quincy resident
Coordinator

Stand Out for BLACK-LIVESMATTER Quincy

More Readers Forum
On Page 14, Page 20

READERS FORUM

1,014 Students On North Quincy High School Honor Roll

North Quincy High School lists 1,014 students on its first quarter honor roll.

They are:

DISTINCTION

Grade 12: Charlotte E. Airosus, Ali M. Al-Ziyadi, Michael P. Allen, Floria Amalan, Eleanor J. Anderson, Michael N. Bassett, Robert J. Broderick, Nicole D. Buckley, Brian B. Bui-Tran, Lillian M. Burke, Maria Del Rosario Cardona Sanchez, Pearl E. Carey, Kelly Chan, Duksing Chau, Ryan K. Chau.

Shao Wen Chen Chen, Benson Chen, Brandon Chen, Dennis Chen, Huan Chen, Janet Chen, Ke Chen, Kunhong Chen, Ruihua Chen, Shina Chen, Xiao Rui Chen, Yan Ling Chen, Zeng Shi Fu Chen, Chloe B. Chin, Charles T. Clifford, Maggie R. Cristiani, Brayan J. Cruz Rafael, Steve Dalla, Jordan D. Della Barba, Peter Do, Cindy Duong, Victoria Duong.

Jaelyn C. Egan, Ashlynn N. Eisner, Caitlyn E. Enos, Xiao J. Feng, Ava E. Fin, Emily L. Fitzpatrick, Cody J. Francil, Liana Gao, Yu Ting Gao, Klejt Gega, Milo M. Georgiev Jr., Christopher A. Gomes-Cardoso, Miguel E. Gonzales, Nicholas M. Govostes, Caleb J. Gray, Emmy J. Guan.

Charbel R. Habchy, Jaden B. Hallisey, Emily A. Hardiman, Alexis D. Healey, Brendan D. Hines, Liam J. Hines, Fallon G. Hobin, Qilin Huang, Tiffany Huang, Subear J. Hussein, Annie Huynh, Kevin Huynh, Michelle Huynh, Samaya M. Jabbar, Angela K. Jee, Xinyi Jiang, Princess T. Johnson, Megan A. Jonah, Olivia J. Keaney, Lindsey B. Keenan, Mikayla G. Kennedy.

Tyler D. Le, Diego A. Lechuga, Eric S. Lee, Ivan C. Lee, Ryan E. Lee, Christy W. Li, Jie Jong Li, Kenny Li, Liqing Li, Michelle Li, Michelle Li, Ruina Li, Thomas P. Li, Vicky Li, Wei Cheng Liang, Kevin Lin, Peiliang Lin, Selina Lin, Vicky J. Lin, Xing Yu Lin, Yuting Lin, Yutong Lin, Andy Y. Liu, Stanley Liu, Mary C. Loney, Ying L. Loo, Tengda Louie, Karina M. Luke, Andrew H. Luo, Ziqian Luo.

Kelly D. Ma, Abdelrahman G. Mahmoud, Dongrong Mai, Horace H. Mai, Lauren E. Manning, Charles B. Marcheski, Paul S. Martin, Sarah E. McDonald, James R. McGillicuddy, Ava M. Meaney, Cindy Y. Mei, Jiaqi Mei, Junyu Mei, Nicole Y. Mei, Viktoria P. Miller, Joyce Q. Mo, Mikala Moy, Connor X. Mui, Ryan N. Naili, Isabell Ng, Amy H. Nguyen, Nicholas T. Nguyen, Steven H. Nguyen, Andrew F. Nickerson, Brigid R. Norris.

Ciara R. O'Connor, Adam P. O'Neill, Tai A. Ong, Ruiye Ou, Tenzin Palkyi, Mengxin Pan, Ariana A. Pearce, Christian J. Perez, Katriana Pham, Chloe Pierre-Paul, Luis A. Romas, Thomas W. Roche, Sierra A. Rodrigues, Sean P. Ryan, Kevin Shi, Rebekah J. Shields, Blake A. Smith, Fiona G. Smith, Kelsey B. Stankard.

Victoria M. Talarico, Danny Tran, Danny T. Tran, Elena M. Tran, Quangvinh N. Tran, Tracey L. Tran, Evan N. Truong, Vivian Truong, Vanessa T. Tsang, Casimir Valencius, Ezekiel II D. Vergara, Dan D. Vu, Tammy Wang, Yas-

min M. Warsame, Bao Neng Wei, Baoying Weng, Asher D. Wines, Benjamin P. Wines, Kiara D. Wint, Elaine M. Wong, Eric Wu, Jia J. Wu, Owen X. Wu, Qi Q. Wu, Richard Wu.

Congyuan Xie, Kelvin X. Xu, Li Xin Xu, Qiangai Xu, Timothy S. Xu, Zhichao Xu, Jenny J. Yang, Jinying Yang, Annie Yu, Michael A. Yu, Gregory Zeng, Michael Zhang, Zeling Zhang, Le Yan Zhao, Wie Jie Zhao, Michelle Y. Zhen, Shuxian Zhen, Harry H. Zhang, Menglin Zheng, Nancy Zheng, Ryan Zheng, Vincent Z. Zheng, Marissa Zhu, Gina Zou.

Grade 11: Alexandra F. Abrahamovich, Charles K. Afleck, Gulsumuay Aihemaiti, Jessica Aliosa, Carly S. Amendolare, Deana L. Antunes, Immedali Arceo Graniel, Rafaela Astudillo Balanzategui, Ibrahim A. Atif, Kaung M. Aung, Yoon M. Aung, Brandon C. Baker, Camden J. Becker, Fiona Berber, Kiyan L. Bias, Julia T. Bo, David S. Bridges, Michaela N. Bulger, Jennie A. Burgess, Dallas M. Burnes.

Sandy M. Cai, Jieheng Cao, Caroline C. Cavicchi, Adelin K. Chan, Christopher Chan, Eric Y. Chan, Katelyn K. Chan, Natalie Chan, Andrew X. Chan, Chonghao Chen, Crystal Chen, Fiana Chen, Flora Chen, Jeffrey Chen, Junrong Chen, Michelle X. Chen, Nancy X. Chen, Nicholas J. Chen, Nuo Chen, Rou Chen, Samantha K. Chen, Serena H. Chen, Sho Chen, Vivian Chen, Ryan Cheung, Cheuk Yin Cho, Brian M. Choi, Mia N. Cluett, Michael A. Colantonio, Liam B. Crampton.

Liana S. Daraksmeys, Jayinah Delva, Martin Demo, Jasmine I. Duong, Kareem A. El-Dayisty, Shane M. Faherty, Miaolin Fang, Taylor P. Ferrolito, Pablo A. Flores-Munoz, Elle-Teresa O. Frechette, Yuxuan Gang, Avery J. Glennon, Brendan M. Glynn, Michael J. Gorman, Alexander Z. Gu, Eric Y. Guan, Nathan K. Guan, Sandy Guan, Vanessa S. Guan, Richie J. Gude.

Lily M. Hart, Grace M. Hickey, Tina V. Hoang, Adam S. Huang, Ding Jie Huang, Stephanie J. Huang, Wilson Huang, Xiaoyan Huang, Yu Chu Huang, Dallas R. Hudgins IV, Safiye S. Iskenderoglu, Kevin M. Jarek, Sara Jomeh Falahiyeh Zadeh, Charlotte E. Kelliher, Kobe H. Khuong, Olivia Kosinski, Emily Kuang, Moe Pwint P. Kyaw.

Ada V. Lai, Quinn H. Lamotte, Lan Lan, Kevin V. Le, Angelina L. Lee, Frank X. Lee, Rachel K. Lee, Trista J. Lee, Cheuk Yin Leung, Sabrina Leung, Baijie Li, Jing Yi Li, Jaden S. Liang, Jiahui Liang, Tanisha C. Liang, Cielo Grace Las Librea, Ada Lin, Cathy Lin, Hsuan Yu Lin, Jeffrey Lin, Jialing Lin, Kevin Lin, Selina Lin, Tammy Y. Lin, Vincent Lin, Wilson Lin, Xingyu Lin, Kyle J. Littlefield, Benson Liu, Dong Hao Liu, Ting Shing Liu, Annie Q. Lu, Rihui Lu, Lawrence M. Ly, John P. Lynch III.

Maggie C. Ma, Hunter A. Mac Isaac, Francesca A. Magnarelli, Victoria G. Mariano, Owen Masur, Jamie A. McAleavey, Madison S. McDonough, Baileigh D. McMahon, Shay P. Meaney, Benny Mei, Ashley B. Morash, Dylan H. Mui, Quinn

R. Murphy, Thomas B. Murray, Kate T. Myers, Phuong V. Nghiem, Andrea N. Ngo, Jim V. Nguyen, Linh An L. Nguyen, Vincent Nguyen, Vo Uyen Thy Nguyen.

Caitlyn Y. O'Regan, Olivia N. Pham, Olivia T. Pham, Tasnim Rahman, Zoe O. Rakarich, Kylee S. Rascoe, Michael C. Reddick, Michael A. Schinazi, Isabell P. Scott, Kexin Shi, Kiera L. Sleiman, Oliver C. Smith, Melody Tai, Alexandra N. Talarico, Sandra Y. Tan, Stanley Tian, Alexander D. Tran, Belle C. Tran, Brandy P. Tran, Tan Dat L. Tran, Tiffany N. Tran, Shayla N. Truong, Jada K. Tu.

Ihudiya P. Ugwu, Martin Vo, Anh P. Vu, Ming Wei Wang, Pamela R. Williams, Samuel K. Wong, Jeffrey Wu, Jiawei Wu, Justin Wu, Meiyang Wu, Grace Y. Xu, Ivan C. Yang, Ling Yang, Jeff Yu, Na Yu, Yongmei Yu.

Rima S. Zaherredine, Emely K. Zeng, Sophia R. Zeng, Zhi Ming Zeng, Leiwei Zhang, Qichao Zhang, Decheng Zhang, Han Zheng, Hao Zheng, Ivan Zheng, Ivan Zheng, Jilin Zheng, Li Juan Zheng, Nathan Zheng, Selina X. Zheng, Joyce Zhong, Keyin Zhong, Steven W. Zhou, Yan Song Zhou, Tiger Y. Zhu, Vivian Y. Zhu, Xuqiu Zhu, Jenny Zou, Sarah Zyba.

Grade 10: Chika M. Akukwe, Brianna B. Alvarado, Michelle Afifi Arceo Graniel, Joseph C. Bates, Naiara Bautista Minaya, Kate E. Billard, Kevin M. Bldio, Anya M. Brenner, Angel H. Bresnahan, Sean T. Burns, Nathan C. Caldwell, Morgan N. Calvert, Bridget A. Capone, Jack S. Cavicchi.

Brian Chan, Candace Chan, Natalie Chan, Yuet Tung Chan, Yvonne N. Chan, Arnold H. Chen, Brian Chen, Donna Chen, Helen Chen, Jessica Chen, Jessica K. Chen, Jia Ming Chen, Jingen Chen, Justin J. Chen, Vanessa Z. Chen, Yumi Chen, Colin Cheng, Anthony W. Cheung, Erica C. Cheung, Yumiko Chow, Melanlie J. Chretien, Shaelyn A. Clark, Dylan J. Clifford, Liam M. Cody, Ava M. Coffey, Ava M. Cook, Caitlin M. Cornican, Katelyn E. Craig, Norah R. Cronin.

Dominique T. Dang, Benjamin T. Dawe, Julian J. De Jesus, Joycelynn D. Diep, Mary M. Dineen, Kevin Duong, Kristen P. Duong, Maya E. Egan, Nicholas E. Enbar-Salo, Urangoo Enkhjargal, Anthony J. Enos, Caitlin M. Feeney, Artime Fernandez Correa, Matthew S. Fitzgerald, Vivian W. Fu.

Linda Gao, Yixianf Gao, Hui Xian Guan, Ashna Guha, Ira Habibi, Nathan K. Ho, Van K. Hoang, Jiahong Huang, Ken Huang, Megan Huang, Oscar Huang, Wei Yu Huang, William Huang, Xu Huang, Elton D. Huynh, Katie Jiang, Graeme W. Johnston, Helen Ke, Emma R. Kinsley, Jackie Kuang, Ethan K. Kwong.

Lauren C. Lai, Ebony A. Lake, Caleb H. Lam, Michaela Y. Lam, Vincent Lam, Beck A. Lamotte, William D. Le, Jennifer M. Lee, Kayla G. Lew, Ivan T. Li Jr., Alex X. Li, Annie Li, Huoer Li, Isaac T. Li, Jason W. Li, Jianing Li, Jiawen Li, Sahara Liang, Xinyi Liang, Andrew V. Lim, Hao Lin, Hedy

Lin, Ivan Lin, Jerry Lin, Keyi Lin, Allyson A. Liu, Eileen Liu, Christine H. Loney, Amy Q. Lu, Alyssa L. Ly, Tuan V. Ly.

Michelle C. Ma, Matthew C. Macwhinnie, John Thomas M. Malvesti, Klaudia Mance, Neil B. McCole III, Thomas J. McGillicuddy, Molly A. McGovern, Colin K. McPherson, Lily O. Mei, Dayanie E. Mejia Cisneros, Jerald D. Mortel, Melanie Moy, Nicholas Y. Moy, Grant T. Murphy, Keira G. Murphy, Catherine G. Murray.

Mollie J. Nelson, Sophie M. Nerine, Abigail Newton, Leonardo Ng Chiu, Isaac Ng, Anh Q. Nguyen, Hoang Dinh Vy Nguyen, Huu Phuc, Tracey Nguyen, Mitch J. O'Brien, Elizabeth G. O'Grady, Amanda L. O'Neill, Mia C. Pecevic, Nicholas K. Pereira, Alex Pham, Khoa A. Pham, John R. Pickering, Madeline E. Power, Margaret M. Power, Brandon J. Riley, Peter J. Romeo, Curtis Ru, Mia L. Ryan.

Keiko E. Shafton, Zixian Situ, Nathan D. Stagg, Alexander L. Stankov, Caitlin M. Stockdale, Jeffrey Z. Tam, Jinglin Tan, Nicholas J. Tang, Steven Tang, Sabrina Teng, Ivy Tiet, Jason Ton, Maxwell J. Toomey, Julia Tow, Kha Doanh Trac, Antonie D. Tran, Jada Tran, Lily Tran, Phuong N. Tran, Aaron Tsang, Nhut Quang Verrier, Kylee E. Vo, Andy Vu, Kaitlyn Y. Vu.

Jason Y. Wen, James Weng, Jia Lin Weng, Joseph K. Whoooley, Matthew J. Whoooley, Carmen Wong, Stella J. Wong, Emily Z. Wu, Isabelle Wu, Josie J. Wu, Zeyi Xiao, Sophia Xie, Christina Xu, Kevin K. Xu, Qitong Xu, Tammie A. Xu, Yong Wen Xu, Jocelyn A. Yee, Joey Yu, Yanfeng Yu, Alfonso K. Zeng, Emily Zeng, Jacky C. Zhang, Jacky Zhao, Jiayu Zhen, Allen Zheng, Amy Zheng, Ray L. Zheng, Zi Xi Zheng, Brandon Zhou, Elaina R. Zou, Ivan Zou, Nora E. Zraizaa.

Grade 9: Avery J. Abrahamovich, Ruby E. Ahern, Daileny A. Arrendell Pimentel, Jonathan Jasper Baldini, Niamh H. Barrios, Jessica L. Berber, Victoria A. Berry, Leilan L. Bias, Anastasiya Bielova, Emma V. Bille, Elle M. Blahut, Emma M. Boylan, Ava F. Bryan.

Elaine M. Cai, Helen N. Cao, Sofia Caraballo, Skyline E. Cardoso-Mendes, Molly A. Carroll, Carolina S. Carson, Lillian E. Champagne, Angela Chen, Brian Chen, Chris C. Chen, Franklin Chen, Jasmine Chen, Jiaming Chen, Jiaqing Chen, Julia Y. Chen, Kevin Chen, Mabel F. Chen, Meiki Chen, Nelson H. Chen, Nichole X. Chen, Si Ying Chen, Steven Chen, Thomas Chen, Vicky Chen, Vincent Y. Chen, Xuan Chen, Yong Chen.

Elizabeth C. Cheung, Natasha Chieng, Tiffany S. Chin, Maggie G. Ching, Nathan M. Choi, Arpa Chowdhury, Kyle E. Clements, Grace E. Cody, David M. Connolly, Sean P. Connolly, Aluna J. Coogan-Coyne, Emma D. Crumond, Diana Dang, Kody L. De Jesus, Delaney K. Djerf, Mathews M. Dos Reis, Brian Duong, Ethan Duong, Huan C. Duang, Arli Dylja.

Kayla Eth, Parker H. Evans, Faye G. Fitzpatrick, Grace

S. Flaherty, Julian L. Folkes, Thomas M. Ford, Brooklyn R. Geary, Paul J. Glynn, Madeline J. Gola, Dominic E. Gonzales, Orlagh M. Gormley, Paige P. Grippi, Alan J. Guan, Stephanie Guan, Leo He, Piper E. Henderson, John D. Henson, Nora A. Hill-Hassani.

Johnny Hoang, Katherine S. Huang, Oreana Y. Huang, Philip J. Huang, William G. Huang, Xiu Ying Huang, Daniel E. Hudach, Sophie T. Huynh, Jililian C. Jaehnig, Laura Jiang, Richard Jiang, Cameron M. Johnston, Emraan K. Kafihi, Casey A. Kelly, Ethan Y. Kim, Nhin Nanda Kyaw, Sophia J. Kyrans.

Hong Ni A. Lau, Catherine Le, Kimberly H. Le, Derek Lee, Kya M. Lee, Keldon G. Lei, Patrick E. Leonard, Ethan H. Li, Jack Li, Jasmine Y. Li, Aixin Liang, Vicky Liao, Wenbin Liao, Chryzza Jane Las Librea, Charlotte J. Lin, Christine Lin, Janice Lin, Jason C. Lin, Jiahua Lin, Mindy Lin, Raymond S. Lin, Ruhan Lin, Yan Lin, You Lin, Danny Liu, Dennis Liu, Eddy Liu, Oscar Y. Liu, Shi Yan Lu, Zhizhen Luo, Kate J. Lyons, Megan F. Lyons.

Taylen R. Marquez, Grace W. McGough, Lucy K. McLaughlin, Alex Mei, Danyan Mei, Max J. Melchin, Joseph Ethan A. Mercado, Kathy Q. Mo, Luca A. Mochi, Emma Molla, Juan Esteban Morales Bustos, Sophia Ngo, Anthony P. Nguyen, Shayla M. Nguyen, Owen Ni, Angelo F. Orlando, Jessie X. Pan, Enhea Panariti, Alex S. Papa, Jason W. Perry, Briana T. Pham, Christopher J. Pham, Nicky M. Pham, Grace M. Pickering, Jason T. Preziosi-Madden, Sydney S. Putnam.

Ruoxin Qiu, Emily Quach, Anushka Rah, Maurice J. Reid-Jackson, Isabella C. Reyes, John T. Rixham, Brooklynn C. Rizzo, Fiona Saraci, Fallyn A. Scott, Anna R. Sekmokas, Ryan C. Setow, Sophie R. Shaw, Violet F. Shaw, Sofija E. Slezas, Madeline B. Smith, Nina E. Smith, Caroline D. Snyder, Alison B. Stankard, Renee Y. Su, Abigale N. Szeto, Wen Chao Tan, Molly M. Toland, Simone M. Trainor, Hao Trieu, Zara J. Valencius, Anthony J. Vo.

Conor G. Walsh, Thomas J. Wirtz, Brandon H. Wu, Chloe Wu, Irene L. Wu, Dennis F. Xia, Bingxian Xie, Fanny K. Yang, Hongcheng Yang, Yuxi Yang, Jialin Yu, Kevin Zhang, Wilson T. Zhang, Eric Zhao, Janice Zhao, Tristan G. Zhao, Daniel Zhen, William Zhen, Andy Zheng, Francis Y. Zheng, Jamie Zheng, Leon Zheng, Owen Zheng, Laura Zhu, Roger Zhu, Jason Zou, Wendy Zou, Connor J. Zynda.

HIGH HONORS

Grade 12: Harris Altaf, Kevin P. Coyman, Neysa A. Dadhi, Emma M. Devin, Emma J. Ford, Declan P. Geary, Anthony J. Haviland, Jason Y. Li, Marco C. Ma, Calvin Mai, Jade E. Murphy, Haley E. O'Connor, Khoa Ngoc Pham, Ceperino T. Rodriguez, Xavier A. Seguinot, Melanie N. Tran.

Grade 11: Rean R. Beqo, Kathryn E. Boylan, Liam J. Carey, Sophie G. Cerone, Florence T. Daley, Jared P. Gaven, Lucas S. Hooley, Xing Hao Huang, Bridget A. Keane, Nicholas C. Ladas, Yan Xin Lin, Kayla M. Lindsay, Kitty S.

Liu, Matthew K. Lowe.

Anthony I. Perryman, Bryan Pham, Christy N. Pham, Samira D. Pires, Michael A. Pollastretti, Myra Qasim, Scott C. Ritz, Brian L. Rodrigues, Teresa N. Sheedy, Kaylee A. Sleiman, Benjamin F. Snyder, Michael R. Steele, Gordon Truong, Scott D. Truong, Jarred O. Yong, Jessica Zhu.

Grade 10: Liam T. Bailey, Ines G. Barros, Liam P. Callard, Olivia L. Chan, Jennifer Chen, Julianna M. Currie, Nathan J. Davis, Julia Gillespie, Aryssa N. Gutierrez, Jason J. He, Alan Q. Huang, Jack Le, Kaitong Li, Heidi Malushi, Mai Ngoc Yen Nguyen, Lingyu Qiu, Liam J. Rogers, Marybeth M. Smith, Mary F. Stanton, Manlin Sun, Lunn K. Tha, Hogan Truong, Harry Wang, Patrick J. Webber.

Grade 9: Daniel I. Adams, Wajeeha M. Al-Khatib, Charles A. Ambroult Jr., Noah L. Baker, Martin Chen, Yi Chen, Anthony F. Chiu, Kian B. Cramp-ton, Arianna R. Devine, Joseph M. Enos III, Loukas N. Fehan, Jaythan M. Figueroa, Kenny Guan, Xin Xiang Huang, Isabel C. Krammer, Isaac K. Li, Angelina Y. Lin, Meng Jie Lin, Timothy Y. Lin, Michael P. Lopez, Britney X. Louie, Grace E. Lowe, Alanna M. Lynch.

Charles F. McGrail III, Jackson J. Medeiros, Xiaobin Mei, Isabelle Ng, Hoang Dinh Tri Nguyen, Casey B. O'Connell, Brendan J. O'Driscoll, Mia E. Santosuosso, Pedro Schilks Regis Botelho Barros, Benjamin Setow, Charles Shepherd III, Killian T. Sloan, Mingen Su, Danny D. Tan, Jiamin Tang, Viet Q. Tran, Kyle J. Tsang, Meera C. Watkins, Hecheng Weng, Alvin Wu, Sandy Ping Wen Wuli, Yalin Zheng, Sinuo Zhu.

HONORS

Grade 12: James M. Ash, Joseph E. Burke IV, Michael J. Collins, Olivia R. Deltufo, Kelli A. Dumont, Nicole M. Hartnett, Yiming Huang, Michael D. Izzo, Xuotong Lao, Charles J. Maher, Leah E. McMahon, Xi Pan, Vina Pham, Molly R. Phinney, Jared J. Sullivan, Hung D. Tran, Julia N. Tran, Agu P. Ugwu, Paris O. Vestal, Helen J. Yan, Jacob K. Yee.

Grade 11: Ethan K. Gao, Colm J. Geary, Rammy Hablaj, Joe H. Lei, Wilson X. Li, Nikko D. Mortel, Jackson E. Murphy, Brendan V. O'Leary, Daniel M. O'Shea, Brandon H. Wong, Wenda Zhang, Jiaye Zheng.

Grade 10: Amariana J. Astacio, Olivia R. Bailey, Joshua N. Bauman, Pratham P. Bhatt, Yonglin Chen, Ammar A. Chunda, Weifeng Fang, David R. Folkes Jr., Aida Lee B. Giordano, Claudio Gomes-Cardoso, Aliyan Kiani, Hengwei Liang, Adam Lin, Miranda K. Luke, Brendan M. McGourty, Alexander J. Montero Coste, Brian Nguyen, Vincent M. O'Leary, Kevin M. Pritchard, Asani T. Smith, Kayla N. Tucker, Jason Z. Zheng.

Grade 9: Tina Cao, Adalee K. Crowley, Jaelynne M. Dilworth, Scott S. Feterowski, Rayleigh Z. Gu, Jesse F. Hansen, Benjamin J. Hudach, Tyler Kelly, Justin Liu, Jordan D. Mahoney, Mohammed Mezoued, Daithi J. Quinn, Matthew G. Szczepkowski, John Toland IV, Dylan T. Tracy, Lexuan Wang, Jacky Zhang, Roseley Zhang.

FEB

4

2021

Quincy High School lists 905 students on its first quarter honor roll.

They are:

DISTINCTION

Grade 12: Kayla M. Agcaoli, Jaffar M. Ahmed, Caitlin J. Ainsley, Grace P. Akkara, Zeinab H. Alftelawi, Sara Amimer, Daniel M. Artinian, Dea Avdulla, Kevin J. Ballerino, Reilly M. Barrett, Veronica M. Bentley, Priscilla B. Bonica, Catherine B. Brown, Cybelle Naomi Burgara Rodriguez, Jeffrey J. Burke.

Kayleigh J. Caldwell, Michael J. Capone, Brendan M. Cavin, Sabrina Chan, Michelle Y. Chen, Timothy S. Chen, Sabrina Cheung, Benjamin D. Chin, Jacky Y. Chiu, Kasey Chow, Charles D. Codner, Narah C. Cohen, Christopher J. Comlin, William P. Cook, Sabrina L. Correia.

Bella M. Delprete, Olivia R. Delprete, Hannah M. Demore, Amanda A. Depuala, Grace N. Devine, Joseph L. Dinh, Thanh T. Do, James M. Doan, Nora C. Donovan, Robert F. Donovan, Vetty-Sara Dort, Kaylan B. Dunlea, Kelsy K. Duong, Michael D. Duong, Natasha M. Durand Castrodad, Eileen K. Durgin.

Ray Daniel M. Feliciano, Jacob R. Ferrullo, Rebecca L. Fitzpatrick, Kylee M. Flemming, Yaritza N. Flores, Colleen B. Flynn, Gabriella A. Franceschini, Gianna E. Gattorna, Rushuan A. Gaynor, Juliana Y. Gee, Marsha S. Germain, Ryleigh G. Gilmartin, Ivanna Gomez Cueva, Ashley R. Grehan, Ilkim Gumus, Brian J. Gutro.

Isabella E. Hanley, Nathalie Heligoland Rosas, Julian Amoya Henriques, Emilia A. Henry, William L. Hibbard, Kyla C. Ho, Lan N. Hoa, Oceana Huang, Steven Y. Huang, Sunny C. Huang, Samuel C. Hurley, Thuy N. Huynh, Noela Janka, Darian L. Jordan, Brianna E. Joyce, Jacquelyn M. Kane, Supriti Karki, Aisling R. Kelly, Matthew C. Kelly, Madison R. Kubera.

Rachel Anne Lafferty, Colby V. Lai, Parishkrit Lamichhane, Jose Maria Gabriel L. Las, Ngai K. Lee, Shawn Lee, Feng Yu Li, Jenny Li, Limei Li, Ryan Li, Annie A. Liang, Simon Lin, Tina Lin, Raymond Liu, Wing Lun, Danny Ly, Emma P. Lyons, Shannon R. Mackay, Megan S. MacNeil, Hannah S. MacPhail-Palisi, Kristen A. Mahoney.

Nikita Mamedov, Angel L. Marquis, Mohammad Q. Masood, Vanessa M. Mazzini, Julia C. McGillicuddy, Rachel T. McKenna, Odalys M. Melo Rodriguez, Stephanya D. Mendes, Alessia M. Mochi, Manuel E. Murillo-Wong, Hannah E. Murphy, Donovan F. Murray, Niamh Mwafurirwa.

Jack E. Nelson, Yin Lok Ng, Huy M. Nguyen, Mark Nguyen, Sylvia K. Nguyen, Thuan Duc Nguyen, Vera P. Nguyen, Wayne Nguyen, Henry W. Nim, Courtney E. O'Brien, Erin K. O'Callaghan, Grace L. O'Handley, Obiora B. Onochie, Leticia G. Paiva, Cassandra V. Patch, Vasil Pavli, Andrew R. Peterson, Kaci M. Pettigrew-Lynch, Ryan P. Phelan, Faella Pierre, Iliis Proko, Caitlin A. Quezada, Sorcha M. Quinn.

Joyce A. Ramos, Rafaela Alexandra Rebelo Figueiredo Soares, Jaida L. Reid-Jackson, Joharis C. Rohena Quinones, Alyssa J. Ruan, Alyssa M.

Ryan, Emily N. Salvucci, Joselle A. Samson, Zoe E. Scott, Katherine A. Shaughnessy, Haoyuan Shi, Clyde Shtino, Ryleigh D. Smith, Cindy A. Su, Emily G. Suarez, Hai Wen Tan, Shirley L. Tang, Susanne K. Tedeschi, Jefferson Tian, Abigail C. Toland, Kevin O. Toler, Andrew Tran, Eileen K. Tfenholm.

Jennifer Truong, Standy C. Truong, Nelson K. Tsang, Hsiu C. Tsao, Eduard M. Tsvetanov, Dayana N. Ukraine, Lillian T. Uong, Jose A. Villalon Martinez, Jason Vo, Kenny T. Vo, Tiffany Vu, Anna Weng, Ariel T. Williams, Abby R. Yanovitch, Kaan Yavuz, Lok Yiu Yu, Dong Pei Zhang, Cecily Zhao, Marsha Zheng, Steven C. Zheng, Yuyang Zheng, Ivy Zhou, Jessica L. Zisk, Alvis R. Zou.

Grade 11: Leila Akhouzine, Aliridha M. Al-Saadi, John Alessandro, Yumna D. Ali, Noel Jose G. Alvero, Maurice R. Ampare, Madilyn E. Bailey, Caleb T. Baliton, Meira T. Baliton, Emmett S. Bandzak, Claudia Jenny J. Bazile, Jonathan E. Bina, Samarie E. Blaise, Kathleen J. Bowden, Emma L. Brown, Louis P. Brown, Conor N. Byrne.

Anna B. Cahill, Jerry M. Caldwell Jr., Carmela R. Canavan, Robert W. Cannon, Marwah M. Chaudhry, Ellen Chen, Kevin Chen, Michelle L. Chen, Yuan Yi Chen, Ricky Chieng, Thomas R. Christian, Abigail E. Codner, Jack E. Collins, Clayton H. Corley, Wilma Da Silva Pina Lopes, Dany Darwich, Erin M. Davies, Amyah A. Davis.

Aleksandra Dedo, Rebecca C. Deng, Natalya M. Desmond, Tia N. DiBona, Maya A. Dijkstra, Jordan Ray L. Dizon, Zachary M. Donaghy, Aisling A. Donoghue, Hailey M. Dorsey, Marly-Christie Dort, Sabrina Egan, Joie Y. Eng, Margaret P. Fay, John M. Fehian, Rachel W. Feng, Nicholas R. Ferrara, Meghan E. Foley, Leah A. Forte, Amber S. Fraser.

Kyle C. Galecia, Johnny Garcia Acosta, Iain P. Gillespie, Emma V. Glavin, Shayla M. Goba, Cassandra E. Gordon, Matthew J. Gratch, Dylan B. Green, Jamari D. Haley-Baker, Adriana O. Healy, Mia C. Heim, Cooper M. Hernon, Garrett M. Hinkley, Emily Z. Huang, Mairene A. Ibadaloza, Antenella T. Ibrahim, Sophia T. Irving.

Nick Janka, Walker G. Jeffery, Julia Jin, Alana M. Johnson, Upasana Joshi, Malik A. Justice, Allison M. Keeley, Natalia A. Kepczynski, Kellen P. Kopp, Sai C. Kuchulakanti, Breanna R. Laroche, Andy Le, Tony Le, Brian Lee, Emily Y. Leong, Oscar Li, Nicola Liang, Chris Y. Lin, Daniel W. Lung, Huy K. Luong, Thu G. Luong, Jacob M. Lustig, Lucy M. Lynch.

Adriana E. Macpherson, Joseph I. Manton, Madeline A. Mayo, Sophie T. Mayo, Kayla R. McNeelley, Cameron B. Melchin, David Meng, Jennifer S. Meng, Brianna S. Mikshenas, Matthew J. Miranda, Alexandria V. Monteiro, Rebecca L. Morris, Thomas C. Murphy, Nandan S. Nair, Henry D. Neil, Michael P. Nellany, Lisa T. Ngo, Cindy Nguyen, Jacquelyn Nguyen, Mia L. Nguyen, Quoc Viet Nguyen, Tammy Nguyen,

Morgan E. Novak.

Gabriel L. O'Brien, Julia R. O'Leary, Aria B. Oakes, Mathew J. Olaince, Kaitlyn A. Paiva, Julianna M. Paluzzi, Anee V. Patel, Vansh J. Patel, Vraj B. Patel, Phoenix J. Petrucci, Brandon T. Pham, Tony Pham, Vy Yen T. Pham, Dhanvi R. Puttur, Charles J. Quigley, Paige B. Raber, Jordan D. Reilly, Sarah E. Rizzi, Elise V. Roche, Raven D. Roldan, Coleman J. Ross, Megan M. Ross.

Sophie A. Saint Marc, Kiomi N. Samuel, Gerelle L. San Jose, John O. Shen, Samantha R. Shuman, Renea L. Smart, Jamie Tam, Lauren Y. Tam, Lily B. Tang, Mackenzie L. Thai, Ninh T. Thi, Tari-Anna L. Thomas-Smoot, Marissa I. Tolini, Paige E. Tompkins, Kayla N. Tran, Natalie P. Tran, Vivian D. Tran.

Nathan M. Unsworth, Nuna Beatriz Viana Avelar, Ngan D. Vo, Athina Vrap, Teyah F. Wilson, Matthew C. Wong, Akira A. Wright, Kaitlyn E. Zemotel, Aiden T. Zeng, Celine Zheng, Gina Zheng, Joanna Y. Zheng, Xiaozun Zhou.

Grade 10: Saida Abadli, Marta L. Aguiar-Perello, Amira F. Aitsaid, Onuchi S. Alamba, Sarah E. Alberione, Yaseen S. Ali, Jouri W. Alsadeq, Zaila D. Alves, Ali H. Alzubaidy, Dilan S. Arda, Edwin G. Astronomo Jr., Jason K. Au-Duong, Brianna M. Backman, Matthew T. Bartkus, Madeline C. Baryza, Kristi Becka, Juan P. Bengoa Croxatto, Victoria P. Bentley, Jayda M. Berry, Anthony J. Bina-Rodriguez, Kayla M. Blatcher, Julie H. Blois.

Marissa Cakuli, Caroline C. Campbell, Kyle H. Cao, Audrey R. Capone, Isabella M. Carinci, Ashley Chamu Charco, Corey N. Chaparro, Aliciaana A. Charbonier, Ruben M. Charles, Andy Chen, Calvin Chen, Haobin Chen, Kenny Chen, Nick Chen, Charles H. Coffey, Hailey A. Concannon, Peter M. Cooney, Jonathan J. Cooper, Yancelis C. Cordero, Serena M. Crane.

Rebecca L. Da Silva, Rebekah H. Dang, Catharine J. Demopoulos, Xingwen Deng, Nadia J. Dickerson, Mary A. Doherty, Amber A. Doyle, Ethan J. Earnest, Elham Elham, Chloe A. Fitzgerald, Ava Q. Garcia, Daniel W. Gedutis, Kloe Gora, Kaitlyn A. Gough, Rebekah H. Hall, Reyahanna T. Hanson, Shanto O. Harriott, Joshua J. Henderson.

Brandon L. Hibbard, Bridget A. Hoare, Paige E. Hollemann, Bonnie Huang, Sophia Y. Huang, Nicholas J. Hughes, Ismayil Ismayilov, Ronak Jahangirian, Janai C. Johnson, Alexandria G. Kane, Cady A. Kelly-Hansbury, Shawn M. Kozlowski, Shubham Kumar, Aden E. Le, Huong V. Le, Sonny Le, Tiffany Le, Tran Khanh Van Le.

Josephine W. Leung, Ruby M. Levine, Kyane A. Lopes Teixeira, Elysha A. Louis, Grayden C. Louissaint, Tess S. Louzan, Monique Lu, Grace M. Lukelo, Maggie A. Lynch, Meidong Ma, Shane M. Macneil, Deekshita Madhalam, John D. Martinez, William K. McCoy III, Grace McDonald, Lilly P. McKeon, Brianna R. McKinney Roman, Yu Fan Mei, Brenda A. Moura.

Arisa L. Nakanishi, Ty J. Neal, Casey V. Nguyen, Chris-

tiana P. Nguyen, Dante T. Nguyen, Emily Nguyen, Hong Nhu Quynh Nguyen, Katherine T. Nguyen, Lena K. Nguyen, Lillian T. Nguyen, Sophia Nguyen, Thi Anh Thuy Nguyen, Trang T. Nhu, Delia A. Nichol, Danielle N. O'Brien, Madison M. O'Connor, Jake M. Ollman.

Nandani D. Patel, Angela N. Pham, Andrew S. Philibert, Kelly Phu, Kiet B. Phu, Dheeraj Aravind Prakash Viswanath, Hughlano J. Pusey, Connor W. Putnam, Uyen Nhi Quang, Victoria N. Rak, Ginubala Ramakrishna, Kyle N. Reynolds, Alexander T. Rheault, Mallory C. Rimovitz, Yuwary A. Rodriguez, Marrisa R. Rodriguez-Davis, Tatiana M. Rojas Cruz, Lily Tong.

Adner F. Sanchez Llano, Jamie J. Sansouci, Annika M. Schmitt, Sadeq J. Shareef, Ethan C. Sheng-Clarke, Reese M. Smith, Vasilianna Sota, Thomas J. Spano III, Max A. Spendlove, Sam A. Spendlove, Katelyn R. Stirling, Arunee J. Sundosd.

Allison Thiha-Wong, Brynn B. Toler, Caroline E. Tracey, Anna K. Tran, Katrina M. Tran, Steven K. Tran, Samuel J. Traynor, Jimmy Truong, Kaitlyn N. Vo, Mai T. Vo, Almona Vojkollari, Skyla P. Whalen, Stephen J. Wright, Haixiang Yu, Lok Ying Yu, Anna Zheng, Jesse Zheng.

Grade 9: Ryan A. Aitaid, Fatema R. Al-Janabi, Carmen J. Albert, Julianne R. Albino, Maniya F. Alexander, Fatma M. Alkinani, Tayf H. Alsaad, Amina Amimer, Joaquin B. Baiense, Katherine E. Bardwell, Kyla R. Barter, Emma M. Bateman, Makayla R. Batson, Jaiden S. Bauzo, Dahrien J. Bernabel, Abigail S. Bither, Amari J. Blair, Christopher L. Bottary, Sofia M. Brown.

Preston M. Cavin, Endi Cenomeri, Kelly W. Chan, Anita Chen, Daniel Chen, Qilu Chen, Madison R. Chenette, Jason Chieng, Emily S. Chin, Mayara K. Clem, Kieran J. Collins, Grace M. Connor, Cecilia G. Cronin, Grace M. Cunniff, Thomas R. Curtin, Lyna R. Dang, Sonia R. Dijkstra, Miguel S. Dos Reis, Sarah P. Doyle, Jack J. Dunn, Kathy M. Duong.

Aidan Q. Fisher, Devereux A. Fuller, Helena M. Galvani, Erin M. Garvin, Chase E. Gillespie, Ciara M. Golden, Nicholas J. Gott, Kevin J. Gray, Weijie Guan, Giada Guarino, Makayla C. Gustafson, Ashton X. Harris, Finn R. Henriksen, Mashkat S. Himat, Isabelle K. Hogan, Matthew J. Hollatz, Emma R. Holliday, Florence S. Huang, Tina Huang, Lam Y. Huynh, Alondra L. Ibrahim.

Molly E. Jacobs, Angelene T. Jadormeo, Michael P. Keane, Leila Y. Keaney, Jan A. Kepczynski, William Z. Lam, Ashley D. Lambiasi, William A. Lanergan, Joseph N. Latteo II, Madison E. Lawton, Brian V. Le, Michelle Le, Vy Le, Isaac Lee, Tiffany P. Lee, Katelyn W. Leong, David Li, James T. Li, Tameka F. Liang, Isabel V. Llamas, Elisa Lopes Moniz, Hai K. Luong, Laura V. Luong, Edward J. Lynch.

Lucas Maher, Thomas E. Maher, Ganga N. Mahesh, Leili J. Mahrouk, Dillon P. Mandawe, Trevor J. Mangino, Paige

E. Mann, Maximilian S. Maraj, Sophia Martins Rodrigues, Kiera R. McCann, Charlotte R. McConville, Shea L. McSweeney, Hawa A. Mohamed, Luke J. Mordas, Atigarn Morrow, Rayane Mountassir, Easter K. Mulyanga, Ross N. Mwafurirwa.

Basil S. Neamah, Marah L. Neil, Sophia I. Ngayod, Amy B. Nguyen, Eric V. Nguyen, Henry Nguyen, Justin Nguyen, Thomas Nguyen, Jimmy W. Nim, Autumn E. O'Campos, Madison O'Hara Kelly, Sarah C. O'Rourke, Meira A. Oakes, Esther D. Oliveira, Adrian N. Ortiz.

Caleb M. Parsons-Gomes, Monica Pascal, Nicholas J. Peddie, Victor Anderson H. Pereira, Dillan M. Perkins, An Pham, Lena N. Pham, Michelle L. Phung, Eva L. Picarski, Maia C. Popa, Brendow S. Portow, Margaret G. Potts, Alexia Qako, Elijah X. Ramdhanny Marshall, Katherine C. Ramos, Sneha Rana, Robin D. Roldan, Matilda Z. Rollins.

Mary P. Saccoach, Kaitlyn E. Sampson, Adeline M. Saunders, Akira C. Savage, Mia C. Scaife, Ilyana M. Selinger-Batista, Ilgert Shehaj, Molie R. Smith-Gaeta, Yalena A. Sotelo-Cordero, Mia R. Stallbaum, Zoe E. Stallbaum, Devin J. Stewart, Brianna-Mary Sullivan, Zi Ming Tan, D'Marie M. Thompson, Kyle J. Tolini, Nayala Torres, Jonathan Tran, Khoi-Henry N. Tran, Nancy N. Tran, Nicholas K. Tran, Stanley T. Tran.

Dao N. Truong, Sarah Tsang, Kalliope Q. Tucker, Tuya M. Valle, Kimi I. Vallee, Phu Hao Van, Alexander H. Vo, Dylan E. Vo, Hannah L. Waters, Brianna White-Palmer, Aliya J. Wiggins, Henry C. Wilde, Jenny M. Wong, Jessica Wu, Daniel Yang, Shirley W. Yang, Alp Yokus, Xin Ting Zhao, Xuexin Zhao, Elvin Zheng.

HIGH HONORS

Grade 12: Mohammed R. Al-Janabi, Darby M. Boudreau, Collin P. Driscoll, Kylie S. Driscoll, Kevin P. Feeney, Kirsten R. Fennelly, Bridget M. Gardiner, Jacob M. Gordon, Luke C. Gratch, Victoria L. Hill, Mia M. Hurley, Muhammad Z. Khan, Thi Cam Nhung Le.

Rene Marquez, Martin E. Muscato, Cindy Nguyen, Isabella N. Nguyen, Sarah J. Patacchiola, Mariangeliz Rivera, Joseph M. Saccoach, Colby G. Simone, Kaylie A. Sullivan, Ling Kai Sun, Maurice C. Taylor, Diana Truong, Jacob R. Zarges.

Grade 11: Isabel J. Ahumada Pedraza, Jania M. Astacio, Sophia J. Barnes, Alexander R. Bartkiewicz, Pilar O. Brown, Nia M. Cahill, Marcela Chen Ling, Hengjie Chen, Zyon F. Depina, Ava R. Devlin, Lindsey A. Hatfield, Cynthia Henderson, Joseph R. Hennessy, Aniah M. Hernandez, Kathleen M. Higgins.

Kiara S. Juarez Espinal, Makhi I. Justice, Leslie W. Kahugu, Liam J. Kane, Alex J. Keeley, Timothy P. Kelly, Dai Phu Le, Jeffrey M. Louis-saint, Mona N. Ly, Jonathan R. Manning Jr., Nathan J. McCann, Keighley E. McLaughlin, Athena R. Mercado, Parker C. Mullen, Sarah V. Nguyen, Riley P. O'Connell, Evelyn C. Parker, Thomas A. Santos,

Brian D. Silcox, Patrick J. Walsh, Nayah D. White, Jair T. Whyte, Ryan Zheng.

Grade 10: Emily R. Bowlers, Vivian Zoe C. Burke, Elizabeth R. Chetwynd, Matthew R. Copp, Nicholas V. Day, Logan M. Goins, Ruari P. Gorham, Huy Q. Ho, Tyler W. Holmes, Sarah E. Kabay, Christian Gabriel L. Las, William G. Martin, Andrew L. Mazzini, Mya J. Millette, Ariel N. Nguyen, Andrew R. Novak, Thomas P. O'Neill, Mary Tan, Anisah L. Williams, William A. Wismar.

Grade 9: Manuel E. Aguayo, Artur Amado Da Moura, Aniyah Barros-Johnson, Calvin Mark L. Bayot, Maria G. Bengoa Croxatto, Manuel P. Breslin, Lauren E. Ebong, Christina E. Leahy, Patrick B. Lee, Elizabeth M. Leonard, Hai Lin Li, Abir Loukrati. Jayden M. Mercado, Raphael G. Miranda, Matthew J. Nelly, Declan M. Rogers, Emma A. Smeaton, Matthew P. Smith, Samuel N. Swan, Martina C. Thomas, Tomas Topalli, Josue D. Velasquez Jr., Antonjeta J. Vila, Aysa M. Wright.

HONORS

Grade 12: Erin Behari, Samantha M. Bouchie, Chris Cakuli, Samantha L. Coletti, Robert D. Conboy Murphy, Nguyen H. Dao, Kylie M. Davis, Marlana J. Davis, Lucas De Souza Rodrigues, Devin C. Desmond, Elijah J. Eady, Ruiping Fang, Akai Fitzpatrick, Benjamin T. Graney, Basra A. Hassan, Joseph M. Healy, India Y. Herbin, Davy S. Holiday II.

Ashley Johnson, Antonia L. Logan, Dyllan D. Lopes, Alyssa R. Luzinski, Maxberly Martinez, Zachary T. McDonough, Lauren C. Medeiros, Anthony J. Morabito, Ciro L. Moura, Celine K. Nguyen, David G. Noble II, Daniel T. Pick, Samuel A. Purchase, Danielle M. Toomer, Pandush Trebicka.

Grade 11: Melissa A. Ainsley, Daniel S. Andrews, Nezar Y. Baghough, Nicholas M. Blasi, Kevin T. Carroll, Justin Z. Chan, Lawrence K. Ching, Hugh C. Crawford, Tassyla Samira De Paula Silva, Hanna E. Dewolfe, Jamar J. Finn, Michael R. Foster, Daniel C. Freeman, Niamh S. Gallen, Ryan S. Gately, Cameron J. Griffin.

Ronan J. Healy, James T. Hoare, Kyle M. Jacobs, Nafis I. Joy, Dyani M. Joyce, Vivian Leung, Adam J. Maier, Adam D. Manter, Samuel J. McGahan, Harry T. McGuire Jr., Colleen M. Moran, Maria Niko, Haley E. O'Reilly, Maddison L. Pelaggi, Micah J. Ramos, Brendan K. Regan, Kailey J. Ross, Amaya S. Six-Tiger, Devontae C. Soto, Charlotte T. Trevisan, Johnny M. Vargas Rosario, Haonan Zhao.

Grade 10: Mohamed Samir Abadli, Dejan Boskovic, Christian J. Brennan, Edison Chan, Amy H. Dang, Jeremy P. Demore, Julianna M. Di Blasi, James E. Donofrio, Mairead J. Folan, Mattea B. Garrett, Collin J. Gates, Beatriz Goncalves Bras.

Sean M. Halley, Thomas W. Lebo, Sadie E. Lee, Stanley Li, Shannon K. McCarthy, Nicole P. Nguyen, Madison M. Roberson, Jayden A. Robles Vazquez, Julia M. Rue, Ana Maria Soares.

Grade 9: Corrin R. Cudmore, Liliana J. Dauphinee, Antonio R. Gonzalez, Christopher R. Goyette, Aiden S. Judge, Shiyanna R. Robinson-Moore, Alanagh M. Walsh.

WHAT'S COOKING

with
Marie & Susie

By MARIE D'OLIMPIO and SUZIE FALCO

**Spinach-Artichoke Chicken Casserole**

By MARIE

The ingredients for today's recipe for a casserole are derived from a dip most of us enjoy - a spinach-artichoke dip.

I am sure a lot of you readers are familiar with that one. While it's a great dip - it is also a great dinner!

Preheat oven to 350 degrees - Grease a medium-sized casserole dish

3 or 4 boneless chicken thighs, cut in half

1 medium onion, chopped
2 tablespoons of butter (you can use olive oil)
¼ cup flour
2 cups of milk
1 package frozen spinach, thawed and

drained

3 or 4 artichoke hearts cut in pieces (buy these in can or jar)

1 cup of shredded cheese
Salt and pepper to taste

Sauté onion in oil or butter.

Add the chicken thighs and cook until browned.

Mix the flour with the milk and add to pan and mix well.

Then add the chopped spinach and artichoke hearts, stirring until well blended.

When all ingredients are cooked, place in a greased casserole dish.

Top with shredded cheese.

Bake in a 350-degree oven until golden brown.

White Chili

By SUZIE

Here is a recipe that is delightfully simple, and equally delicious. Though not stated, please use organic vegetables when possible, to help unburden your body from all the pesticides that are used (especially the peppers and zucchini.)

Adjust seasonings to taste as well. You may like more cayenne or less, or none at all and use black pepper. Coriander is important for this chili and adds just the right balance of herbs, so try not to leave that out, but if you do, it will still be great. Add some cumin instead.

Beans are loaded with fiber and important nutrients, quinoa, which I have spoken of before, many times, contains protein, fiber, important vitamins, and even a good amount of calcium. I am sure this will be a hit with all, and make it your own.

You can add in carrots or other vegetables as well.

WHITE CHILI

(for cold winter days)

2 tablespoon olive oil
1 medium onion, diced
2 stalks celery, diced
1 zucchini, chopped
1 red pepper, chopped
3 cloves garlic, minced
1 teaspoon ground cumin

1/2 teaspoon ground coriander
1 tablespoon chopped fresh parsley
1/4 teaspoon cayenne pepper, more to taste

1 pound ground organic white meat turkey or chicken

2 (15.5-ounce) cans white beans such as cannellini, drained and rinsed

5 cups organic chicken broth

3/4 teaspoon dried oregano

1 cup quinoa

Sea salt

1/2 cup full fat plain Greek-style yogurt
Chopped fresh cilantro leaves

Heat the oil in large pot or Dutch oven over moderate heat. Add the onion, celery, pepper, and zucchini, and cook, stirring occasionally, until the vegetables are soft, about 6 minutes. Add the garlic, cumin, coriander, parsley and cayenne and cook, stirring, until fragrant, about a minute.

Add the ground meat and cook, breaking up the meat with a spoon, until the meat is no longer pink about 2 minutes. Add the white beans, broth and oregano. Cook, partially covered, stirring occasionally, for 25 minutes.

Add the quinoa and salt to taste, and continue cooking, partially covered, 12 minutes longer. Ladle into individual bowls and top each serving with 1 tablespoon of yogurt and cilantro.

Bethany Congregational Church

On Sunday, Feb. 7, Bethany Congregational Church will have regular Sunday service at 9:30 a.m.

Rev. Patrick McCorkle will preach and music will be provided by Paul Frazer as soloist. There will be no Church School this Sunday.

For all events at Bethany Church, masks and social

distancing are required. There is no group hymn singing or coffee hour. Masks and sanitizer are available. Areas in use are cleaned after every service.

If you would prefer to stay at home, the on-line service is available. Check the church website for instructions on how to watch.

5 On Roger Williams Dean's List

Five students from Quincy have been named to the Dean's List for the fall semester at Roger Williams University in Bristol, R.I.

They are:

Leila Dumas Hovey, Sinead Hanley, Julia Keldsen, Shauna McColgan, Xavier Molina and Tiara Osgood.

5 On Lasell University Dean's List

Five students from Quincy have been named to the Dean's List for the fall semester at Lasell University

in Newton.

They are:

Naomi Kane, Luca Smith, Brittini Bastiani, Kiet Nguyen and Xhoana Cuni.

Bethany Congregational Church is located at 18 Spear St., Quincy. Website is: bethanyconchurch.org. Telephone number is 617-479-7300.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go to the website at Broadhorizonsbethany.com or call 617-471-0022.

Jackson Zhao On Dean's List

Jackson Zhao of Quincy, a student at The University of Wisconsin-Madison College of Letters and Sciences, has been named to the Dean's List for the fall semester.

MA Senior Action Council Receives \$60,000 From Blue Cross Blue Shield Foundation

The Blue Cross Blue Shield of Massachusetts Foundation awarded more than \$3 million in grants to 64 community-based programs and projects that promote sustainable improvements in health care access for low-income and uninsured residents of Massachusetts. Over the past two decades, the Foundation has granted more than \$73 million in total.

Among the grantees is the Massachusetts Senior Action Council, based in Quincy. The council received a grant for \$60,000.

The grants were awarded in the second half of 2020 for initiatives continuing into 2021. They include the Foundation's four key grant-making program areas:

- Connecting Consumers with Care, which supports community-based organizations that assist eligible consumers with securing, maintaining, and navigating health insurance coverage.

- Expanding Access to Behavioral Health Urgent Care, which builds upon the state's existing Emergency Services Program (ESP) system and expands the recipient organizations' ability to provide community-based behavioral health urgent care.

- Going Beyond Health Care: Addressing Social Determinants Through a Cross-Sector Approach, which supports the coordination of services by interdisciplinary

4 On Fairfield Dean's List

Four students from Quincy are on the Dean's List for the fall semester at Fairfield University in Fairfield, CT.

They are:

Ethan Johnson, Sara McDonald, Marissa Viens and Jack Kelly.

Sydney Hester On Dean's List

Sydney Hester of Quincy has been named to the University of Delaware Dean's List for the fall semester.

Samantha Smith On Dean's List

Samantha Smith of Quincy has been named to the Dean's List for the fall semester at Hamilton College in Clinton, N.Y.

Smith, a sophomore, is a graduate of North Quincy High School.

Sarah O'Donovan On Dean's List

Sarah O'Donovan of Quincy has been named to the Dean's List for the fall semester at Keene State College in Keene, N.H.

ary teams to address clinical and non-clinical needs of low-income and vulnerable populations.

• Strengthening the Voice for Access, which supports statewide organizations working on expanding access to health care and promoting the health care interests of low-income residents.

"With this round of grant-making, we remain steadfast in our multi-year commitments to expanding access to behavioral health urgent care, investing in new models to address the social determinants of health, strengthening statewide advocacy for health access, and supporting lo-

cal efforts to obtain coverage for Massachusetts residents," said Audrey Shelto, president of the Blue Cross Blue Shield of Massachusetts Foundation. "At the same time, we are pleased to have distributed funds to community-based organizations responding to the pandemic in communities that have been inequitably impacted."

The Foundation's Special Initiatives program continued to provide one-time grants to nonprofits and projects that predominantly serve people of color, including some with a special focus on responding to community needs caused by COVID-19.

Social Security Matters**Ask Rusty: Delayed Claiming; Am I Now Getting The Right Amount?**

Dear Rusty: I am having problems getting answers from the national Social Security office or the local agent who I first spoke with to apply for my benefits. I am 70 in January 2021 and applied for benefits at the end of August 2020. I asked to have benefits start in October 2020 with my first payment received in November. I was told that the benefit for applying at age 69 & 9 months would not be received until January of 2021. Until then I would receive the 69 years and 0 months payment, which I received in November and December of 2020. In January 2021 however, I received the same 2020 payment plus the COLA increase. I've asked what's up at the local office and have been waiting for a return phone call. My first question: is the amount I received in November and December last year correct, i.e., it is only the age 69 amount, not the 69 and 9 months benefit for the age I was at the time? And second, if that's true, when in 2021 should I get my full amount? **Signed: Confused**

Dear Confused: I'll try to clear this up for you. Delayed Retirement Credits (DRCs) of 0.667% are earned monthly for each full month you delay claiming after your full retirement age (which for you is 66). But although you earn delayed retirement credits monthly, Social Security only applies them in January of each year. You don't lose them; they just don't do the benefit adjustment until January of each year. That's why you got only the age 69 benefit when you started your benefits in October and why your payment in November and December didn't include those DRCs.

The SS payment you received in January was actually for your December benefits, and included the 2021 COLA increase (which is computed using your December benefit). And just as an FYI, they do apply DRCs immediately for anyone who claims at age 70, regardless of the month they claim. What happened to you was because you claimed before you were 70.

The additional 6% DRCs you earned between January and September last year should be applied in January of this year and should be included in your next benefit check, which you will receive in February (SS pays benefits in the monthly following they are earned). When they do that computation, they'll automatically adjust your COLA using your new benefit amount. So, what you were told by the Social Security agent is essentially correct - your benefit payment won't reflect those additional DRCs for 2020 until your January 2021 payment, which you will receive in February.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

FEB

4

2021

Area Residents Complete Paramedic Coursework At Quincy College

Fourteen Quincy College students recently completed the classroom portion of their training leading them one step closer to a Paramedic Education certificate, thanks to the collaboration between Quincy College and the Comprehensive Medical Training Institute (CMTI) in Weymouth.

The EMT course started in January 2020 before COVID 19 became part of everyday life in the United States. Within three months, as the pandemic surged, learning shifted quickly to Zoom before returning to campus in the summer. The paramedic program was one of a small number that met on campus during the pandemic.

"COVID-19 has certainly changed how we deliver our courses at Quincy College and other institutions," said Dr. Servet Yatin, Provost and Vice President of Academic Affairs at Quincy College. "But some courses and programs—such as EMT and paramedic training—need that hands-on experience. We are proud that Quincy College, as soon as the pandemic hit, was able to put protocols in place for students in the program to



FOURTEEN QUINCY COLLEGE students recently completed the classroom portion of their training leading them one step closer to a Paramedic Education certificate, thanks to the collaboration between Quincy College and the Comprehensive Medical Training Institute (CMTI) in Weymouth.

Photo Courtesy Quincy College

learn safely."

Students enrolled in the program come from all over southeastern Massachusetts, and most are working part or full time in emergency services or in the medical field.

For some students, paramedic training was a lifelong dream.

"I am a veteran who served two tours in Iraq as a combat medic and I have been a firefighter in Weymouth for the past 14 years.

"Becoming a paramedic has always been in the back of my mind," said Matthew Menz, paramedic student from Weymouth. "When I found out that CMTI was

accredited through Quincy College, I realized that it was the perfect fit to utilize my GI bill benefits. This has been a very rewarding experience. The only regret I have is that I did not do this sooner."

The EMT and Paramedic Certificate programs reflect Quincy College's strong focus on programs that meet the needs of the community, said College President Dr. Richard DeCristofaro.

"So many local residents are unemployed as a result of the pandemic," DeCristofaro said. "We are proud of these programs because they fill a dual need: providing local residents with job

training, and our community with first responders to be there when we need it the most."

"The job of college instructors is to challenge, and Quincy College and CMTI delivered," said Class president Dan Harris from Quincy. He noted that learning during the pandemic was especially difficult because most of the students also worked as first responders during the pandemic. But learning online never prevented students from forging close bonds.

"In the end, the biggest motivator to complete the program was each other," Harris said.

The Paramedic Education Certificate program at Quincy College takes approximately 18 months to complete, including 12 months of classroom instruction and 336 hours in a clinical internship program with an assigned hospital preceptor. This partnership between the two organizations was formed in July of 2019.

Gary Smith, CMTI Director of Operations, reflected on the success of this collaboration that has resulted in 62 students receiving an EMT certificate, and now, the completion of essential classroom and laboratory

training by 14 Paramedic Education certificate students.

"We are grateful that Quincy College has collaborated with us to make these programs accessible to our students" Smith said. "We are also grateful that during these unprecedented times Quincy College has made incredible efforts to assist us with keeping these programs moving forward and establishing practices to keep the students and staff safe."

To apply for this program, students should go to quincycollge.edu/apply-now/

Study: Dentists Fear 'Tidal Wave' Of Post-Pandemic Dental Problems

COVID cavities: Massachusetts dentists fear a 'tidal wave' of post-pandemic dental problems, a recent study reveals.

- 73% of adults said they were okay with skipping dental check-ups if it meant reducing the risk of catching coronavirus.

- 1 in 5 also admit they would delay seeking medical treatment for a serious issue if it wasn't causing them pain.

- 3 in 5 parents admit their kids have been consuming more sugary things since the start of the pandemic.

Most of us have been doing everything we can to stay inside in order to reduce the transmission of the coronavirus. By limiting our public encounters to a minimum, it means some aspects of our personal health, such as dental check-ups, have also been limited due to many of us prioritizing social distancing over comparative issues.

Dentists in Massachusetts fear a 'tidal wave' of dental problems among Bay Staters when the Coronavirus pandemic begins to flatten as more people are vaccinated against the virus, according to research by NextSmileDental.com.

The website, which provides resources on dentures, conducted a survey of 4,500 patients, revealing that 61% of Bay Staters have delayed routine check-ups due to

Coronavirus fears. This may mean that once the coronavirus curve has — hopefully — stabilized due to the effects of the vaccine, and it is safer to be in public, dentists will face an overwhelming influx of patients due to the number of people who have delayed their check-ups. There has also been research which suggests a strong correlation between dental conditions, such as periodontal disease and erosion, and anxiety, depression and loneliness. This is particularly concerning in the context of the coronavirus pandemic, where many people are experiencing challenging circumstances. For those of us who are limiting our exposure to the outdoor world, perhaps that tingling sensation in your molar has taken a backseat during the pandemic.

Kathryn O'Brien, editor at NextSmileDental.com, says she has a particular concern about the health of children's teeth, such as untreated tooth decay, because children have also been restricted by parents from dental checkups since the start of the pandemic. This is concerning as children are more at risk of dental complications than adults, because their tooth enamel is thinner, which makes them more vulnerable to tooth decay.

Indeed, the survey also revealed that 3 in 5 parents admit that their children had been eating more sugary food and drinks since the start of the pandemic. With sugary food products posing an increased risk of developing cavities, this is another concern for dentists once things return to a sense

of normalcy.

Reassuringly, 22% of parents said they had carried out their own research online as to how to check their children's teeth. This shows that many parents are aware of the importance of oral health, especially during this time. If it's not possible to take a trip to your family dentist, a DIY check-up may suffice for now if your child isn't experiencing any pain as a result of an underlying issue.

When it comes to adults,

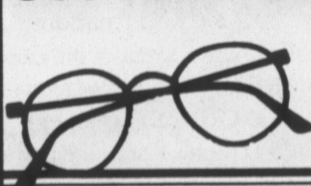
73% said they felt comfortable skipping dental check-ups if it reduced their risk of Covid-19 infection. Additionally, a significant 20% also said they would delay treatment for serious medical issues if they were not in pain.

"With social distancing still a big part of our lives right now, prioritizing our exposure to public spaces is still a consideration for many of us. However, if you are experiencing debilitating discomfort or inability

to function as a result of tooth or mouth pain, it is a good idea to contact your local dentist in order to find out what treatment options are available during this time," O'Brien says.

"Many practices have strict COVID measures in place and may be able to assist if you are comfortable and willing. As much as it is important to stay in, it is crucial not to ignore signs your body is giving you if it is in pain — this includes your dental health."

See Your Future Clearly!



Everything from the simplest repair to the most advanced lenses and frames.

KING OPTICAL

20 School Street West • Braintree

(Off Washington Street)

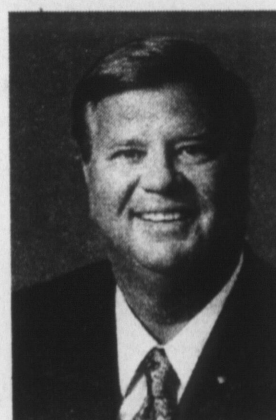
(781) 843-2133

www.kingoptical.net

Eastern
insurance

22 Locations

**Auto • Home • Business
Life & Employee Benefits
Workers Compensation • Umbrella
Marine • Bonds • Professional Liability**



Donald Uvanitte
Sr. Vice President
CIC, ARM, AAI, AU, AIS, CRIS, LIA

(617) 877-7663

(508) 270-5317

duvanitte@easterninsurance.com

382 Quincy Avenue
Quincy, MA 02169

Eastern Insurance Group LLC is a wholly owned subsidiary of Eastern Bank. Insurance products: not insured by the FDIC or any federal government agency. Not deposits of our guaranteed by any bank. ©2016 Eastern Bank. All rights reserved.

On Jan. 28, members of the Quincy Police Drug Control were conducting surveillance in the Quincy Point area and more specifically the Walgreens/AutoZone parking lot located at 1092 Southern Artery.

At approximately 5:20 p.m., detectives watched as a black Lexus SUV, occupied by two females, pulled into the parking lot and parked in the lot in between the two stores, not in a spot, up against the rocks. Detectives watched as neither female exited the Lexus.

Within five minutes of the Lexus pulling into the parking lot, a brown Toyota Corolla pulled into the parking lot and drove toward the Lexus. The registered owner of the Toyota, a 61-year-old male, was the only occupant of the vehicle. Once near the Lexus, the male exited the Corolla and walked over to the Lexus. The QPD DCU is familiar with this male party as they received a complaint alleging he would illegally obtain prescription medication and resell it on the street. Detectives queried the license plate of the Lexus and recognized the female owner/operator from previous drug investigations.

Detectives watched as the male reached into his right pant pocket, walked up to the driver's window of the Lexus, and reached into the vehicle appearing to make an exchange. The male and the female operator talked for approximately three minutes after the exchange. The male then walked back to his car and the Lexus exited the parking lot onto Southern Artery. At this point, it was the belief of all detectives involved in this investigation that a drug deal had just transpired between the male and female. A decision was made to encounter the male party, who was still in the parking lot sitting in his car. As they did this, other members of the DCU conducted surveillance of the Lexus.

Detectives approached the male and identified themselves as Quincy Police detectives. The male was provided his Miranda Rights to which he stated he understood. Detectives asked the male who he just met with and why. He stated he met the female (provided her name) and that he gave her \$60 dollars "for pizza."

The male was asked if he had anything illegal on him and specifically asked if he had any prescription medication on him. He then reached into left pant pocket and turned over a prescription bottle for Adderall in the name of female (registered owner of the Lexus) which contained 15 pills. He admitted the female gave the pills to him to "hold" but that the \$60 dollars he gave her was for "pizza."

The male party was placed under arrest. A search of his person recovered over \$500. Detectives observed a backpack on the passenger seat of the Toyota which contained numerous pill bottles containing pills that had various names on them. The pill bottles, pills, and \$500+ in cash were seized.

The operator of the Lexus was stopped and placed under arrest. At the time of her arrest, she was clutching \$60 dollars in her right hand. The Lexus was towed and the passenger was sent on her way.

At the station, detectives handled the drug evidence re-

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

covered from the male and identified 64 Adderall pills, 22 Clonazepam pills, 21 Alprazolam pills, and 37 Suboxone strips that were packaged and will be forwarded to the MA State Police Laboratory for testing. There were 4 Gabapentin pills and 2 plastic bags of Marijuana that were submitted for destruction. The cash recovered from the male was seized pending civil forfeiture.

Detectives believe this money is proceeds from illegal drug transactions. The \$60 cash seized from the female was seized pending civil forfeiture. Detectives believe this money is proceeds from illegal drug transactions.

The 61-year-old male from Quincy was charged with two counts of possession with intent to distribute Class B (Adderall and Suboxone), possession with intent to Distribute Class C (Clonazepam) and possession with intent to Distribute Class E (Alprazolam).

The female operator was charged with Distribution Class B (Adderall). Great work!

Scammers Cash In On COVID-19 vaccination confusion

With every passing day, the news on COVID-19 vaccine distribution seems to change. One reason is that distribution varies by state and territory. And scammers, always at the ready, are taking advantage of the confusion. Besides a big dose of patience, here are some tips to help you avoid a vaccine-related scam, no matter where you live:

- **Contact a trusted source for information.** Check with state or local health departments to learn when and how to get the COVID-19 vaccine. You can also talk with your health care provider or pharmacist.

- **Don't pay to sign up for the vaccine.** Anyone who asks for a payment to put you on a list, make an appointment for you, or reserve a spot in line is a scammer.

- **Ignore sales ads for the COVID-19 vaccine.** You can't buy it - anywhere. The vaccine is only available at federal and state-approved locations.

- **Watch for unexpected or unusual texts.** If your health care provider or pharmacist has used text messages to contact you in the past, you might get a text from them about the vaccine. If you get a text, call your health care provider or pharmacist directly to make sure they sent the text. But scammers are texting, too. So don't click on links in text messages - especially messages you didn't expect.

- **Don't open emails, attachments, or links from people you don't know, or that come unexpectedly.** You could download dangerous malware (short for malicious software such as viruses, etc) onto your computer or phone.

- **Don't share your personal, financial, or health information with people you don't know.** No one from a vaccine distribution site, health care provider's office, pharmacy, or health care payer, like a private insurance company or Medicare, will call, text, or email you asking for your Social Security, credit card, or bank account number to sign you up to get the vaccine.

- **Stay connected to stay informed.** Subscribe to consumer alerts from the FTC. When you do, you'll get updates delivered right to your email inbox. If you know about a COVID-19 vaccine scam, let the FTC know at ReportFraud.ftc.gov. This information was written by Colleen Tressler of the Division of Consumer and Business Education, FTC.



NEW QUINCY POLICE Officers (clockwise from top left) Officer Brenna Callahan, Officer Nick Frasso, Officer Cornelius Koch and Officer John Ryan. Photos Courtesy Quincy PD

Please join us in welcoming four new officers to the Quincy Police Department: Officer Brenna Callahan; Officer Nick Frasso; Officer John Ryan and Officer Cornelius Koch. All four graduated from the Plymouth Police Academy in December and are currently undergoing Field Training.

Brenna holds a bachelor's degree from the University of Rhode Island. She was an All-Scholastic in high school and played hockey for roughly 17 years. She has both uncles and cousins that have served in law enforcement.

Nick graduated UMass Amherst, where he was on the Dean's List for seven of his eight semesters. He is a third-generation Quincy family.

John is married and has three children. He comes from a long line of police officers: his grandfather, father, and uncles all wore the uniform.

Cornelius holds a degree from St. Joseph's College of Maine. He too has many family members in law enforcement including his great grandfather, uncles, and cousins.

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, JAN. 22

LARCENY (wallet - \$186 in cash), noon, Planet Fitness, 50 Adams St. Report.

BREAKING AND ENTERING/PAST (ATM machine), 6:31 p.m., Neponset Landing, 2 Hancock St. Occurred in last two days. Incident closed.

LARCENY (purse), 6:35 p.m., Walmart, 301 Falls Blvd. Reporting party is by front entrance. Approximately 20 minutes ago in parking lot. No suspect information. Reporting party said she possibly left it in carriage, left to return home and when she returned to store the carriage was where she left it but purse was gone. Reporting party called back to say she located her bag. Party found wallet.

SATURDAY, JAN. 23

VANDALISM/PROPERTY (just happened), 12:01 a.m., Hancock Street and Hayward Street. In QPD lobby. Caller states that he pulled over on the side of the road to take a phone call in the above area. He states that a gray SUV drove up behind him with someone hanging out the side window and threw a full can of alcohol at his vehicle causing damage. Caller states happened 15 minutes ago. He was following them and they kept turning off the lights, trying to duck down back streets.

ASSAULT AND BATTERY (unwanted female), 5:32 p.m., Stewart Street. Sent on way. 28 year old, no weapons, smashing things around apartment reportedly had been drinking. Reporting party is locked in her bedroom. Reporting party states suspect is trying to gain entry. Unwanted female sent on way. Complaints filed for A&B on pregnant party.

LARCENY (past), 6:47 p.m., Planet Fitness, 50 Adams St. then disconnected.

ams St. Caller at store states app on his phone just said someone used his info five minutes ago.

LARCENY/MOTOR VEHICLE (silver Nissan), 7:35 p.m., CVS Pharmacy/24 Hour, 42 Beale Street. Motor vehicle was left outside running - silver Nissan Versa just taken five minutes ago. Signed theft form turned into communications. Owner of rental company came he, said he was informed it was reported and entered as stolen. Used in commercial B&E Randolph; hold for their processing.

SUNDAY, JAN. 24

LARCENY (missing SS card), 2:27 a.m., Dominos Pizza, 61 Hancock St. Reference CAD # 21003370 for original stolen car information. Caller states that when he got his car back he opened the trunk and found only 1 or 2 plates in it, and he also noticed that his SS card was missing from in the car.

BREAKING AND ENTERING/PAST (unsure when/past), 5:35 p.m., Connell Street. Door was open and does not look like forced entry. House is a mess. Reporting party was gone from Friday and Saturday came home today and door was open and house has been gone through. Cash and credit cards taken and other items. Reporting party went through house.

MONDAY, JAN. 25

ASSAULT AND BATTERY (911 hang up), 12:24 a.m., Victory Avenue. Phase 1 within 19 meters - female caller answered on call back and stated she wanted to file a police report. When asked what her address was, she would not answer. Instead caller became upset and said "it is not even worth calling you guys, this is some racist s--t," and

ASSAULT AND BATTERY (just occurred), 5:26 p.m., Marshall School, 200 Moody St. Ext. Gone on arrival. Two black males assaulted son. Nothing showing.

TUESDAY, JAN. 26

VANDALISM/PROPERTY, 11:03 a.m., Roche Brothers Market, 101 Falls Blvd. Report.

WEDNESDAY, JAN. 27

LARCENY (stolen package), 1:44 p.m., Winter Street. Report.

LARCENY (phone), 3:14 p.m., Copeland Street. Sent on way. See caller in police lobby. Advised.

LARCENY (past), 5:22 p.m., Willow Avenue. Requested officer to call re: past larceny of a suitcase. Transaction over Facebook. Caller will call back when he has more information.

THURSDAY, JAN. 28

LARCENY (package), 10:01 a.m., Burgin Parkway Ext. Case number provided. Delivered by USPS - report filed, reporting party requested case number.

LARCENY (money), 4:09 p.m., Walker Street. In QPD lobby. Reporting party states his Facebook was hacked and money was taken out of his bank account. Reporting party had to leave QPD lobby please call his cell phone. Voice mail left on multiple attempts to contact reporting party. Advised to call back.

Calls For Service: 877

Larceny of a Motor Vehicle: Beale Street
Breaking and Entering in the Past: Connell Street

FEB

4

2021

Two Restaurants Making Outdoor Seating Permanent

By SCOTT JACKSON

A popular restaurant on Wollaston Beach will be able to keep open a 180-seat patio area on a permanent basis going forward.

The Board of License Commissioners on Jan. 26 granted Tony's Clam Shop, located at 861 Quincy Shore Dr., permission to keep the 14,000-square-foot patio area it opened last year amid the pandemic open permanently.

The board also approved a similar request from Malachy's Saloon at 51 Granite St., which had sought to keep its 1,200-square-foot patio open on a permanent basis.

Karen Djerf, a co-owner of Tony's Clam Shop, said the outdoor space proved invaluable to the restaurant last year with restrictions on seating in place amid the pandemic.

"[Customers] were hap-

py to have another place to sit besides the front, where there was limited seating," Djerf said. "People seemed very, very happy."

Gary Kandalaf, Tony's manager, said landscaping and other improvements would be made to the patio this year.

"We intend to do quite a bit to make it much prettier," he said. "It's going to alleviate a lot of the traffic and people coming and going when people have a place to sit instead of standing outside and going to their cars."

Several residents who spoke during the board meeting said they were concerned about traffic and parking in the area.

"In the past it has been difficult when people are parking along the marsh. It's hard to get around and it somewhat can be dangerous for children or people trying to get around the neighbor-

hood," said Yvonne Lamotte.

"If he is going to use the area and make it more attractive that all is fine with me...but if it gets more congested it could be a problem."

Djerf and Kandalaf said the traffic and parking issues in the area arose last year after the state closed the parking spaces along Wollaston Beach amid the pandemic. The situation improved once the state reopened those spots.

Police Chief Paul Keenan, a member of the license board, said his department was "getting calls off the hook" when those parking spaces were closed by the state because people were instead parking on neighborhood streets.

"I think that will be resolved once the beach is open this summer," he said.

The board ultimately voted in favor of Tony's re-

quest.

"I did go down there personally and toured the temporary space and I was very impressed by what the Kandalafs have put together," said City Clerk Nicole Crispo, the board's chairwoman. "They are a good business in our city, and I wish them well going forward for 57 more years."

The 1,200-square-foot patio area in Malachy's will have room for ten tables.

Two residents voiced concerns about noise emanating from the patio as well as traffic in the area during the board meeting.

"Most of the neighbors haven't complained about it because we don't want to see a business fail, but adding this patio is going to add to the size of the crowds that they get," said Ron McKim. "As it is now, they are just at their maximum."

Manager Steven Higgins said the patio would close

at 10 p.m. every night and there would be no entertainment offered outdoors. In addition, Higgins said an employee would work the patio help control the patrons there.

Crispo said Malachy's has a track record of working with the city.

"I think Malachy's does do a great job. They are always willing to work with the city and I'm sure they will be willing to work with the neighbors as well," she said.

"As far as your patio is concerned, I've been down there and looked at it. I think you have ample space and you are far enough away with your parking lot there maybe you could put up some greenery or something to muffle some of the noise."

Higgins responded that he would "absolutely" look into doing so.

In other business Jan. 26,

the Board of License Commissioners:

- Granted a common victualler license to Pizza Days, which will be located at 657 Southern Artery, formerly Papa John's. The restaurant will be open seven days a week from 11 a.m. to 3 a.m. and will offer delivery and carryout only.

- Granted a common victualler license to Aris Café at 25 Copeland St., formerly home to Soup House. The new restaurant will serve breakfast, sandwiches and bubble tea and it will be open from 7 a.m. to 8 p.m. seven days a week.

- Granted a common victualler license to Alumni Pizza at 379 Washington St. following a change of ownership. The restaurant's hours will be 10 a.m. to 11 p.m. seven days a week.

- Granted Ken's Auto, 1284 Furnace Brook Parkway, a license to sell pre-packaged food.

City Councillors Honor House Speaker Mariano

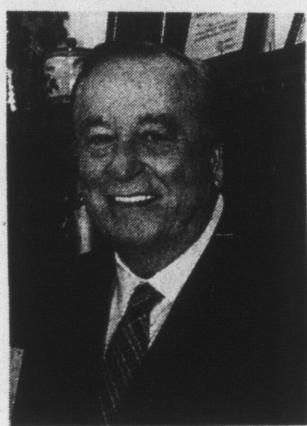
By SCOTT JACKSON

City councillors recognized Ronald Mariano, the longtime state representative who recently became just the third Quincy resident elected speaker of the Massachusetts House of Representatives and the first since the 18th century.

Mariano, a Quincy Point resident who once taught in the city's public schools and served on the School Committee, was recognized at the opening of the City Council meeting on Jan. 19.

Then Ward 2 Councillor Brad Croall congratulated Mariano on his election to the speakership and said Mariano always takes the time to listen.

"Ron has certainly been a steady influence on me, and I just think it is absolutely remarkable that he is sitting here with us here this evening as a proud representative of Ward 2. I have gotten some telephone calls from constituents that couldn't be prouder of Speaker Maria-



House Speaker
RON MARIANO

no," Croall said.

"What I have noticed over the years is he has always taken the time to listen and I think that is just such a glowing characteristic of an elected official. Not only is he someone I have had the pleasure of serving with over the last nine years... I sincerely consider him a

friend." Croall has stepped down as Ward 2 councillor to seek other opportunities and for family reasons he told his colleagues.

Croall also noted it has been nearly a quarter of a millennium since a Quincy resident was elected speaker of the House. Col. John Quincy, the city's namesake, was speaker from 1729 to 1741 and John Hancock held the post from 1779 to 1780.

Councillor Anne Mahoney said Mariano would work hard on behalf of the city and the state.

"I just want to say congratulations, Ron, I know you are a straight shooter and you will make sure the state and our city does well," Mahoney said. "I want to congratulate you and wish you well and I look forward

to working with you."

Ward 1 Councillor David McCarthy said Mariano would not forget where he comes from.

"I know you have the pulse of Massachusetts, the pulse of Quincy, you work well with us. It's great to have someone we all know that we can reach out to if we need help," McCarthy said. "I know you are the type of guy that you never forget where you come from."

City Council President Nina Liang said she would not have made it to where she is today without Mariano's support when she first ran for a council seat.

"I decided to take a leap and to run for office and when I did, he was one of the first people that stuck

his neck out for me and supported me without hesitation. I just hope you know I wouldn't be here today without you and your support," Liang said.

"You are kind, you are supportive, you are selfless and Quincy and frankly the commonwealth are really lucky to have you."

Mariano said he would continue to work with city officials moving forward.

"I am honored to be here. I thank you all for your congratulations and warm wishes," he said. "We will continue to work together. I have great things going on in the city of Quincy - great things going on in the commonwealth."

"I am very, very fortunate to be in the position I'm in now."

Mariano, who addressed the council on the eve of President Joe Biden's inauguration, said he was optimistic about the future.

"I think we are going to bounce back from this pandemic stronger than ever. I think the new president understands that cities and towns are going to need some help from the federal government, and we will get that help," Mariano said.

"I'm as optimistic as I can be sitting here today as we are about to begin a new presidential term and having just arrived in the speaker's office myself. I look forward to continue to work with the mayor, the City Council and the School Committee in Quincy - which has always been my home, my first love and will continue to be."

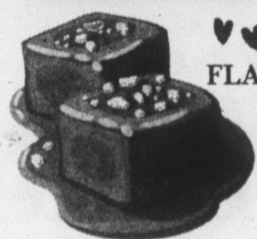
Haohua Yu Earns Master Of Science

Haohua Yu of Quincy has earned a Master of Science in analytics from the Georgia Institute of Technology in Atlanta.

QUINT'S
House
of Flowers
Family Owned & Operated
Since 1919
761 Southern Artery
QUINCY
617-773-7620

WE'RE OFFERING
**in-store pick up and
call ahead ordering**
TO BEST SERVE YOU RIGHT NOW.

Order online at www.coffeebreakcafe.net



February's
FLAVOR OF THE MONTH
**caramel
SMOOGHES**

SEASONAL FLAVORS

Snickerdoodle & Snowflake Sundae

12 Old Colony Avenue
Quincy: 617-773-9420

24 Central Avenue
Milton: 617-696-2326

680 Truman Parkway
Hyde Park: 617-910-9175

Now Open!
102 Franklin Street
Quincy: 617-481-5257

Coming soon:
479 Washington Street
Quincy



coffeebreakcafe.net

Free Zoom Event: Estate Planning

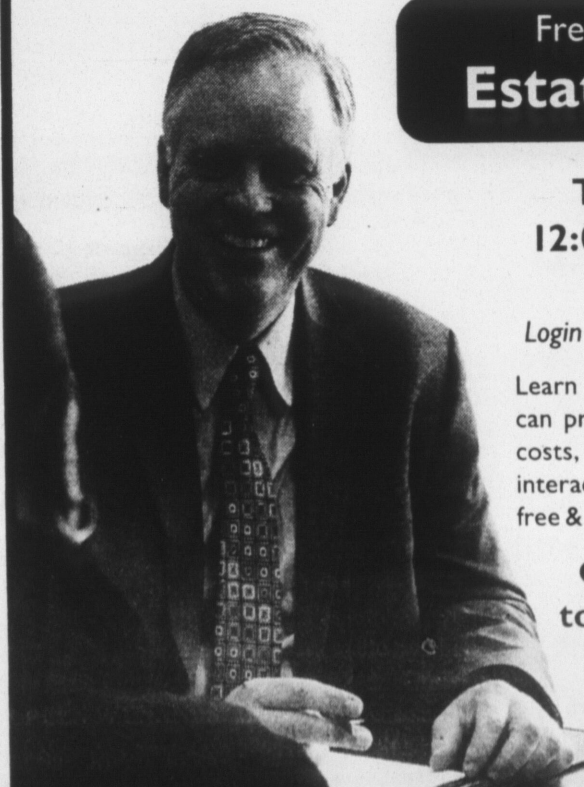
Tuesday, Feb 9th
12:00 p.m. - 1:00 p.m.

Zoom Meeting

Login info provided when you RSVP

Learn estate planning strategies that can protect you from nursing home costs, estate taxes and more. This interactive, online Zoom meeting is free & open to the public. RSVP today!

Call 781-830-6152
to reserve your spot

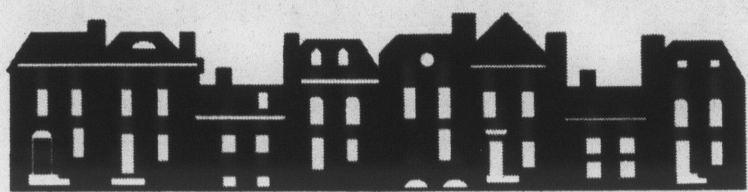


Above: Peter J. Fredericksen, director of B.O.C. Life Solutions, a licensed subsidiary of Bank of Canton. Bank of Canton does not provide legal or tax advice; please consult your legal/tax advisor.

888.828.1690



www.ibankcanton.com



Real Estate

Quincy Real Estate Transactions January 25 - January 29

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Tuan A. Huynh & Karen Hua	Yu J. Li	\$505,000.00	19 Claremont Avenue
Marjorie & Lynne Nestor	Lin Q. Guan & Joanna Y. Li	\$680,000.00	44-46 Holyoke Street
Ya N. Mai, Jun Qiu Li & Jun L. Li	Yun Z. Zhang & Keliang Qiu	\$668,000.00	20-22 Edgemere Road
Isabella & Michael Brown	Nina Plabutong	\$270,000.00	133 Cmdr. Shea Blvd., Unit 207
Robert E. Marshall Estate	Jonathan R. Morse & Meaghan Giangregorio	\$750,000.00	40 Ames Street
Ariola & Arben Molla	Selman Skendaj & Suzana Haxhiaj	\$699,900.00	1327 Quincy Shore Drive
Walter F. & Cynthia A. Conley	Erinn & Christopher Robinson	\$650,000.00	99 Puritan Drive
Herbert J. & Patricia E. Whiffen	Weichang Guan	\$590,000.00	15 Burns Avenue
Bertram J. & Rosemary Haney Irrevocable Trust	Ming F. Yu & Yan x. Lin	\$515,000.00	135 Fayette Street
Illir & Alda Marko	Hung & Susan Nguyen	\$395,000.00	100 Cove Way, Unit 401
Andrew M. & Erin L. Vebber	Fatimazohra Boutaleb	\$555,000.00	276 Winthrop Street, Unit 276
Anthony D. & Grace M. Caprigno	Amy Caprigno	\$575,000.00	18 Richfield Street
PL Properties III LLC	Tho K Nguyen	\$250,000.00	766 Willard Street, Unit A-10
Alyssa M Hoxie	Gilesa Thomas	\$220,000.00	44 West Street, Unit 1
Miller Family Investment Trust	Ross S. Berry	\$539,000.00	149 Harvard Street
Ralph W. Richardson, Rachel A. Ferris & Renee Ceglie	Jannae, Janice & Robert Knospe	\$465,000.00	56 Braintree Avenue
Quan Xiao & Meimei Zhao	Jiayong Li & Di Lu	\$720,000.00	110 Hollis Avenue
Robert F. & Sally R. Torney	Miguel Sanchez & Ashley Lombardi	\$690,000.00	26 Huckins Avenue
5 Preston Square Realty Trust	Peter B. & Kim E. Poutre	\$1,420,000.00	5 Preston Square
Daniel McMyler	Hubert & Danielle Lam	\$1,250,000.00	48 Norton Road
Biwen Liu & Xiaojin Lin	Celviah Q. Yang	\$595,000.00	39 Fayette Street, Unit 402
Kyle S. & Leah H. Dexter	Kenneth Scanzio & Marci Zajack	\$825,000.00	135 Governors Road
Nancy L. & Thomas Roche	Mian C. & Rong Chen	\$710,000.00	180-182 Liberty Street
Mary E. MacLeod	184 Washington Street Unit 10 Realty Trust	\$460,000.00	184 Washington Street, Unit 10
Estate of Joan T. Kennedy	Spencer M. Hilton & Julia Budde	\$663,000.00	245 Elliot Avenue

AAA Reminds Motorists To Be Prepared For Winter Driving

Frigid air can impact vehicle performance and road conditions. AAA Northeast encourages drivers to be vigilant when preparing for and hitting the road in the cold.

Battery failures are the primary reason for emergency calls to AAA Northeast in winter months.

"A car engine needs about 30% more energy to start when the temperatures drop to freezing. At zero de-

grees your vehicle battery can only deliver 50% of its rated capacity," said John Paul, AAA Northeast Senior Manager of Traffic Safety and the AAA Car Doctor.

"Cold winter weather not only brings challenging driving conditions, but also automotive dilemmas for vehicles that haven't been well maintained. These problems can increase a driver's chance of getting into a collision if they are

not diligent to inspect their vehicles and remember to drive cautiously in the event of snow or ice," Paul added.

AAA recommends the following for preparing your vehicle for cold weather conditions:

- **Emergency roadside kit:** always stay prepared by carrying an emergency roadside kit in your vehicle in the event of a breakdown.

- **Battery and charging system:** If it is more than

three years old, consider having the car battery tested. To start up during a cold snap, your car will need a fully charged battery.

- **Tires:** Examine tires for tread depth and uneven wearing. Proper tire tread increase traction with the road surface in poor weather conditions and can prevent skids on icy or wet surfaces.

- **Coolant:** Check the coolant level in the overflow tank when the engine is cold. Also, inspect the cooling system lines for leaks, cracks or loose clamps.

- **Oil:** Be sure to have

your oil changed based on the manufacturer's recommendations. Synthetic oil can be an advantage in cold weather because it will allow for faster starts.

- **Wipers:** Replace any wiper blade that does not adequately clean the windshield. Consider installing winter wiper blades winter blades to assist in preventing snow and ice buildup that can interfere with windshield visibility.

In snow or icy conditions, AAA Northeast suggests that individuals refrain from driving unless neces-

sary. When driving in snow or icy conditions drive slowly, refrain from using cruise control, allow for increased following distance between vehicles, and avoid slamming on the accelerator or brake.

AAA Northeast is a not-for-profit auto club with 70 offices in Rhode Island, Massachusetts, Connecticut, New Jersey, New Hampshire and New York, providing more than 6 million local AAA members with travel, insurance, finance, and auto-related services.

Quincy Access Television
88 Washington Street
Quincy, MA 02169



QATV

www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, February 4
5:00pm: Bethany Congregational Church
7:00pm: On the Road with Jazzy Bill

Friday, February 5
11:30am: Currently in Quincy
8:00pm: Q vs. NQ Boys Hockey '09

Saturday, February 6
12:00pm: AM Quincy: Lunar New Year
1:00pm: The Call

Sunday, February 7
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, February 8
11:30am: Currently in Quincy
8:00pm: Q vs. NQ Boys Basketball '14

Tuesday, February 9
7:00pm: AM Quincy: Mayor Thomas Koch
7:30pm: Quincy in Focus

Wednesday, February 10
5:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, February 4
6:00pm: At Your Library: February Happenings
8:00pm: City Council 2/1

Friday, February 5
1:30pm: Elder Update: Quincy's Biggest Loser
6:00pm: Update DPW: Winter Season
7:00pm: TCPL Presents: A Celebration of Animation

Saturday/Sunday, February 6/7
11:00am: TCPL Presents: Falls Prevention
12:00pm: City Council 2/1
5:00pm: Zoning Board of Appeals 1/26
7:00pm: City Council 2/1

Monday, February 8
1:00pm: Sizzling Hot Jazz Series: Starlight Quintet
6:30pm: LIVE: City Council Public Hearing
6:35pm: LIVE: City Council

Tuesday, February 9
4:00pm: LIVE: Board of License Commissioners
5:30pm: LIVE: Zoning Board of Appeals

Wednesday, February 10
9:00am: Tai Chi with Vince Journales
1:30pm: Meet the Artist

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy has online remote worship service and is open for the congregation for limited seats only.

Pastor David Choi will preach his sermon: "Holy Calling" (II Timothy 1:8-10).

Online dial-in/web meeting weekly schedule:

- Sunday, 10:30 a.m. Sunday Worship Service

- Wednesday, 6:30 p.m. Community Group Meeting - Gospel of John

- Thursday, 6:30 p.m. Bible Class - Epistle of Paul to Romans

- Friday, 11 a.m. Prayer Group Meeting

For those who want to go to church and attend the Sunday service, make an advance reservation each week by calling 617-472-0824 - look for Lewann Mina, church administrator.

For online Sunday worship service, go to the church website: www.firstbaptistchurchofwollaston.org/ for the conference call number.

FLAVIN FLAVIN REALTY

Complete Real Estate Service Since 1925

Free Opinion of Value

Committed to Property Ownership

Offering Seller & Buyer Representation



a century of connecting people with homes

Real Estate Sales Positions Available

Flavin & Flavin

1085 Hancock St. Quincy Center
Visit: www.flavinandflavin.com

617-479-1000

F
E
B

4

2
0
2
1

State Senators Visit Quincy High School Remote AP Government Class



MASSACHUSETTS STATE Sen. John Keenan (D) and Patrick O'Connor (R) were guests of Ms. Meg McMillen's remote AP Government class at Quincy High School Jan. 28. They shared their bipartisan work at the State House and reminded the students of the importance of listening to both sides of an issue when considering legislation. Pictured in the photo above: Top Row (L-R) QHS teacher Ms. Meg McMillen, Sen. John Keenan, students Basra Hassan, Luke

Gratch, Athena Perry, State House Aide Daria Afshar, students Mia Heim and Jefferson Tian. Middle Row (L-R) students Brendan Cavin, Jeffrey Burke, Marissa Tolini, Dea Avdulla, Hannah Murphy, Abby Yanovitch, Samuel Hurley, and Owen Coppola. Bottom row (L-R) students Charles Codner, Gianna Gatturra, Rebecca Morris, Samuel Purchase, Jessica Zisk, Gabriel O'Brien, and Sen. Patrick O'Connor.

Photo Courtesy Quincy High School

MountainOne Elects New Board Members

MountainOne Chairperson Daniel Bosley announces the election of two new trustees to the board of MountainOne Financial, MHC.

Antony Haynes and Karen Zink were elected to fill vacant positions on the Board of Trustees, and were also simultaneously elected as directors of MountainOne Financial, Inc. and MountainOne Bank.

In welcoming Haynes and Zink, Bosley said, "The entire Board looks forward to working with Antony and Karen. Their excellent reputations and deep histories of professional service and community engagement will be extremely beneficial to MountainOne."

MountainOne President and CEO Robert Fraser said, "I am thrilled to welcome Antony and Karen to the MountainOne family. I look forward to their strategic oversight and contributions to the future of MountainOne."

Since 2015 Antony Haynes has been associate dean for Strategic Initiatives and Assistant Professor of Law; director of Cybersecurity and Privacy Law at Albany Law School. In this role, Haynes has been responsible for developing the law school's cyber-security curriculum and its on-line academic program. He is also an experienced litigator focusing on intellectual property, securities, and criminal defense.

Haynes grew up in the West Palm Beach, FL area

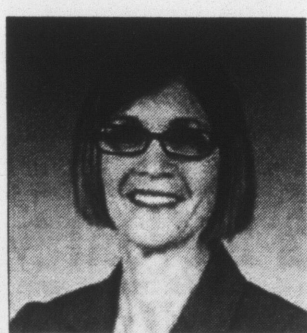
Four Quincy Students On Bryant Dean's List

Four students from Quincy have been named to the Dean's List for the fall semester At Bryant University in Smithfield, R.I.

They are:



ANTONY HAYNES



KAREN ZINK

and graduated from the U.S. Air Force Academy with a degree in computer science. He subsequently earned a Master of Science Degree in computer science from the University of Illinois at Urbana-Champaign. In addition to graduating from the USAF Academy, Haynes taught courses there in programming, developed the Academy's Information Assurance curriculum and created the intercollegiate Cyber Defense Exercise. He also earned his J.D. from Georgetown University Law Center.

Haynes and his wife, Leticia S.E. Haynes, live in Williamstown with their children.

Karen Zink has been an active member of the MountainOne Berkshire Community Advisory Committee since 2019. Zink spent 37 years with Berkshire Gas, most recently as president and COO from 2004 until her retirement in December 2018. In this role she effectively led the organization through numerous significant changes, including three mergers, a 17-year performance based rate plan, 100 percent achievement of

exceptional service quality results, a 13-month labor dispute, a complex moratorium of the company's so-called Eastern Division, and more. Prior to her retirement, she led Berkshire Gas to reach a settlement agreement with the Massachusetts Attorney General's Office, resulting in a new multi-year rate plan that created value for the customers and the Company.

Zink holds an MBA from Western New England University and graduated with a degree in finance from Central Connecticut State University. She is active in the community and has previously been a board member of 1Berkshire and the Western Massachusetts Economic Development Council.

Zink is currently the board chairperson of Berkshire Film & Media Collaborative and is a board member of Berkshire Business & Professional Women, where she also serves as Co-Chair of its Mentoring Committee. She lives in Pittsfield with her husband, Rich, and has two grown children.

Louis Wong On Dean's List

Louis Wong of Quincy has been named to the Dean's List for the fall semester at Becker College in Worcester.

Wong is pursuing a Bachelor of Arts in integrated graphic design and media.

Veterans Food Give Away Feb. 11

By GEORGE BOUCHARD

Quincy Veterans Services

On Thursday, Feb. 11th Quincy Veterans Services and the Veterans Voice Radio Station 95.9 will be conducting a free food give away for veterans and their families.

This event will take place at Pageant Field at the Vietnam Veterans Drive, Quincy from 10 a.m. to 12:30 p.m. We are asking all veterans interested in this event to pre-register at mmsfi.org - this will allow the food to be released to us. You may also listen to 95.9 on Thursday evenings on Veterans Voice from 7-8 p.m. for any new information or changes. You may also contact George Bouchard at the

Quincy Veterans Services to help you in pre-registering with your DD214 which is needed.

This event will feature a number of organizations of people helping people during these difficult times. All we ask of you is to register and drive up and stay in your car with a mask on of course and open your trunk and we will load you up and send you on your way back home. Any information during this event will be confidential (this is where the masks come in) to all who join up.

The Mayor's Office and the City of Quincy takes pride in helping and serving our veterans as they served us. The cut off date for this event is Feb. 6th so we have

time to get our supplies.

Also were are asking you to bring any old flags you may have at home so that it gets the proper disposal and retirement. You may also bring your 2020 calendar if you still have it and we will burn this as well to wipe away this past year.

Any businesses interested in donating to this special event can contact George Bouchard at 617-376-1194 or email me at gbouchard@quincyma.gov for more information and further instructions.

Let's not forget about the men and women who served our country who we have lost this past year and the ones that are still struggling during these unprecedented times.

Firefighters Rescue Dog After Fall Through Ice

On Jan. 25, at approximately 4 p.m., the Quincy Fire Department received a call for a dog who had fallen through the ice at the Quarry Hills Golf course in West Quincy.

Engine-5, Ladder-1 and Rescue-1 responded to the call. Engine-5 was the first to arrive on the scene.

The dog had fallen through the ice and was struggling to free itself. A young boy had tried to rescue his dog by going into the ice cold water up to his waist but it was too deep.

Engine-5 firefighters hastily assembled an ice water rescue sled and donned water rescue suits. At this

point the dog had been in the water for approximately one half hour and was howling loudly. Hearing this, the two firefighters rushed into the water and swam out to the dog and brought him safely to shore and back to his family who were very grateful to have him back again.

SUBSCRIPTION FORM

FILL OUT THIS SUBSCRIPTION BLANK AND MAIL TO

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

1372 HANCOCK STREET, QUINCY, MA 02169

NAME _____

STREET _____

CITY _____ STATE _____ ZIP _____

CHECK ONE BOX IN EACH COLUMN

[] 1 YEAR IN QUINCY \$40.00
[] 1 YEAR OUTSIDE QUINCY \$42.00 [] CHECK ENCLOSED
[] 1 YEAR OUT OF STATE \$50.00

READERS FORUM

Thank You For Sharing Personal Experiences Of Racism, Bias

We are writing to express our deep appreciation and respect for the city residents who chose to share their personal experiences of racism and bias in Quincy at the Quincy City Council's Public Hearing on Jan. 19, regarding the creation of a Department of Social Justice and Equity.

Many of the experiences shared by our friends and neighbors were full of pain and fear, yet they were also full of resilience, perseverance, and a desire for Quincy to move forward and find new ways of being in community, ways that embrace and celebrate our diverse contributions to our city. In these stories, and people's brave willingness to share them, we see hope -- a hope that together, with the right resources and a sincere commitment, we can do better and be better as a community.

The experiences of our fellow Quincy residents are real and deserve to be treated with serious thought and action. We look forward to working alongside the proposed Department of Social Justice and Equity to achieve real change. Thank you to everyone who shared. Thank you to everyone who listened. Thank you to everyone who will continue to move the work of social justice and equity forward.

The Equity, Diversity, and Inclusion Subcommittee
Quincy Citywide PTO

Government Can't Break Down Walls That Divide Us But We Can

Recently, the Quincy City Council held a public hearing on Zoom thanks to COVID-19 and it seems the latest big issue out there is the calling for a new Department of Social Justice to safeguard the rights of all its city residents from being victimized by acts of racism. I consider myself anti-racist meaning I don't just say I oppose racism, I try and advocate against it. If one just sits by acting like an innocent bystander, you are condoning acts of racism.

However, setting up a city department to do what? Taking complaints? Creating task forces? Holding more meetings? I thought City Councillor Ian Cain made some valid points. How does creating a new city department effect positive change for all residents impacted by any acts of racism? When people are demeaned by racist slurs, they can accept it and move on or they can demand that their city and its residents live up to its reputation of being a welcoming and diverse community.

Councillor Cain is on to something. Any city department has to have a mission. The city council can pass the idea of a new department by an 8-1 vote but before it needs to go to the mayor, the councillors need to come up with how this new department will work and what powers it will have to respond to issues of race brought before it. I'm not even sure that a one-person department can actually do anything but write press releases.

Councillor Cain correctly pointed out that racism is always under the radar and invisible to the eyes of many and it isn't something you fix through the creation of a social justice department.

I grew up in Roxbury in the 60s and 70s when it was a very diverse community multi-racial and multi-ethnic and I grew up in a family rich in racial and ethnic diversity. We are all far better today than we once were when there were so many stereotypes out there breaking us all into separate boxes. People still try and do that today but they are getting challenged today like never before.

Government can't break down walls that divide us but we can. If we want strong, safe and healthy neighborhoods, it is about all of us working together to get that. It takes work. It takes commitment. We can't pass the buck to someone else. It is our job.

Racism is America's Original Sin and only we as human beings are capable of tearing this disease of ours apart. It begins by treating others not as "others" but as us.

I was only 19 years old when Dr. King was killed. I remember how he fought and inspired us to stand up and do the right thing. If Quincy is to get better today, it will be because that is what we want for it.

Sal Giarratani
East Boston

More Readers Forum
On Page 20

\$12.8 Million In Anti-Violence Grant Funding

Cont'd From Page 5

agencies and organizations receiving these funds are bringing hope and healing to the people who need it most, and they strengthen our communities through their commitment to providing survivors and their families with safety nets and critical resources."

The Metropolitan Area Planning Council, which partners with the city of Quincy, received \$651,525.80 in Shannon CSI funding, and DOVE, a Quincy non-profit, was awarded a VAWA STOP grant of \$74,300.

"I am pleased to see this anti-violence funding in the district, particularly for an organization like DOVE, which does such important work," said state Sen. John Keenan. "The pandemic has highlighted, as with many other causes, the need for heightened support of social service organizations."

"DOVE does incredible work in our communities and is committed to promoting awareness and bring-

ing healing to individuals impacted by domestic violence or partner violence," said Representative Tackey Chan. "DOVE has a strong partnership with the Quincy Police Department and the Norfolk County District Attorney's Office, and I am grateful that this funding will be used to expand their outreach with specialized domestic violence/sexual assault prosecutors."

The 1994 Violence Against Women Act (VAWA) marked a turning point in the federal recognition of the extent and seriousness of violence against women and solidified a commitment by the federal government to address the problem by providing federal resources. A total of 37 agencies and organizations received VAWA STOP grants ranging from \$25,970 to \$229,267, totaling \$2.9 million.

The Shannon CSI Grant Program supports regional and multi-disciplinary approaches to combatting gang violence through co-

ordinated prevention and intervention, law enforcement, prosecution, and reintegration programs. Bringing academic and research centers together with municipalities to address the gang and youth violence in the community, this grant funds enforcement and meaningful alternatives to at-risk and gang-involved young people. Fifteen Shannon Community Safety Initiative sites and 13 Local Action Research Partners received awards from \$94,578 to \$1.8 million, totaling \$9.96 million.

"As a modern law enforcement agency, the Quincy Police Department sees the value of VAWA and Shannon grants every day on our streets and across Massachusetts," said Quincy Police Chief Paul Keenan. "We all have an important part to play in violence prevention, and we remain committed to working with the Baker-Polito Administration and our community-based service providers to meet that goal."

"Our VAWA STOP grant has enabled DOVE to grow meaningful partnerships with eight police departments since 2008, with Quincy PD as the anchor and core partner," said Sue Chandler, executive director of DOVE, Inc. "With Civilian DV Advocates contacting victims after police are dispatched on a DV call, DOVE staff are able to reach victims who didn't know about the broad array of services available through DOVE. Their confidentiality is protected because we are an independent organization."

"The partnership provides a lifesaving path for many victims in situations of great danger. In coming years we hope to strengthen the model to better serve others for whom reaching out to the criminal legal system hasn't been a safe option. We are grateful for this continuation funding from EOPPS [the Executive Office of Public Safety and Security]," Chandler added.

Crash Tests Reveal Modest Speed Increases Can Have Deadly Consequences, Says AAA Safety Organizations Find High Speeds Cancel Out Vehicle Crashworthiness And Safety Technologies

Small speed increases can have huge effects on crash outcomes, as shown in new crash tests by the AAA Foundation for Traffic Safety, the Insurance Institute for Highway Safety (IIHS) and Humanetics.

The safety organizations conducted crashes at three different impact speeds (40, 50 and 56 mph). They found the slightly higher speeds were enough to increase the driver's risk of severe injury or death.

Data from the National Highway Traffic Safety Administration (NHTSA) shows that since 2010 in Massachusetts, there have been more than 22,000 injury crashes involving unsafe speeds, including more than 2,500 serious injury crashes. And from June to November 2020, more than 200 speeding tickets were issued each month to drivers speeding 100 miles per hour or higher—while 2019 saw no months with that number of speeding tickets. More speed-related crashes occur on Fridays and Saturdays, and Boston, Springfield, Worcester, Brockton and Lowell record the highest numbers of speed-related crashes.

Drivers often travel faster than posted speed limits, but when officials raise limits to match travel speeds,

people still go faster. Today, 41 states allow 70 mph or higher speeds on some roadways, including eight states that have maximum speeds of 80 mph or more. A 2019 IIHS study found that rising speed limits have cost nearly 37,000 lives over 25 years. AAA and IIHS urge policymakers to factor in this danger from higher speeds when considering speed limit changes.

"We conducted these crash tests to assess the effect of speeds on drivers and learned that a small increase could make a big difference on the harm to a human body," said Dr. David Yang, executive director of the AAA Foundation for Traffic Safety. "A speeding driver may arrive at their destination a few minutes faster, but is the tradeoff of getting severely injured or even losing one's life worth it if a crash occurs?"

Speed limits should not

"Higher speed limits cancel out the benefits of vehicle safety improvements like airbags and improved structural designs," said Dr. David Harkey, IIHS president. "The faster a driver is going before a crash, the less likely it is that they'll be able to get down to a survivable speed even if they have a chance to brake before impact."

When correctly set and enforced, speed limits improve traffic flow and maximize all public road users' safety.

"Cars are safer than they've ever been, but nobody's figured out how to make them defy the laws of physics," said Harkey of IIHS. "Rather than raising speed limits, states should vigorously enforce the limits they have."

Speed limits should not

be raised or lowered only to manipulate traffic volume on a particular roadway. States are urged to use engineering and traffic surveys when setting maximum speed limits.

"Policymakers need to also think beyond enforcement to control speeds and should consider infrastructure changes based on road type to calm traffic flow appropriately so that posted speed limits are followed," said Mary Maguire, Director of Public and Government Affairs.

This study is the second part of the AAA Foundation for Traffic Safety research examining the effect of posted speed limit changes on safety. In the Foundation's first study, traffic engineers were asked how posted speed limits are set and what factors they consider in changing them.

47 Quincy Students On Bridgewater State University Dean's List

Forty-seven students from Quincy have been named to the Dean's List for the fall semester at Bridgewater State University.

They are:
Jelinsky Alteus, Eric Billard, Shannon Boylan, Rebecca Brennan, Lynne Campbell, Lauren Cardarelli, Marissa Cawley, Adam

Chan, Jenny Chau, Bogdan Cormos, Julia Crawford, Kayla Dady, Justin Dodge, Ashley Faiella, Lea Farah, Kyle Gassenheimer, Sarah Gibbons, Kaitlyn Goff, Lauren Golden, Stephen Hallahan, Josh Helfrich, Bao Huynh, Julianna Kane, Hannah Kyller, Bryan Lally, Qihong Li, Dan Maier, Lorena Martinez, Matt McFar-

lane, Kayla McGaughey, Aidan Mordas, Deirdre Mulkerrins, Alicia Murphy, Molly Murphy, Jake Murray, Zachary Nestell, Cullen O'Connell, Taniya Sprinkle, Madison Synan, Peggy Tam, Steph Teixeira, Brenna Tobin, Alexa Topalli, Andrea Weng, Weijing Wu, Seungjae Yun and Kerin Ziegler.

FEB

4

2021

Morrissey's Expungement Legislation Becomes Law

Cleaning up old criminal records, which can be barriers to employment, education, and training, just got easier through legislation drafted by Norfolk District Attorney Michael Morrissey.

"The sweeping police reform bill signed by the Governor on New Year's Eve included the expansion of the expungement statute that Representative Tackey Chan and I filed in 2019," Morrissey said. "It also includes a provision allowing those who were previously rejected to resubmit if they are now eligible."

Massachusetts has long had a statute allowing for some criminal records to be sealed, but that is of only limited help when applying for certain employment, training, education, and types of housing. The Criminal Justice Reform Act of 2018 created the first expungement process, whereby a judge can erase certain non-violent offenses entirely, if a person meets criteria including being under 21 at the time of offense.

"I brought together members of the judiciary, court personnel, the defense bar,

and my prosecution staff, for a training seminar on the initial expungement statute in December of 2018. We began working with defense attorneys to get those petitions moving," Morrissey said. "Within a few months of beginning that push, it became clear to me that the law was too narrowly drawn to achieve its intended restorative and social justice goals."

Prior to the change proposed by D.A. Morrissey, submitted by Rep. Chan (D-Quincy), and co-sponsored by Rep. Carolyn Dykema (D-Holliston), records could only be expunged if they contained a single charge, even if multiple charges arose from the same incident.

"We saw people being excluded from the process because they were charged with both trespassing and disorderly conduct for a single event. It made no sense," Morrissey said. The piece, Bill H.3250 (malegislature.gov), received a favorable report from the Judiciary Committee after D.A. Morrissey met with committee's House Chair, Rep. Claire Cronin. "I am thankful

that the Legislature, and in particular Representatives Chan, Dykema, and Cronin who saw the importance of this. They recognize that sometimes people need and deserve a second chance."

The expanded law still excludes sex offenses, violent crimes, and operating under the influence. "The expansion is modest. But if the objective of the expungement statute is to recognize that a single mistake or dumb decision should not necessarily haunt someone forever, this change achieves that goal more thoroughly," Morrissey said.

The Massachusetts criminal justice system has evolved in several other ways to reflect the changing scientific understanding of the developing brain and how it shapes behavior across time — including increasing the age for entry to adult court up to 18.

Under this section, those looking to clean up their records should first contact the Probation Department's expungement hotline at 617-557-0225. "The law has already taken effect," Morrissey said. "People can call today."



STATE REP. Tackey Chan, left, worked with Norfolk District Attorney Michael Morrissey on legislation expanding the state expungement statute that was signed into law on New Year's Eve. The change eliminates barriers to employment and training for people who made a single mistake in their youth.

Courtesy Photos

Live Online: Robert Reich, 'The System, Who Rigged It, How We Fix It' Feb. 11

Millions of Americans have lost confidence in our political and economic system. With the characteristic clarity and passion that has made him a central civil voice, former Secretary of Labor in the Clinton administration Robert B. Reich shows how wealth and power have interacted to install an elite oligarchy, eviscerate the middle class and under-

mine democracy.

The Thomas Crane Public Library invites the public to join an engaging conversation with Reich on his latest book, "The System: Who Rigged It, How We Fix It," at 7 p.m. Thursday, Feb. 11. Christopher Lydon, host of the original podcast, Open Source, heard in Boston on WBUR, will moderate.

Space is limited, register

at <https://docs.google.com/forms/d/e/1FAIpQLSfiHB5Vlosskm2245zI3mdHeknbcbkxOEtLdXgDobQ2kZALA/viewform>.

Login information will be sent the day of the event. The online program is hosted in partnership with the Newton Free Public Library.

To borrow The System from the library, reserve it from the online catalog.



HOUSE JUDICIARY COMMITTEE Chairperson Claire Cronin met privately with Norfolk District Attorney Michael Morrissey on the public hearing date for his bill to expand the state expungement statute, eliminating barriers to employment and training for some who made a single, non-violent mistake in their youth.

Live Online: Falls Prevention, Stress Management For The Aging Adult

The Thomas Crane Public Library invites the public to join Debbie Lyn Toomey, RN, coordinator of the Tufts Medical Center's Injury Prevention Program, for a program focused on preventing falls and managing stress for the aging adult.

The program continues on the second and fourth Tuesdays in February. From 10 to 11 a.m. Feb. 9, Toomey will again be joined online by special guest Katy Kowalski, the Injury Prevention Coordinator at Beth Israel Deaconess Hospital. Kowalski will continue her discussion about ThinkFirst. ThinkFirst's mission is to prevent brain, spinal cord and other traumatic injuries through education, research and advocacy. Participants do not have to have watched the first part of this

talk to join this one.

Everyone is welcome and encouraged to attend any of all of the sessions in this multi-part program that teaches and empowers aging adults and those who care for them with skills and ideas that decrease falls and increase independence. This evidence-informed program will discuss practical and proven exercises that promote health and well-being. Each 60-minute session will build upon the previous one(s) to deepen your aging strong experience,

but you can attend any or all, depending upon your availability. They will be recorded for later viewing and sharing and made available on the library's YouTube channel.

Join on Zoom (meeting ID: 874 7134 0892). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the Crane Library's YouTube channel and on its Facebook page.

Two Quincy Students On Saint Anselm Dean's List

Two students from Quincy are on the Dean's List for the first semester at Saint Anselm College in Manchester, N.H.

They are:

Emily E. McCarthy, Class of 2024, politics; and Shaylen R. vanGestel, Class of 2024, Edu Studies: Elem Educ.

Live Online: Restorative Yoga Feb. 9

Rest, relax and unwind with Restorative Yoga and Peaceful Sleep Yoga Nidra in this series happening every Tuesday at 7 p.m. through Feb. 16. The next session is Feb. 9.

This series is led by Quincy's own Christine Way-Cotter, the founder of SeaCret Garden, who had the following to share about what she will lead:

"Restorative yoga restores the body to its parasympathetic nervous system function, which, in turn, helps the body rest, heal, and restore balance. By allowing time for longer asanas (postures or poses) and deeper breathing, restorative yoga helps elicit the relaxation response. A restorative yoga sequence typically involves only five or six poses, sup-

ported by props -- pillows, blanket, blocks, or bolsters -- that allow you to completely relax and rest. Held for five minutes or more, restorative poses include light twists, seated forward folds, and gentle backbends. Yoga Nidra or yogic sleep is a state of consciousness between waking and sleeping, like the "going-to-sleep" stage, induced by a guided meditation. There is evidence that Yoga Nidra helps relieve stress."

Way-Cotter has 30 years experience in the healing arts, with experience and continuing education in the related fields of skincare, massage, herbalism, yoga, and plant spirit medicine. She was certified as a yoga instructor by the Kripalu Center for Yoga and Health

in Stockbridge in 1999. Way-Cotter teaches gentle, beginner, and intermediate Kripalu Yoga, a form of Hatha Yoga that incorporates breath work, meditation, and physical postures to quiet the mind. She has continued her training to offer Prenatal, Children's, Partner Yoga, Yin Yoga, Five Element Yoga, 12 Step Yoga and Recovery, and Yoga Nidra.

Join on Zoom (meeting ID: 818 7608 1966). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the Thomas Crane Public Library's YouTube channel and on its Facebook page.

Liang: 'More Impactful' To Add Equity Department

Cont'd From Page 1

Planning Department and a number of other team members have been amazing with implementing that work, but first and foremost they are planners in the Planning Department."

"You sort of think about that and reflect it on all the other departments across the city," Liang added. "There are people who are doing this work right now, however, for this kind of work, I think it's really important to have somebody leading that department and ultimately filling out a staff who are educated in this kind of work."

"Even for me, I'm a young minority woman, that doesn't mean I'm an expert on minority issues or issues facing people of color. It does not make me an expert just because I have experience in that."

"To have a department specifically focused on this work calls for that education and calls for that kind of expertise to make sure we put our best foot forward. I think that's why it is going to be helpful to have this department, because we are creating that space for that kind of work to be fulfilled by somebody who, again, is educated in that work, has

experience in that work, and knows what we need to do to actually be successful in this work moving forward."

Liang was optimistic she and Koch would be able work together on the matter.

"The mayor and I certainly have our disagreements on things, and I think people have seen that over the years, but what I hope people have also seen over the years is that we work really well together, and I appreciate that," Liang said.

"I appreciate that both he and I can be on different sides of an issue but come together to really be impactful in our work and be effective in our work and I hope that the same will apply to this department."

While concerns about social justice and equity are a national issue, Liang said that does not mean they should not be addressed at the local level.

"One of the things I want to sort of dispel the notion of is that this is a national issue that should stay in national politics. I would say, and I think this is important to remember as well, all politics is local," she said.

"That saying doesn't come from nowhere - it comes from the truth. Ultimately, I think any issues



NINA LIANG, the president of the City Council and a councillor at-large, speaks in the Great Hall of the James R. McIntyre Government Center at the swearing-in ceremony for newly appointed Ward 2 Councillor Anthony Andronico Jan. 28. Liang and two of her council colleagues, Councillors Brian Palmucci and Noel DiBona, put forward an ordinance to establish a proposed Department of Social Justice and Equity. The municipal department - if funded by Mayor Thomas Koch - would focus on social justice and equity in Quincy. Liang told The Sun that a new department would be more impactful than having existing city employees address those issues on their own.

Quincy Sun Photo/Robert Bosworth

that get taken up on the local level, the state level, the federal level - whatever it may be - comes from your local communities.

"Yes, this is a national conversation, but it comes from things that are happening locally. That's really

important too. I understand this is a much larger conversation that is happening out in the world, but it comes from things that are happening in people's day-to-day lives and that is something we are also charged to do in

this role - what can we do to improve the lives of people right here in this community.

"If it is impacting people here in this community, I feel it is my responsibility to do something to address that."

Liang Eager To Get Back To In-Person Meetings

By SCOTT JACKSON

City Council President Nina Liang said she and her colleagues are keen to begin meeting in-person again but will wait until it is safe to do so.

The council has gone completely remote since last March amid the pandemic. Councillors have used Zoom, a videoconferencing service, to meet since then with attendees participating from their own home or office. Residents who wish to view the meetings can log into Zoom on their computers, call in on their phones, or watch them on QATV.

Liang, the City Council president since January 2020, said she hopes to resume in-person meetings soon but there is no firm date on which that would happen.

"Since last March that is a conversation we have constantly, trying to figure out what we can do to safely meet in person," she said in a recent interview.

"When we started meeting remotely and kept that through the remainder of the spring, we said we would revisit this in the fall when we were done with our summer recess. And then numbers continued to stay high so we were like let's just finish out the remainder of this year and we will have this conversation to start in January, and then cases started spiking."

One possibility Liang mentioned was having at least some of the nine city councillors meet in-person, but she said that might not be logistically possible at the moment.

"We've talked about having folks sit in different areas of the council chamber and having cameras set up for those who still want to participate through Zoom but make sure they are still part of the council as far as the conversations go," Liang said.

"The problem is that all of our meetings are public so

we need to be mindful that on any given day we could have a ton of folks wanting to come to the meetings and we certainly don't want to turn anyone away. Just logistically, I don't think it is worth the risk right now, but we are eager to get back in person.

"I'm a people person too. I miss hugging and seeing people. A lot of the work being done in person, I think, is better than doing things remotely. But as much as we are all eager get back in person, we want to keep everyone safe first and foremost. Keeping in mind we want to allow access to the public, it's not feasible right now."

Going forward, Liang said councillors would likely walk, not run, back to in-person meetings, meaning a hybrid approach could be used to allow people to keep participating in them remotely.

"One of the things that I think has been really good I

Cont'd On Page 20

QUINCY COLLEGE

NEW 7 & 10 WEEK COURSES

FEBRUARY 10, MARCH 1 & MARCH 24

IT'S NOT TOO LATE TO REGISTER!

COURSE OFFERINGS INCLUDE:

>> FEBRUARY 10

- FEDERAL TAX
- BASIC DRAWING
- ORGANIC CHEMISTRY II
- INTRO TO COMPUTERS

>> MARCH 1

- ACCOUNTING
- MICROBIOLOGY
- INTRO TO BUSINESS
- ANATOMY & PHYSIOLOGY

>> MARCH 24

- NUTRITION
- GENERAL BIOLOGY
- STATISTICS
- PRINCIPLES OF CUSTOMER SERVICE



QUESTIONS?

CONTACT: KAREN SCHEELE AT

ADMISSIONS@QUINCYCOLLEGE.EDU, 617-884-1710



FEB

4

2021

Quincy Rocks! With Inspirational Hand-Painted Messages

If you have come across any hand-painted rocks with inspiring messages of hope and joy, you can thank a Quincy mom and her two sons.

Ashlee Saunders-Tint and her two sons, Adam, age 8 and Alexander, age 5, have created approximately 200 hand-painted stones since last June. Ashlee launched a Facebook page called "Quincy Rocks!" so that folks in the community can share in their positive messages in the throes of the COVID-19 pandemic.

"At a time when people were feeling isolated, sad, unhappy and maybe even a little hopeless, Facebook's Quincy Rocks! page was created," Ashlee explained. "In the summer of 2020 the goal was to spread joy, one rock at a time. This growing rock community works to promote random acts of kindness to unsuspecting recipients by painting and sharing rocks all around Quincy. From Houghs Neck to North Quincy, be on the hunt for these inspirational rocks."

"It is a growing and interactive community connecting with the people of Quincy," Ashlee adds.

Adam is a third grader at the Clifford Marshall School and Alexander is a kindergartener at the school. Ashlee says the rock painting activity is great for children to get involved in.

"I find they have a lot of

Five On UNH Dean's List

Five students from Quincy are on the Dean's List for the fall semester at the University of New Hampshire in Durham, N.H.

They are:

Celia Hussey, Highest Honors; Olivia Hussey, Highest Honors; Caroline Fitzpatrick, Honors; Remy AuCoin, Honors and Maeve Farrell, Highest Honors.

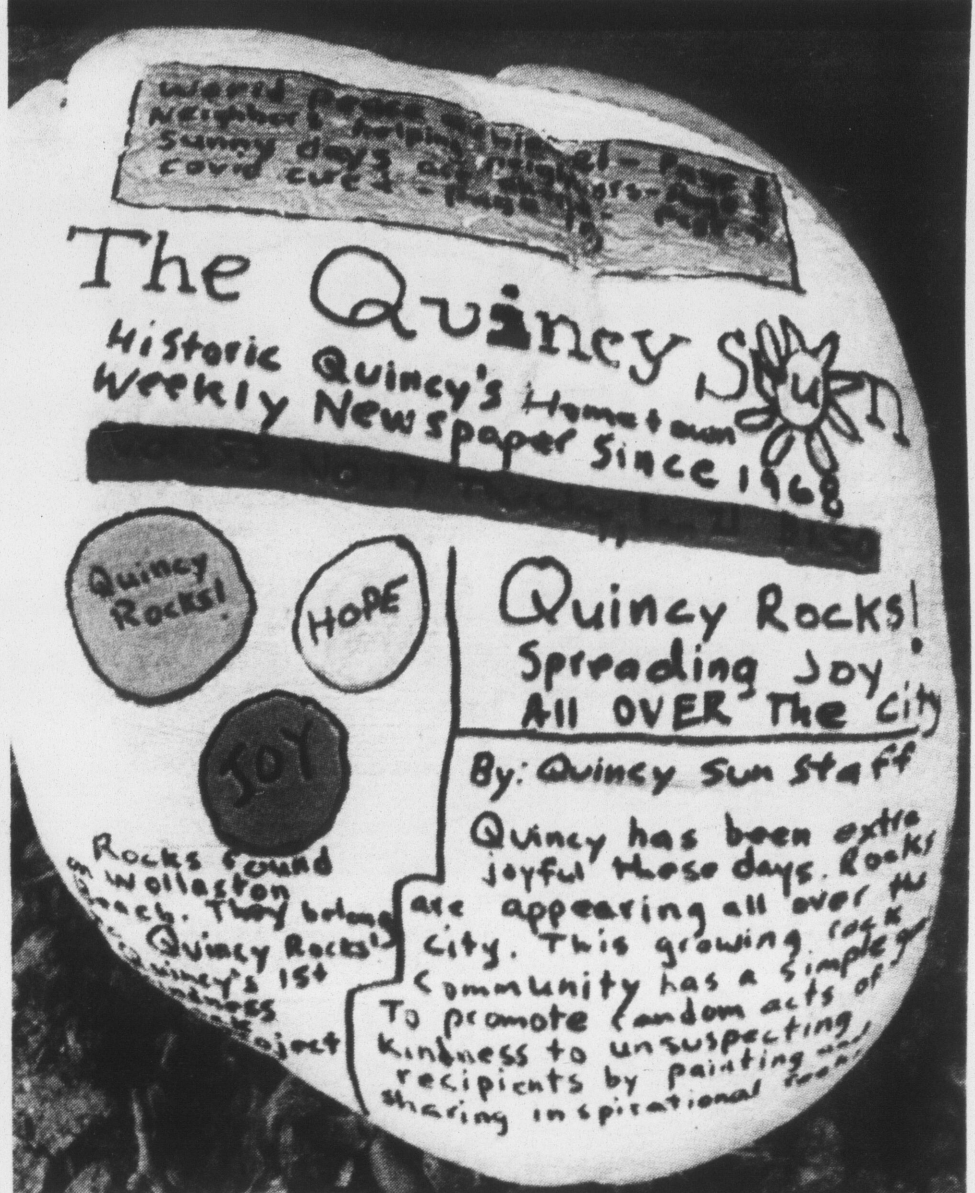


fun making art and hiding it for others to see. You can tell them to find the group of Facebook labeled Quincy Rocks!"

Ashlee says she does a "rock of the day" and posts it on her Facebook page. "I also sometimes give clues to where the rocks are, mak-

ing it have a scavenger hunt feel. Other members in the group have taken to creating rocks and hiding them in the city as well.

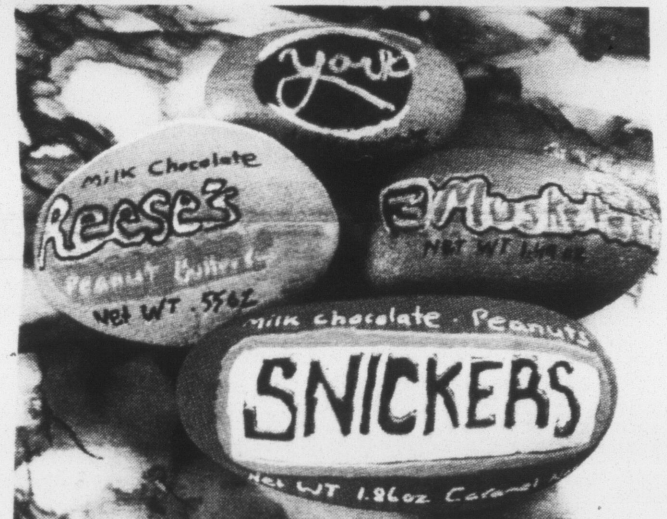
"I welcome all the help because Quincy is so large," Ashlee continues. "One of the things I wanted to stress was to make it work



and be interactive is to have people who find these rocks come to the group and show the rocks they found to the group. It helps build a sense of community.

"Members who see that someone found their rock and it really brought them out of their bad day are thrilled. It's an all-natural high seeing you really made someone's day."

Shown here are some of the rocks Ashlee and her sons have created.



Lower rate. Lower payment. Bigger smile.

Refinancing your mortgage with Bank of Canton could save you money. 30-Year fixed rates for new purchases were recently as low as

2.750% RATE | **2.841%** APR

Refinance rates are great, too!
Get a free custom quote:

www.ibankcanton.com/refinance

*All loans subject to credit approval. Annual percentage rate (APR) shown is for a 30-year, no points, fixed-rate purchase mortgage as of 1/27/21 and subject to change at any time. Rate for refinance may be different. APR is for single-family, owner-occupied, primary residence purchase, and assumes a FICO score of 740 and 20% down payment. Interest rate of 2.750% (2.841% APR) on a 30-year fixed loan of \$300,000 requires 360 monthly principal and interest payments of \$1,224.72. Payments do not include taxes, insurance, and, if applicable, estimated mortgage insurance or homeowners' association dues; your actual payment will be greater. Other products, rates and terms are available.

Member FDIC. Member DIF.
NMLS #408169

BANK OF CANTON

888.828.1690
www.ibankcanton.com

JOAN'S OLYMPIC GYM
Gymnastics & Dance School

Winter Program
Accepting
NEW Registration
Sign up NOW
CLASS SIZE LIMITED!

Voted #1 On The South Shore
781-843-9624

An excellent educational environment for your child.
197 Quincy Ave, Braintree
joansolympicgym.com

MIAA OKs Modifications For Fall II Sports Including Football

Season Set Feb. 22 - April 25

The Massachusetts Interscholastic Athletic Association (MIAA) COVID-19 Task Force representatives presented Fall II Season sport modifications and recommendations Jan. 29 for the 2020-2021 Year to the MIAA Board of Directors.

This presentation culminated the MIAA governance process which included sport-specific sub-committee meetings where current Executive Office of Energy and Environmental Affairs (EEA) and Massachusetts Department of Elementary and Secondary (DESE) guidelines were reviewed. Sport sub-committees created or updated sport specific modifications, presented them for approval to the full sport committee and then presented, for approval, to the MIAA Sports Medicine Committee (SMC).

The MIAA Covid-19 Task force subsequently reviewed and approved the modifications.

MIAA Executive Director Bill Gaine stated, "Today's actions by the MIAA's Board of Directors are the culmination of the work of our membership committed to establishing optimal standards of health and safety

that will provide the restoration of Fall sports for 1,000s of MIAA student-athletes."

The MIAA Board of Directors voted to approve sport-specific modifications for the Fall II Season. These modifications will continue to be reviewed as they relate to current regulations surrounding COVID-19 and may be modified if necessary. Additional modifications or the decision to participate in MIAA-recognized Fall II sports will be determined by local school districts and/or their local Boards of Health.

MIAA President Jeffrey Granatino said, "We made adjustments in the fall and had a success first season. We made additional modifications for the winter and our student-athletes have been actively engaged since December. Now we are hopeful that with the guidance from the Governor's office and of EEA, along with the work of our various committees, that we will be able to have a safe and successful Fall II Season."

The following sports have been approved by the MIAA for the Fall II Season:

Cheerleading, football,

indoor track and unified basketball. The following sports were approved for the Fall I Season, however, local districts may have decided to move them to the Fall II Season: cross country, dance, golf, field hockey, soccer, swim and dive, and volleyball.

The timeframe of the MIAA Fall II Season is Feb. 22-April 25. There will be no MIAA sponsored post-season tournament for the fall II season.

Rule and modifications for football include:

Social Distancing:

• Practice

Coaches are responsible for ensuring social distancing is maintained between players as much as possible. This includes additional spacing between athletes while stretching, warming up, chatting, changing drills, etc. Athletes must maintain spacing, and there should be no congregating of athletes while running drills. Workouts, when possible could be conducted in 'pods' of athletes, with the same 5-10 athletes always working out together. Ideally athletes should not move between pods for the entire season. This ensures more limited exposure if someone develops an infection. Records

should be kept of who is in each group, each day.

• Locker Rooms

Locker rooms and changing areas must remain closed per EEA Guidance, except for toilet facilities. For sport activities that occur directly after school, locker rooms may be used for changing only, with no more than 10 users at one time and with social distancing and face coverings maintained. Locker rooms may not be used for storage. Facility Operators should ensure that users can abide by capacity restrictions and social distancing standards and establish signage and visual guidelines. Signage should remind users to limit time spent in enclosed area. If locker rooms are utilized, staggered use based on time and distance is recommended.

When possible, students should report to workouts in proper gear and immediately return home to shower, clean clothing, and equipment at the end of every workout.

• Benches

No benches should be used during practice. Players' items should be separated as below for personal items, at least 6 feet apart. Benches should be permit-

ted only during games with six feet of distancing required between participants. Athletes and coaches should maintain the same seat for the duration of the game.

• Playing Surface Access

Only essential personnel are permitted on the practice/competition field. These are defined as athletes, coaches, medical personnel/athletic trainers, and officials (competition). All others (i.e. managers, photographers, media, etc.) are considered non-essential personnel and are not to be on the field of play.

• Personal Items

It is recommended that each athlete bring their own gym bag for personal items (see gym bag information below). All personal items should remain in the gym bag when not in use. Gym bags should be placed in a predetermined area 6 feet apart for the duration of practice.

• Huddles

Social distancing (6 feet between individuals) must be maintained, and face coverings utilized at all times. Communicating with smaller groups is preferred. Huddles may not occur in locker rooms.

• Team Handshakes

Athletes shall NOT ex-

change handshakes before, during or following practices and competitions. Some MIAA sport specific modifications suggest sportsmanship recognition practices which replace handshakes.

• Spectators

Spectators must practice social distancing between different household units and accept personal responsibility for public health guidelines.

The number of spectators is determined in compliance with EEA, DESE and DPH guidelines.

• Media

All social distancing and hygiene guidelines for spectators must be followed by media members planning to attend games. Media members should contact host school administrators prior to arriving at games to plan appropriate entry and available workspace.

• Travel

Student-athletes, coaches, spectators, and any others associated with the athletic program (if not from the same household) are required to wear face coverings during travel to and from game locations. This is particularly important for car pool and bus situations.

For more information, visit the MIAA website.

NQ Girls Hoop Makes 2nd Half Comeback Over Hanover

By TOM JOYCE

Call it a comeback for the North Quincy High girls' basketball team last Friday night.

The Red Raiders hosted the Hanover Hawks on Friday, Jan. 29 and despite Hanover outscoring them at a nearly two-to-one rate in the first half, a dominant third quarter propelled the team to a 57-51 victory. The win put the Red Raiders at 4-4 on the season.

Hanover started the game with dominance, scoring 10 unanswered points. They led by 14 points at the end of the first quarter and at halftime, they were up 33-17.

Hanover got each of the first five baskets of the game. That included a layup under the basket with 6:28 remaining, a three-pointer following an NQ turnover 27 seconds later, a free throw with 5:06 remaining, a three-pointer 25 seconds later, and another free throw with 4:13 left.

NQ got on the board with 3:44 left in the first quarter. Sophomore Bridget Capone stole the ball, passed it to senior Fallon Hobin, and freshman Orlagh Gormley (11 points) put up a basket on a second-chance scoring opportunity to make it 10-2.

Hanover countered with a basket on their next drive and while Hobin,

who scored a team-high 21 points in the win, sank a three-pointer with 2:44 left in the quarter, Hanover made one less than 10 seconds later, making it a 15-5 game. Hanover made a free throw and a pair of baskets before the quarter ended and as time ran out, Capone hit a free throw making it a 20-6 game. It was the first and only quarter of the game where Hanover outscored NQ.

In the second quarter, NQ made some early progress and while Hanover had some success shooting the ball, NQ outscored them by two points. It started with freshman Mollan Toland stealing the ball and scoring on a fast break with 7:46 remaining. Hanover then squandered an offensive possession with a traveling call. The two teams traded possessions and then with 5:44 left, Gormley sank a deep two-pointer making it a 20-10 game. Then freshman Ava Bryan cut the team's deficit to eight points with another deep two about 20 seconds later.

Hanover responded with a 9-0 run that included a pair of layups, two free throws, and a three-pointer. NQ broke this streak up with a bucket from Bryan following a Gormley steal with 2:16 left in the quarter. Ha-

nover made two more shots before the quarter ended and Hobin made a three-pointer with just a couple of seconds left in the first half, making it a 33-17 game.

In the quarter to follow, a serious momentum shift occurred: NQ outscored their opponent 27-5 and took the lead.

NQ made some early progress with Bryan and Gormley hitting shots in the first minute of the third, but Hanover made a shot underneath the basket shortly thereafter making the score 35-21 in their favor. From there, NQ went on a 12-0 run and cut the deficit to two points.

Gormley had a steal and then a finger roll layup with 5:34 remaining and less than a minute later, junior Kiera Sleiman made a three-pointer. Hanover missed a free throw with 4:21 remaining and with 3:31 left in the quarter, Hobin scored on a three-point play. She made the layup, got the foul, and hit a free throw. About five seconds later, Gormley also scored for NQ on a quick steal and fast break. Then after a Hanover missed shot, Bryan grabbed the rebound, passed to Gormley, and Hobin made a layup with 3:09 left to make the score 35-33.

Hanover responded with a three-pointer on their next

possession. Bryan then made a shot for NQ and with about two minutes left, Gormley made a basket following a Hobin steal, making it a one-point game.

NQ then took the lead with 1:42 left in the third quarter on a shot from Hobin following a rebound and pass from Gormley. Hanover then missed the shot on their next possession, Hobin made a three-pointer, and Hanover overthrew the ball out of bounds on the possession after that. As time expired in the third quarter, junior Alex Abrahamovich made a shot under the basket, giving NQ a 44-38 lead.

NQ managed to protect that lead in the fourth quarter with each team scoring 13 points.

Hanover spent the quarter trying to chip away at the lead. While Hobin gave NQ an 11 point lead with a three-pointer less than two minutes into the fourth quarter, Hanover clawed back. They hit a free-throw and a three-pointer to cut the deficit to five. While Bryan hit a three-pointer for NQ with 4:12 left to make the score 53-45, Hanover responded with a 6-0 run to come within a basket. Hanover made a pair of free throws with 3:38 remaining and two more with 2:36 left. A

steal and a layup with 38.6 seconds remaining made the score 53-51. However, in that span, Hanover missed the first shot on a one-and-one free throw opportunity, preventing them from getting closer.

Following the timeout, NQ inbounded the ball, and shortly thereafter, Hanover fouled Sleiman as NQ tried to let the clock rot. Sleiman hit both of her free throws, but Hanover called a timeout after she made the first one. Hanover also sent Hobin to the line with 18.7 seconds left and she made a pair of free throws.

Then Hanover missed a three-pointer and NQ let the clock expire to take home the win.

For NQ, the win put the series on the year between the two teams at 1-1. The two teams faced off against each other on Tuesday, Jan. 12, and Hanover won that game 50-44.

In other action, after taking a 14-8 after one quarter, North dropped a hard fought game at Scituate, 46-38. Hobin led North with 13 points

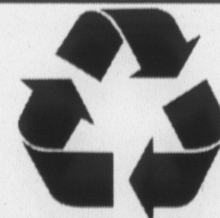
followed by Gormley with 12 and Ava Bryan with 10.

North continued its season long road trip with a loss at Hingham, 47-33.

North had the lead by one at halftime, 20-19 with Gormley having 18 of the Raider points. Hingham outscored the visitors 28-13 in the second half to seal the win. Gormley led all scorers with 26 points and is averaging 19.9 a game through the season with Hobin averaging 13.

North hosts Quincy on Friday at 5 p.m. The NQ and Quincy boys will play at 7 p.m.

The roster for NQ this season includes: freshman guard Orlagh Gormley, junior guard Kiera Sleiman, junior guard Alex Abrahamovich, sophomore forward Bridget Capone, senior guard Fallon Hobin, sophomore guard Mary Beth Smith, freshman guard Ava Bryan, freshman guard Mollan Toland, freshman guard Ava McGrath, junior center Bryanna White, and freshman guard Caroline O'Donnell.



PLEASE
RECYCLE
THIS
NEWSPAPER

F
E
B

4

2
0
2
1

Sing away the winter blues!

JM Productions presents A "RISING STARS" Singing Competition

(for grades 6-12)

ENTER TODAY!

How to take part?

- 1 Record yourself singing
- 2 Register for the contest
- 3 Share your video submission

'Rising Stars' Singing Competition For Students Grade 6-12

JM Productions and its youth "Rising Stars" program announce an online singing competition for students in 6th to 12th grade. Interested students are asked to submit a video link of themselves singing by Feb. 15.

Entries will be judged by a panel of judges on vocal technique, performance and show design. Finalists will advance to Round 2, where celebrity judge and Broadway singer Alexa Green will score each student.

In addition to the celebrity judge score, each finalist will be featured on the JM Productions Facebook page for friends and family to "Like" or "Love" their

favorite singer's post for bonus points.

First Prize winner will receive:

- 45-minute private online Master Class with a professional Broadway singer Alexa Green (www.alexagreen.com).

- 30-minute studio recording time at PB & Jay Records studio in Scituate (www.pbjrecords.com).

- A solo in "Rising Stars" concert (post COVID-19), headlined by a Broadway celebrity.

Second and third prize winners will receive:

- A duet in our "Rising Stars" concert (post COVID-19), headlined by a Broadway celebrity.

"We wanted to do the contest in the winter because winter blues could set in — and COVID-19 blues could really set in," Executive Producer John McDonauld explained.

"Our voice is part of our identity and when you find your voice, you find your power," says Alexa Green. "I'm thrilled to be a judge and work with Quincy's Rising Stars program once again as I am committed to lifting up students."

All winners will be notified in the spring.

For further information and contest guidelines visit www.jmproductionsresents.com.



HARBORONE BANK recently awarded Quincy College \$7,500 to provide financial support to students during the pandemic. From left to right: Joe Silva, AVP Quincy Branch Manager HarborOne Bank; Jen White, VP Community Relations and President HarborOne Foundation; Quincy College President Dr. Richard DeCristofaro; Sarah Dupree, Relationship Banker Quincy Branch HarborOne Bank and Heather Nelson, Vice President Regional Manager HarborOne Bank.

Courtesy Photo

HarborOne Bank Awards \$7,500 To Quincy College

HarborOne Bank has awarded Quincy College \$7,500 to provide financial support to students during the pandemic. Officials from HarborOne and Quincy College met on the Quincy College campus to formally launch the emergency fund and discuss the distribution.

"This financial support from HarborOne Bank is making a major difference in the lives of our students during the pandemic," said Meghan Cassidy, associate vice president of Student

Success and Partnerships. To be eligible, students must demonstrate significant need related to food, housing, childcare, transportation, or education.

Jennifer White, president of the HarborOne Foundation, noted the natural fit between the two institutions. "As we just opened the first HarborOne branch in Quincy, it was a perfect time to reach out and show our support to our local students at Quincy College—a college in our hometown," said White. The new Har-

borOne branch is located in One Chestnut Place in the heart of downtown Quincy.

"We were delighted to receive a call from Jennifer White and learn that HarborOne wanted to be of assistance in this unprecedented time. We consider this the beginning of an important partnership," said Dr. Richard DeCristofaro, Quincy College President.

The award was the first ever received by Quincy College from the HarborOne Bank.

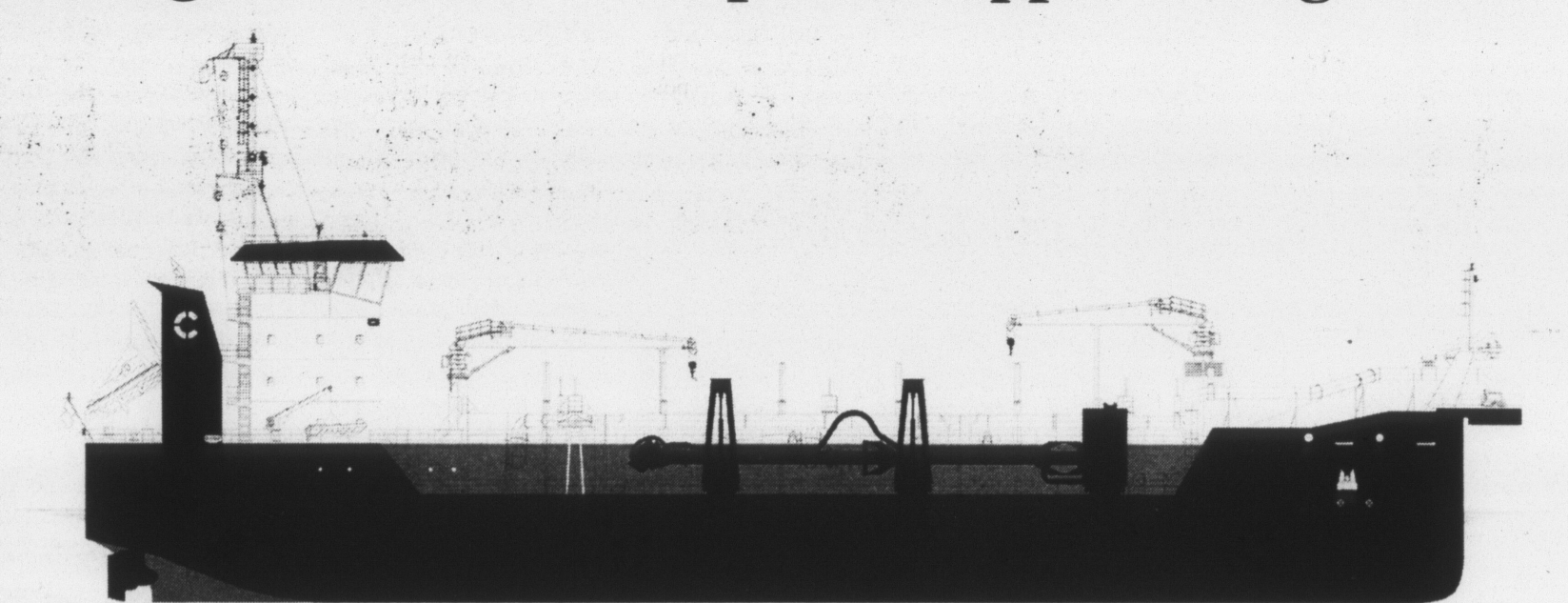
Cashman Design Contract To Expand Hopper Dredge Fleet

Cashman Dredging and Marine Contracting Co., LLC of Quincy announces the execution of a design contract with IHC America Inc. for a new 6,500 cubic yard trailing suction hopper dredge.

The new vessel will complement Cashman Dredging's current fleet of specialized dredging equipment and will primarily service the coastal protection and navigation maintenance markets when it enters service in 2024. This vessel represents a \$90 Million investment to be homeported in Quincy, with some outfitting taking place in Quincy as well.

The new Cashman hopper dredge is one of only four vessels built in the United States during the past 20 years under the Jones Act, which requires goods shipped between U.S. ports to be transported on ships that are built, owned and operated by U.S. citizens or permanent residents.

"Innovation has always been a driving force at Cashman," said Jay Cashman, founder and chairman of the Board. "It's the key to the company's continued success in creating the next generation of modern infrastructure, in revitalizing the nation's ports and waterways, in preserving the en-



CASHMAN DREDGING and Marine Contracting Co., LLC of Quincy has announced the execution of a design contract with IHC America Inc. for a new 6,500 cubic yard trailing suction hopper dredge.

Rendering courtesy Cashman Dredging and Marine Contracting Co., LLC

vironment, and in providing alternative sources of clean energy. This capital investment design announcement not only reflects Cashman's unwavering commitment to this core principle but also demonstrates our dedication to supporting the nation's infrastructure needs in partnership with the U.S. Army Corps of Engineers and to protecting U.S. economic and national security."

Based in Houston, Texas, IHC America's Sales Director Rafael Habib said, "We are very grateful to have been selected by Cashman to design and engineer its new 6,500 cubic yard hopper dredge. We are thankful to

Cashman for showing trust and confidence in our team. This IHC dredge design will not only be one of the most technologically advanced dredges in the country with the latest safety features, but it will also allow Cashman

to easily maneuver in shallow draft areas, providing the company with greater dredge project versatility.

"We look forward to working closely with the Cashman team in the weeks and months ahead."

Cashman Dredging and Marine Contracting Co., LLC provides dredging services along the East Coast, Gulf Coast, and in the Caribbean Basin, specializing in the areas of navigation, beach renourishment,

environmental dredging, and coastal resiliency. It also specializes in a wide range of marine contracting services including pier construction, jetty and revetment construction, and bulkhead construction.

Joyce & Gendreau Jewelers

Custom Designs • On-Premise Repairs
Quality Jewelry • Great Values
Over 100 Years of Honesty and Reliability
Friendly, Family Business

52 Billings Road No. Quincy
Facebook/JoyceandGendreau 617.328.0084

Dina's Hair & Nail Unisex Salon

5 School St., Quincy
617.479.1797

Adult Cuts	\$9 ⁰⁰
Color	\$30 ⁰⁰
Hair Cut & Blowdry	\$25 ⁰⁰
Matrix Perm	\$40 ⁰⁰
Wax, Lip & Eyebrows	\$6 ⁰⁰

Chair for Rent
call Dina for
more info.

Includes wash, cut & style
WE ALSO DO EXTENSIONS
1st time clients only

City Offering COVID-19 Vaccine To Eligible Residents

Cont'd From Page 1

mation about vaccinations for the remaining phase two groups when it becomes available.

Phase one of the state's plan began in December. All groups within phase one — health care workers including home health aides and workers doing non-CO-

VID-19-facing care, long-term-care residents and employees, and residents and employees at congregate care settings — are currently eligible to get the vaccine.

The general public will have access to the vaccine in phase three, which is tentatively expected to commence in April.

The state has established its own website — mass.gov/COVIDvaccine — for residents looking to book an appointment to get the vaccine. State officials have said they will also launch a dedicated call center as soon as this week.

Four mass vaccination sites are among the loca-

tions the state is currently accepting appointments for: Gillette Stadium in Foxborough, Fenway Park in Boston, the Eastfield Mall in Springfield and the DoubleTree Hotel in Danvers. A fifth mass vaccination site is planned for the Reggie Lewis Center in Boston and plans are in the works for

two other locations in the state.

The state plans to have 165 public vaccine sites open by mid-February. Some of the locations include pharmacies and retailers, including CVS, Big Y, Hannaford, Price Chopper, Stop & Shop and Wegmans.

A complete list of vaccination sites can be found

online at mass.gov/COVID-vaccinemap.

The 165 locations will have the capacity to administer up to 305,000 shots each week, but the number of shots actually administered will depend in large part upon how many doses of the vaccine the state receives from the federal government.

Residential Tax Exemption On Hold Amid Pandemic

By SCOTT JACKSON

The ongoing coronavirus pandemic has put on hold a proposal to offer residents a partial break on their property taxes.

City Council President Nina Liang had called for the establishment of a residential property tax exemption in January 2020, after she was chosen by her peers to serve as the leader of the council. Shortly thereafter, she and Ward 4 Councillor Brian Palmucci introduced legislation that would allow the city to adopt the residential property exemption.

The council has not acted on that measure to date, however. Liang, in a recent interview, said the initiative has been put on hold because of the pandemic and its economic fallout.

"I had all these grand ideas, like everybody else, at the beginning of last year that all these amazing things were going to happen," she said. "For me, there was a huge monkey wrench thrown into that because of the impact of everything going on with the economy

right now."

Many businesses have seen their revenue drop amid the pandemic, Liang explained, making it difficult to find a new income stream for the city to offset the cost of providing an exemption for residential property taxes.

"The revenues just aren't where we thought they were going to be at the start of 2020 and that's a lot of where my ideas around actually creating funding available to allow for an exemption was going to come from — from the commercial revenues, the commercial tax base, the small businesses that were going to be booming here," Liang said. "That is all out the window."

"Until we have a better grasp of what last year's impact is going to be on other sources of income to the city, other sources of revenue with the commercial base, I can't confidently put something out there to say, 'well, now we can allow for a half a percent or a one percent exemption,' because I just don't know what the

numbers are right now."

Several sources of revenue for the city, such as the meals tax, are down amid the pandemic, she added.

"Last year when we were looking at the budget and then last fall when we had a midyear update, the numbers were significantly down. I think they said the meals tax was a little bit higher than they thought it would be, but it is still lower than what we had projected at the beginning of the year," Liang said.

"Any place where I could find revenue to offset an exemption is just not there right now and in fact there is even a loss. I don't know how that's going to be possible and I have to find a way to get creative if I want to get something done this year, but it is just so tough until we see the hard numbers of what the impact is."

During her January 2020 remarks, Liang also said she would work to create a mobility plan for the city. The plan would take a holistic look at parking, traffic and related concerns and would

also tie into an ongoing effort to rezone the city.

In the recent interview, Liang said the pandemic also delayed the rollout of the mobility plan. She still intends to work on the mobility plan, but with a focus on access to public transportation.

"When we first met to talk about it, we wanted to do everything all at once. We wanted to talk about access to public transportation. We wanted to talk about how that impacts zoning. We wanted to talk about how we can improve on electric buses — more charging stations," Liang said.

"We were going to do a lot of efforts all at once, but now that we are in a pandemic with so many un-

knowns, we figured the best thing to do was to start with one focus area, see if that can be successful and then build the mobility plan out from there.

"Right now, we're shifting over to thinking specifically about access to public transportation. We looked at the impact of the pandemic this year and what a lot of folks noticed from what they've heard in talking to other people is that those who unfortunately do not have a car or don't have two cars and need a reliable form of transportation, they were relying on the MBTA and they had to do that in the midst of a pandemic."

"We want to make sure that if they do need alternative means — meaning more

bus lines so that they don't have to get crammed into a bus or more frequency with the Red Line coming in and out of Quincy — we need to see if we can improve on that, because it is a tough situation," Liang added.

"For me, I was lucky enough I could be in my car by myself and not have to worry about being around other people, but a lot of people didn't have that luxury. That is where our focus is going to be right now — really making sure we are not being tone deaf to the fact that there is a pandemic, but we still have work to do."

"How do we tie those two things together? We look at the impact of the pandemic on those who need access to reliable, safe public transportation."

Liang Eager To Get Back To In-Person Meetings

Cont'd From Page 16

guess when you look at the glass half-full in this situation...is participation from a lot of residents who in the past could not meet in person," she said. "Trying to incorporate that into our meetings in-person moving forward — how do we continue that Zoom space if it is going to be helpful and making sure people can par-

ticipate remotely while we are also in person?

"I think taking that approach of walking, not running, into this can also give us somewhat of a sense of how do we keep the remote participation moving forward if that is something we can do."

With the pandemic still ongoing, Liang said it was

too soon to say when such hybrid meetings could take place.

"It's tough to have a set date on that," she said. "I think once the vaccinations come out and we get a sense of the impact of that and who is comfortable meeting in person after that, it will hopefully give us a better sense of an actual date."

Baker Should Sign Bill That Targets Reducing Greenhouse Emissions

Editor, the Sun:

Recent events on Beacon Hill bode well for the environment and for the fledgling House speakership of Ronald Mariano. Shortly after New Year's, as reported in the Jan. 21 Sun, the House and Senate passed a bill that would have reclaimed the role of climate leader for Massachusetts. Among its many provisions, the bill set new targets for reducing greenhouse gas emissions, gave municipalities the option of adopting a net-zero stretch code for new building construction, set higher appliance efficiency standards, and increased the amount of clean energy that utilities must add to the mix each year.

In addition to helping protect the climate, the bill would supercharge the economy by speeding the growth of the solar and offshore wind industries by substantially increasing the role of offshore wind power in our energy future and inviting utilities to get into

READERS FORUM

the business of solar energy production.

Sadly, on Jan. 14, the bill was vetoed by Gov. Charlie Baker, whose environmental record up till then had been decent on the whole but with significant blots, including his behind-the-scenes support of the Fore River Compressor Station, which Quincy officials and residents have been fighting since plans for it were first announced. As best I can tell, the veto had to do, as much as anything, with real estate developers' objections to the building code provision.

Because the governor's veto came after the end of a legislative session, it wasn't subject to a legislative override even though the bill had passed by veto-proof margins in both houses, with unanimous support from Quincy's statehouse delegation: Sen. John Keenan and Reps. Mariano, Bruce

Ayers, and Tackey Chan. In effect, the most promising piece of environmental legislation in decades had died a sudden death in the governor's office.

That's when Speaker Mariano and his Senate counterpart came to the rescue, promising to take up the bill again early in the new legislative session. It was a bold piece of muscle-flexing that might just save the bill, and help save the climate — and our endangered human species.

On Jan. 28, the refiled bill, with language identical to that of the bill vetoed by Gov. Baker, easily passed both houses of the legislature. I hope the governor signs the bill this time. Failing that, I urge our legislators to stand firm, reject demands to water it down, and override the veto.

David Reich
Phillips Street

Americanisms



"If we are strong, our strength will speak for itself. If we are weak, words will be of no help."

— John F. Kennedy

© 2021 King Features Syndicate, Inc.

FEB

4

2021

School Seat To Be Filled At Joint Convention

Cont'd From Page 3
to fill the remaining two years of DiBona's term that night. Lebo had served a full four-year term on the committee before being unseated by DiBona in 2013.

The Jan. 27 School Committee meeting was Andronico's last and he was sworn into the Ward 2 City Council seat during a brief ceremony at City Hall the following morning.

During the meeting, Koch said he would miss having Andronico on the board but believed he will be an excellent ward councillor.

"Anthony, at least from my perspective, has been truly a delight to work with. He's been extremely fair. He

does his homework. He's respectful. I think he's been an excellent member of this committee," Koch said.

"In some ways I'm going to miss him and I'm sad in that respect, but I'm certainly excited and pleased for him that he will be joining the City Council, because I think he will be an excellent ward councillor."

Lebo said Andronico was always prepared for meetings.

"I want to take this opportunity to thank Mr. Andronico for his participation and his leadership on the School Committee," Lebo said. "He came in as a very thoughtful, calm, steadfast influence on the School Committee. He always did

his homework."

Committee member Douglas Gutro credited Andronico for his work as the board's vice chairman over the past 13 months.

"You do a tremendous job running the meetings, ensuring parents get a voice and keeping it fair and orderly. I'm super impressed, Anthony, the way that you have handled the vice chairmanship and your tenure on the School Committee," Gutro said.

"I just know having been a ward councillor, you're going to be a terrific ward councillor. We wish you well. We will miss you. You were a big presence here in a short time."

Andronico thanked his colleagues for their remarks

and called the moment bittersweet.

"I'm excited to join the City Council and serve Ward 2 and the city in a new capacity, but it's going to be difficult moving on and not being able to work as closely as I have with all you, my colleagues, and the QPS team that has always gone above and beyond for the families of Quincy," he said.

Andronico listed a number of accomplishments the School Committee has made over the past three years. They include an updated

homework policy that better reflects modern thinking about education; removing Styrofoam products from cafeterias; a new website for the school system; new dual enrollment programs for students; new school safety measures; guaranteeing all students a hot lunch, regardless of their ability to pay; a superintendent search; the establishment of an equity, inclusion and diversity subcommittee; and working to address concerns created by the coronavirus pandemic.

"There are not any indi-

vidual accomplishments on a school committee; there are only group accomplishments," Andronico said.

"The things I listed wouldn't have happened without all of you being genuinely invested in this work and committing to working collaboratively. I think that speaks to just the quality of the individuals that have stepped up and serve on the School Committee and those that we have at the Coddington Building and in every school building we have here in Quincy."

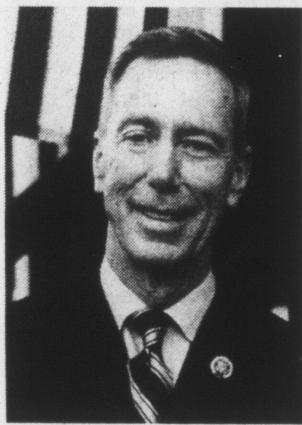
Cong. Lynch Tests Positive For COVID-19

By SCOTT JACKSON

U.S. Rep. Stephen Lynch has tested positive for the coronavirus, his office announced Jan. 29.

Lynch, a South Boston Democrat, is asymptomatic and will self-quarantine while voting by proxy this week.

"This afternoon U.S. Representative Stephen F. Lynch received a positive test result for COVID-19 after a staff member in the Congressman's Boston office had tested positive earlier in the week," said Lynch's communications director, Molly Rose Tarpey in a press release Jan. 29.



STEPHEN LYNCH

"Congressman Lynch had received the second dose of the Pfizer vaccine and subsequently received a negative COVID-19 test prior to attending President Biden's Inauguration.

While Mr. Lynch remains asymptomatic and feels fine, he will self-quarantine and will vote by proxy in Congress during the coming week."

Lynch is the second member of Congress from Massachusetts to test positive for COVID-19 in two days.

U.S. Rep. Lori Trahan, a Democrat who represents the Third District, including Lawrence and Lowell, on Jan. 28th announced she had tested positive for the virus. She too said she was asymptomatic and planned to self-quarantine while voting by proxy during the week.

Library Offers Grab Bags To Go

Do you miss browsing at the library?

Now you can request a Library Grab Bag and bring the browsing experience home with you. Let us surprise you with an assortment of materials on a topic of your choice. A Grab Bag can consist of print books or magazines, audiobooks on

CD, movies or TV shows on DVD, or music on CD. Grab Bags are available for all ages.

To request a Grab Bag, visit the Thomas Crane Public Library website and fill out a simple online form, or call the library to request materials. You can pick up Grab Bags at the Main

Library, the Adams Shore Branch or the Wollaston Branch.

When your Grab Bag is ready, you will receive a notification to pick it up at the location you selected.

To find out more or request Library Grab Bags, visit thomascranepubliclibrary.org or call 617-376-1300 x2.

QHS Boys Hockey Routs Plymouth South, 12-4

By TOM JOYCE

The Quincy High boys' hockey team had their best offensive performance in a long time last Saturday night.

The Presidents lit the lamp early, often, and consistently throughout their 45-minute game against the Plymouth South Panthers at the Quincy Youth Arena. The Presidents capitalized on some penalties and walked away with a 12-4 win to improve to 3-6 on the season.

The win served as a redemption game for the Presidents. One day prior, they faced Plymouth South on the road and lost 7-1.

Presidents' head coach Ted Walsh Jr. said he was proud of the way his team came back the next day and won big.

"I don't remember the last time a Quincy team has put up 12," he said. "I know we've done it, but it's been a long time. I've been doing this for 31 years and I can't recall that. The sweet part about it is that it was a nice bounce back win. The boys are so young and inexperienced, but they're learning how to build a winning culture and sometimes you have hiccups like yesterday was an absolutely brutal game for us. There was a lot of effort, but it was individualized rather than team whereas today was the exact opposite. That's what we preached between yesterday and today is: let's have a good team effort. It seems like everytime we have a good team effort, we play well."

"What we've been preaching to them all along is forget the scoreboard," he added. "The score takes care of itself. I also think they had a chip on their shoulder because they were a little embarrassed from yesterday, but this was a good bounce back win for them -- because you don't know how a young team's going to respond and they revealed their true character, I think."

The Presidents struck first with sophomore captain Will Martin rifling in a puck off a pass from junior captain Zach Galligan on a power play. Martin would also score with 7:15 left in the first on a breakaway following a pass rifled to him by junior forward Daniel Pakkala. Plymouth responded with a wraparound goal with 2:29 left in the first, and tied the game at two apiece with 21.9 seconds left in the first with a goal over the right shoulder of the Presidents' goaltender. After one period, it was a 2-2 game.

The Presidents then unleashed their offense, outscoring their foe 6-1 in the second period. It started with junior Joseph Hennessy putting one in the net 45 seconds into the second period and continued from there. Martin secured a hat trick as he rushed down the ice and put one in the back of the net with 8:42 left in the second, putting his team up 4-2. The team then capitalized on a five-on-three chance brought up by a Plymouth South crosscheck; junior Timmy Kelly buried a second chance scor-

ing opportunity. About two minutes later, sophomore Cameron Quigley got on the board on another power play. With 4:12 remaining, Hennessy scored again, this time on a 5-on-3 advantage as well. Plymouth had a five minute major for a cross-check that extended into the third period.

Shortly thereafter, Plymouth South responded with a steal, a breakaway and a shorthanded goal. They made it a 7-3 game with 3:51 remaining in the second period. Junior Cooper Hernon buried one last goal with a minute left in the second to give his team an 8-3 lead headed into the final frame.

In the third and final period of the game, the Presidents kept their offense going, adding four more goals as they picked up a win. That late effort impressed Walsh as well.

"I don't want to tell them to take their foot off the gas because in this league, anything can happen," he said. "We had what, four five-on-threes? I've never seen that before. That alone can change a game, especially on a five-minute major like they had. You can score as many goals as you want, but you have to be on your toes and ready to go."

Goals in the third period for the presidents came from Hennessy with 8:30 remaining, Pakkala with 8:00 left, Galligan with 6:24 remaining, and Pakkala again with 3:10 left. Plymouth South scored their final goal 25 seconds into the period.

GRIN and BEAR IT. *Wagner*

©North America Syndicate, Inc. World rights reserved.



"The Figbys just called. ... He says they'll be late, she says they won't be."

OBITUARIES

Priscilla J. Belcher, 92

Priscilla J. (LeCain) Belcher, age 92, of Braintree, died peacefully Jan. 21 in the comfort of her home. She was surrounded by her loving family in the home she and Harold H. Belcher, her late, beloved husband, built and where she lived for seventy years.

She was born in Cambridge, to the late James M. and Geneva (Fisher) LeCain. Raised and educated in Quincy, she was a graduate of The Woodward School for Girls in Quincy. She earned her Bachelor's degree in economics from Tufts University and her Master's degree in education from Bridgewater State University.

Also preceding her in death were her sisters, Patricia Yoerger (Roy), Elizabeth 'Liz' Kuhn (Dave), her brother James (Kathy), and her son-in-law, Wolfgang Piegorsch.

After raising her family, Mrs. Belcher became an elementary and special education teacher for the Hanover Public Schools, teaching at both Cedar Elementary and Center Elementary, for twenty-five years. In retirement, she taught English as a second language courses, recorded books on tape for the blind, and also graded MTEL (Massachusetts Tests



PRISCILLA J. BELCHER

for Educator Licensure) tests for aspiring teachers. In her spare time, she enjoyed attending a Harvard Divinity School program specific to women's issues and concerns of learning, faith and growth, as well as water-color painting and traveling with Harold.

Mrs. Belcher was a longtime member of First Congregational Church of Braintree where she was a deaconess, active in Sunday school and Vacation Bible School, and a member of the bell choir.

She was the devoted mother of Carol J. Piegorsch of Tyngsboro and late husband Wolfgang, Stephen H. Belcher and wife Frances of Wareham, Nancy S. Wilbur and husband John of Merrimack, NH, and Janet B. Holton and husband Glenn

of Braintree. She was the loving grandmother of Weylin (Marie), Walker (Ebyon), Jessica, Erina (Mike), Robert (Susan), William (Susan), Lydia, Mollie (Dan), Stephen (Larry), John (Lindsey), Michael (Jen), Thomas (Kara), Brian, Jared, and Rachel; and cherished great-grandmother of Wyatt, Evelyn, Micah, Jason, Evan, Chris, Ryan, Laila, Sophia, Gabriel, Hadley, Calvin, Lucas, and great-great-grandmother to Leland. Priscilla is also survived by many nieces and nephews.

A service of remembrance and thanksgiving was celebrated Jan. 30 in the First Congregational Church of Braintree by the Rev. Michael Frady, Pastor.

Her interment will take place at the Massachusetts National Cemetery in Bourne and is being postponed to an appropriate time to travel this spring or summer.

Memorial donations may be made to the First Congregational Church in Braintree; feedthechildren.org; or the charity of your choice.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mary E. Morris

Mary E. (Martin) Morris, of Ocean Bluff, Marshfield, died peacefully Jan. 26 and went to her Eternal Home, where she is now joined with her husband of more than 50 years, the late Alfred T. Morris.

She was born in Boston on Sept. 23, 1934 and is the daughter of the late Michael and Elizabeth (McManus) Martin. She is predeceased by her brothers John and Myles McGrail.

Cherished mother of Thomas and his dear wife Judith, Paul and his dear wife Terri, Marykate Bulman and her husband Michael, and Patti Whitmarsh and her husband Gerry. She was grandmother of John, Marybeth, Sara, Morgan, Molly, Kerri, Katie, Patrick, Mackenzie, Grace, Henry, Joseph, Vivian, and great-



MARY E. MORRIS

grandchildren Chase, Avery, Noah, Eli, Josiah, Jordan, and Giovanni. Her grandchildren and great-grandchildren always held a special place in Mary's heart. The joy of her life was this beautiful family, and her example of unwavering faith and devotion to Our Lord and the Blessed Mother will carry her in their hearts forever.

ever.

Mrs. Morris was a retired traffic supervisor for the Quincy Police Department, where she worked for 22 years caring for and ensuring the safety of her children as she guided them to school daily. On her last day the children gave her a beautiful send off with hand-made gifts, a cake, and lots of hugs!

Mrs. Morris held fondly her memories of walking the beach in Ocean Bluff with her children and grandchildren. Although gone from our sight she will never be gone from our hearts. The essence of her life was family and her deep faith. They were the foundation of all that was truly important to her.

Mrs. Morris will be laid to rest at Couch Cemetery with her loving and cherished husband, Al.

Funeral services will be private.

Memorial donations may be made to the Marshfield Senior Center, 230 Webster St., Marshfield MA 02050.

Funeral arrangements were made by MacDonald Funeral Home, Marshfield.

Kathleen T. Mitchell, 74

A funeral Mass for Kathleen T. (O'Donnell) Mitchell, age 74, of Braintree, formerly of Quincy, was celebrated Jan. 29 in St. John the Baptist Church, Quincy.

Mrs. Mitchell died suddenly Jan. 25 at South Shore Hospital in Weymouth.

Born in Boston, she was raised and educated in North Quincy. A graduate of North Quincy High School, Class of 1964, and earned her Bachelor's degree from Bridgewater State College, Class of 1968. Mrs. Mitchell later earned a Master's degree in computer science from Lesley University.

She lived in Braintree for twenty-one years and previously in Quincy for many years. She and Bob had been long-time members of the Neighborhood Club of Quincy.

Mrs. Mitchell was proud to be an educator. While still in college in the 1960s she was the director of the Happy Acres Day Camp for children with special needs, the first of its kind in



KATHLEEN T. MITCHELL

the country. She went on to work for the Quincy Public Schools for over thirty years and was the longtime director of library/media services. Upon her retirement, she continued working as a substitute teacher. At the time of her death, Mrs. Mitchell was serving as president of the Quincy Retired Teachers Association and was a member of their scholarship committee. She had also served as chair of the Quincy Park and Recreation Board in the 1970s.

She was the beloved wife for fifty-two years of her husband Bob; the devoted

mother of Rob Mitchell and his wife Ashley of Austin, Texas, and Kerry Mitchell Mills and her husband Chris of Easton; the loving grandmother of Bobby and Jimmy Mitchell, Jack, Katie, and Jenna Mills; the dear sister of William H. O'Donnell, Jr. of Winston-Salem, N.C., Michael P. O'Donnell of Braintree, and Paul J. O'Donnell, Chicago F.D., Ret. of Chicago, Ill.; and the cherished daughter of the late Edith K. (Johnson) and William H. O'Donnell, Q.P.D., Ret. She is also survived by a number of nieces and nephews.

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to the Quincy Retired Teachers Association Scholarship Fund, Office of the Superintendent of Schools, 34 Coddington St., Quincy, MA 02169.

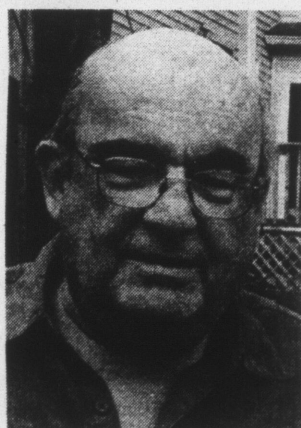
Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Daniel R. Saunders, 80

Daniel R. Saunders, age 80, of Plymouth, died peacefully Jan. 24 at Beth Israel Deaconess Hospital—Plymouth.

He was born in Quincy, to the late Hester C. (Harkins) and John T. Saunders, D.M.D. Mr. Saunders was raised and educated in Quincy, where he spent much of his life. He lived in Plymouth for the past year, previously in Braintree for six years.

Mr. Saunders worked for Meals on Wheels preparing and delivering food for many years. He was a devoted and lifelong member of Saint John the Baptist Parish in Quincy and enjoyed his many roles within the church community for over forty years. Mr. Saunders



DANIEL R. SAUNDERS

was the family historian, often taking pictures and creating photo albums to share at family gatherings.

Beloved brother of J. Thomas Saunders and his wife Pauline of Florida, Anne M. Fitzgerald of Quincy and her late husband Jim, Robert H. Saunders and

his wife Maureen of Marshfield, and the late Eileen H. Buckley and her husband Joseph.

Family was important to Mr. Saunders, who was also survived by nineteen nieces and nephews; forty grandnieces and grandnephews; and one great-great niece.

At the request of the family, funeral services are private.

Memorial donations may be made to Saint John the Baptist Church, c/o 556 Washington St., Quincy, MA 02169.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Maureen Wynands, 55

Maureen Wynands, 55, of Taunton died Dec. 1.

Wife of the late Hendrik Wynands of Quincy. Mother of the late Jennifer Wynands of Quincy. Daughter of the late Rosemary Roche of Dorchester. Grandmother of Christopher Wynands of Quincy, Brianna and Alyssa Feeney of Dorchester. Sister of Joseph Roche of South Boston and Michael Roche of Holbrook.

Mrs. Wynands previously worked as a home health aide and loved caring for the



MAUREEN WYNANDS

elderly. She loved to host holidays at her house with all her family and friends.

She loved cooking, listening to country music and watching soap operas and the Food Network channel.

Memorial donations may be made to the Wynands Family Fund, Eastern Bank, ATTN: Chrissy Littler, 34 Chapman St., Quincy, MA 02170.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.



Honor Your
Loved One's
Memory
With Flowers

cliffords.com
1.800.441.8884

More Obituaries online at www.TheQuincySun.com

FEB

4

2021

Arthur S. Wahlberg, 93

Arthur S. "Archie" Wahlberg, age 93, of Quincy, formerly of Dorchester, died peacefully Jan. 21 at Tufts Medical Center in Boston.

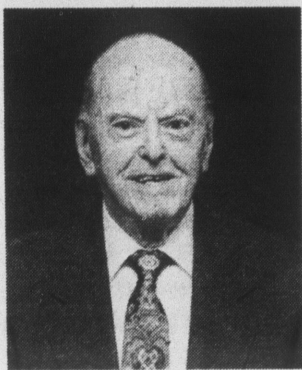
He was born in Boston, to the late Axel and Madeleine (Bradley) Wahlberg. He was raised and educated in East Boston and Dorchester.

Mr. Wahlberg was proud to have served in the United States Army during World War II, participating in the Liberation of Italy. While serving in Rome he developed a love for Italy and the Italian people. Years later, he returned to Rome with his beloved wife, Rosemary, and revisited the country.

After a career with Bethlehem Steel at the former Fore River Shipyard and with General Electric in Newton, Mr. Wahlberg became involved in community service along with his wife, Rosemary. They shared a love of helping others. They devoted their lives to giving back.

He was an active member of the Quincy Democratic City Committee and had served as vice chair. Mr. Wahlberg also served on the Quincy Cemetery Board of Managers for many years. He was a founding board member of Manet Health Center. He served on the Quincy Housing Authority. He chaired The Elder Housing Corporation that was instrumental in the building of The Moorings at Squantum Gardens, which benefited military veterans.

In honor of Archie and Rosemary's many years of dedicated commitment to the mission of Quincy Community Action Programs, they were honored in 2012 when the Headstart Learning



ARTHUR S. WAHLBERG

Center was dedicated in their names. The Rosemary and Archie Wahlberg Early Learning Center is a lasting legacy of their dedication to the City of Quincy that they came to love.

Mr. Wahlberg was an avid cook and expressed his love through food. He was never happier than when he was sharing his pasta and famous meatballs with friends and family. He was a fastidious dresser and took great pride in his appearance. He loved the racetrack, the lottery, and playing poker. Late in his life, his nephew, Mark, graciously put Mr. Wahlberg in a number of cameo roles in his films. The film buff that he was, he relished the experience.

Most of all, Mr. Wahlberg was dedicated to his family, especially his cherished grandchildren and great-grandchildren, along with many nieces and nephews. He became the family patriarch, a role he cherished and one that brought him great pride. He felt extraordinarily blessed.

Beloved husband and best friend of the late Rosemary C. (McGrory) Wahlberg. A romance that lasted for sixty-six years.

Devoted father of Christine Vincent and her husband Robert of Mashpee,

Paul Wahlberg and his wife Donna of Dorchester, Janice Radzik of Quincy, Rosemary Gilbody and her husband Robert, Capt., Q.F.D., Ret. of Quincy, Eugene Wahlberg and his wife Susan of Weymouth, Daniel Wahlberg and his wife Kelly of Milton, the late Karen Wahlberg, the late John Wahlberg, and the late Robert F. "Bugga" Wahlberg and his surviving wife Jean M. Wahlberg of Quincy.

Cherished grandfather of twenty-one grandchildren and eighteen great-grandchildren.

One of eight children, he was the dear brother of Alfred Wahlberg of North Carolina, and was predeceased by Thelma Moser, Robert Wahlberg, Donald Wahlberg, Joseph Wahlberg, Paul Wahlberg, and Donna Black. He is also survived by his brother-in-law, Frank H. McGrory of Naples, Fla., and sister-in-law, Alma Wahlberg of Braintree, and many nieces and nephews.

In light of current events, funeral services were private. A funeral Mass was celebrated at Divine Mercy Parish in Saint Ann's Church. Interment, with military honors, took place at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Quincy Community Action Programs, 1509 Hancock St., Third Floor, Quincy, MA 02169 or Adenoid Cystic Carcinoma Research Foundation (ACCRF), P.O. Box 442, Needham, MA 02494.

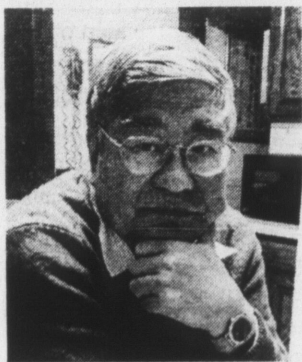
Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Dr. Zhenya Zhu, 75

Dr. Zhenya Zhu of Quincy passed away on Jan. 29 at age 75.

Born in Chongqing, China, he received his undergraduate degree from the Department of Electronic Engineering at Sichuan University, China, in 1967. He then worked as an assistant engineer at Zhenjiang Coal Geological Instrument Corp., Jiangsu Province, China between the years 1968-1978.

In 1978, Dr. Zhenya returned to school and received an MSc (1981) and PhD (1990) degree in acoustics from Tongji University



DR. ZHENYA ZHU

in Shanghai, China. He became assistant professor at the Institute of Acoustics, Nanjing University, China in 1981 where he was the leader of the Full Waveform Acoustic Logging Group.

In 1991, he joined the Earth Resources Laboratory (ERL) at MIT where he was a research scientist. Dr. Zhenya loved his work and continued to collaborate with ERL as a Research Affiliate after his retirement in 2015.

The beloved husband of Daren Ci, Dr. Zhenya was the loving father of Weinling Zhu and Weiyan Ci and doting grandfather of four grandchildren.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Howard W. R. Maskell, 80

Howard W. R. Maskell, age 80, died Jan. 27.

Mr. Maskell grew up in Quincy and has lived in Weymouth since 1963. He was a laborer and former president for Local 133.

Beloved husband of Paulette A. (Bellenoit). Devoted father of Howard R. and his

wife Lisa of Quincy, Joseph and wife Cheryl of Millinocket, Maine, William and wife Kathleen of Abington, Linda Walker and her husband Thomas of Weymouth and James and his wife Monique of Weymouth. Beloved brother of Charles of Braintree, Donald of Maine,

Theresa, John, and Frederick Maskell and others. Loving grandfather of 14 and great-grandfather of 6.

Funeral services are private.

Funeral arrangements were made by the Clancy-Lucid Funeral Home, Weymouth.

Stephen P. DesRoche

Stephen P. DesRoche of Milton and Quincy died peacefully Jan. 24.

Mr. DesRoche was a graduate of Boston Technical High School and Northeastern University. He was a professional land surveyor, working for several engineering firms in Boston prior to devoting himself full-time to his own business. He was the owner and operator of Neponset Valley Survey Associates, Inc., since 1987. Mr. DesRoche was active in St. Mary's Church as well as many community based organizations, including former president of QYA, former member of Quincy Zoning Board of Appeals, Maria Droste Fashion Fundraiser and the Quincy Rotary Club.

He was the shining example of a life well lived - always being able to keep things in perspective and always willing to dance in the rain rather than waiting for the storm to pass. Mr. DesRoche was the quintessential "good guy" and his smile and positive attitude were



STEPHEN P. DESROCHE

contagious. He loved a good restaurant, karaoke at the Common Market, modeling at the annual Maria Droste fashion shows and attending his grandsons' many sporting events. He lived life according to the 3 Fs: Faith, Family and Friends.

Devoted husband of Ann (Freeman) of Milton. Beloved father of Laura Anderson and her husband Adam of Quincy, Kerry Ferguson and her husband Todd of Weymouth, Sgt. Stephen P. DesRoche, Jr., QPD of Quincy and Michael DesRoche and his wife Jamie of Hingham. Loving stepfather of Patrick McCarthy of Milton, Sean McCarthy and his wife

Ashley of Braintree, Kevin McCarthy of Somerville and Jackie McCarthy of Milton. Adored brother in law of Peter Freeman of TX, Catherine McIntyre of NJ, Patricia Saulnier of Quincy, Margaret Farrell and her husband William of Milford and Trudy Greene of Quincy. Devoted "Papa" of Andrew, Ryan, Tyler, and Justin and loving "Pops" to Bennett. Also survived by many nieces, nephews, cousins and countless friends. He is predeceased by his wife Ann M. (Greene) DesRoche.

Mr. DesRoche's funeral Mass and burial were private.

Memorial donations may be made to the Ann M. DesRoche Scholarship Fund, c/o Quincy Youth Arena, 60 Memorial Dr., Quincy, MA 02169 or Divine Mercy Parish of St. Mary's Church, 755 Hancock St., Quincy, MA 02170.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Ethel T. Sacchetti, 101

Ethel T. (O'Neil) Sacchetti, age 101, of Braintree, died peacefully Jan. 22 at the Royal Braintree Nursing and Rehabilitation Center.

She was born in South Boston, to the late Martha (Baird) and John T. O'Neil. She was raised and educated in Dorchester. She had lived in Braintree for over fifty years.

Mrs. Sacchetti was employed as a clerical worker for the former South Shore Bank and later worked at Braintree High School.

She enjoyed knitting and reading. Most of all, she was devoted to her family.

Beloved wife of the late Gino R. Sacchetti with whom she shared seventy years of marriage. Devoted mother of Richard J. Sacchetti and his



ETHEL T. SACCHETTI

wife Gwen of Yuba City, CA, Arleen Licata of Cambridge, ME and her late husband Alfred, and Michael V. Sacchetti of MI. Loving grandmother of thirteen grandchildren, twenty-nine great-grandchildren, and twenty-two great-great-grandchildren.

The last of her siblings, she was predeceased by John, Alice, Fran, Dorothy and Rita. Mrs. Sacchetti is also survived by many nieces and nephews.

The Sacchetti family wishes to thank Antoinette Simonetti of Quincy for everything she has done for our mother for many years. Our mother considered her to be her guardian angel and one of her best friends. May God bless you.

In light of current events, graveside services were conducted privately at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Saint John the Baptist Church c/o 556 Washington St., Quincy, MA 02169 or the American Heart Association, 300 5th Ave. Suite 6, Waltham, MA 02451-8750.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.



HAMEL-LYDON CHAPEL

CREMATION SERVICE OF MASSACHUSETTS

Pre-Planning • Funerals • Cremations

Family Owned and Operated Funeral Home

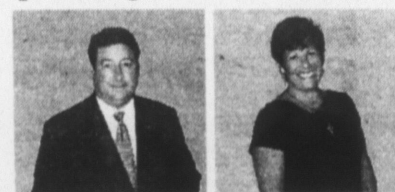
Compassionate and Attentive Staff

Fully Personalized Funeral Services

Premium Quality Caskets, Vaults & Urns

Various Cremation Plans

Pre-planning Funeral Consultations



DIRECTORS

Christopher P. Goulet, Sr. & Michelle A. Lydon

(617)472-5888

650 Hancock Street, Quincy, MA 02170 • HamelLydon.com

OBITUARIES

Ronald R. DiBella, 74

Ronald R. DiBella, age 74, a lifelong Quincy resident, died Jan. 29 at Carney Hospital in Boston.

Ronald was born in Quincy, to the late James and Mildred E. (Puglisi) DiBella. Raised and educated in Quincy, he was a graduate of Quincy High School, Class of 1965.

He was a self-employed plumber and was the owner and operator of Ron DiBella Plumbing and Heating.

Ron was a member of the South Shore YMCA and the Quincy Art Association.

He was a talented artist. Ron was also known for his sense of humor and as a teller of tall tales. He was kind and generous.

Beloved husband for 53 years of M. Joanne (Patrizi) DiBella.

Devoted father of Christine M. Ganger and her husband John of Quincy.

Dear brother of the late



RONALD R. DiBELLA

James A. DiBella.

In light of current events, funeral services are private.

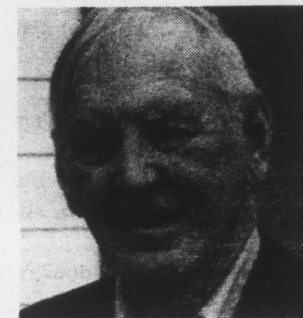
Memorial donations may be made to the South Shore YMCA, Germantown Neighborhood Center, Attn: Development, c/o 75 Mill Street, Hanover, MA 02339 or at www.ssyymca.org/give/donate.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Thor Stein 'Ted' Jeffery, 78

Thor Stein "Ted" Jeffery, 78, of Quincy, originally of Norway, died on Jan. 25.

Ted was born in Norway on Dec. 12, 1942 to the late Ingrid Fredriksen (Jeffery) and Harald Karlo Antonsen. He loved taking trips back to visit family and friends. He was a proud member of the United States Navy during Vietnam.

THOR STEIN
'TED' JEFFERY

Ted worked as a welder at the Quincy Shipyard and a driver for Yellow Cab of Quincy. He enjoyed time with family, playing cards, chess and watching country western movies. He was also active in Boy Scouts for most of his life.

Ted was on the Board of Directors for the Viking Club and enjoyed participating in Viking Club and Sons of Norway activities. He will be greatly missed by all who knew him.

Loving brother of Jan Antonsen and his wife Mette of Folldal, Norway, Laila Lien and her husband Sverre of Oslo, Norway, Diane Lapworth-Jones of Milton, David Jeffery and his wife Maureen of Easton, Denise Jeffery and her husband Nicholas Leoutsakos of Windham, NH. He was predeceased by his adoptive father Robert Jeffery, brother in laws Warren Lapworth Jr., Richard Jones and niece Leah Jeffery. He is also survived by cousins, 8 nieces and nephews and 9 great nieces and nephews.

Visiting hours are 10 a.m. to noon on Friday, Feb. 19 at the Keohane Funeral Home, 785 Hancock St., Quincy. A private service will follow that will be live streamed. If you wish to attend the service, please notify a family

Elizabeth Ann (Hyde) McHugh, age 91, passed away peacefully on Jan. 27.

Born on Aug. 6, 1929 she was raised in Nahant, and was a Quincy resident for the last 65 years. Wife of the late Francis X. McHugh. Daughter of Frederick and Josephine (Ryan) Hyde, and sister of Frederick, Jr. and Theresa (Hyde) Kane, all deceased.

Referred to as Elizabeth or Liz or Betty throughout her life, she was Mom or Ma to her children Frank, Mary Jo and John. Mother-in-law to Sue and Janet. Armé to her cherished grandchildren Ryan, Matthew, Joseph, Mark, Christine and Megan. Grandmother-in-law to Sam and Jackie. Great-grandmother to Jason and Matt.

For a special experience she took each grandchild on individual trips to New York City. Only the best for her traveling grandchildren, they usually stayed at the Waldorf-Astoria. Living on the first floor of a two family in North Quincy she saw 3 of her grand-children, that lived upstairs, on a daily basis. Her food bill increased exponentially. Any celebration was the reason for a party, especially her 80th birthday in Nahant with her extended family.

She was Aunt Liz to a dozen nieces and nephews,

ELIZABETH
ANN McHUGH

she spoke with them regularly, and many grand-nieces and grand-nephews. Also Aunt Liz to nephews Paul McHugh and Bob Kane, both deceased.

Mom was always busy and involved with the activities of her children, as a Cub Scout Den Mother, or supporting their events and exuberant fan at their games over the years. Always supportive and encouraging she sacrificed much for her children. Elizabeth was Vice President of the Mother's Club at Don Bosco Technical High School in Boston. Her faith was at the forefront during her life. She was a communicant at Saint Ann Parish in Wollaston and was a member of St. Ann's Marianns. Later she celebrated at Sacred Heart Parish in North Quincy.

After graduating from St. Mary's Girls High School in Lynn Betty started her

work life. She worked in the insurance industry for many years, primarily with Maurice Saval Insurance in Boston and retired from XS Brokers Insurance in Quincy.

In retirement Liz traveled extensively to many states and countries with longtime friends. Most memorable were her multiple trips to Bermuda and Ireland. She took many trips and excursions with Mary Jo. One of her last trips was to Sydney Mines, Cape Breton Island, Nova Scotia, the birthplace of her mother, who passed away when Liz was 6. Liz also frequently stayed at her cousin Pat Dunn's home in Nahant.

Betty was a lifelong reader of books, newspapers and magazines, always conversant in current events. She supported the arts attending plays in Boston and Manhattan and enjoyed the Boston Pops at Symphony Hall. She also had membership at the Huntington Theatre Company in Boston. Sunday afternoons spent with friends listening to Irish music at Beachcomber on Wollaston Beach, including the final performance in 2015. Over the weekend WROL's Irish Hit Parade was on the radio. She was a fan of Boston sports, especially her favorite Red Sox.

Health was always an important consideration to Elizabeth. She was a breast cancer survivor, enduring a mastectomy, and once was hit by a car. Thankfully she recovered from both. Over the last couple of years Liz received treatment and rehabilitation after falls. More recently Alzheimer's started to creep in but that did not impact her significantly. Despite these setbacks her demeanor and spirit never changed, she took it all in stride, with a smile on her face and a hearty self-deprecating laugh at her situations.

Lovingly and fondly remembered, and missed, by all.

Relatives and friends are respectfully invited to attend the visiting hours on Wednesday, Feb. 3 from 9-10:30 a.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

Elizabeth's Funeral Mass will be celebrated on Wednesday, Feb. 3 at 11 a.m. in The Divine Mercy Parish in Sacred Heart Church, Quincy. Services will conclude with interment in Blue Hill Cemetery, Braintree.

Memorial donations may be made to Shriners Hospitals for Children, 2900 Rocky Point Dr., Tampa, Florida 33607.

The Four Chaplains: They Died So That Others Could Live

WASHINGTON, DC, Jan 29 - "If you believe in anything, believe in these four guys and the ultimate sacrifices they made for their country. They died saving the lives of hapless servicemen aboard a sinking troop carrier attacked at sea on February 3, 1943.

"They are the Four Chaplains and on Wednesday, February 3, a date set aside by Congress in their honor, we can pay homage to their selfless deed privately with

a simple prayer of remembrance or publicly at multi-faith memorial services," explains Rebecca Weber, CEO of the Association of Mature American Citizens [AMAC].

The United States Army Transport SS Dorchester was part of a convoy that departed New York City on January 23, 1943 carrying war materials and, more important, a holdful of troops. World War II was well underway and the thought of

engaging in the fight must have been daunting for the 904 servicemen on board, not to mention that the convoy was on high alert on the lookout for Nazi submarines out hunting in wolf packs.

The convoy was in the North Atlantic, off the coast of Newfoundland. Because of the danger of a surprise attack, the GIs were ordered to sleep in their uniforms and life jackets. But many of them disobeyed that command, making themselves more comfortable by removing their bulky flotation devices and were caught unprepared when their ship was attacked in the middle of the night.

A torpedo fired by the German submarine U-223 hit its target and, as one report put it: "four Army chaplains brought hope in despair and light in darkness: Lt. George L. Fox [Methodist], Lt. Alexander D. Goode [Jewish], Lt. John P. Washington [Roman Catholic] and Lt. Clark V. Poling [Dutch Reformed]. As the ship sank and life jackets ran out, the chap-

lains removed theirs and gave them to four frightened young men. Men in nearby rafts saw the chaplains, arms linked and braced against the slanting deck, praying aloud. That night, they became an enduring example of extraordinary faith, courage and selflessness."

The attack on the Dorchester resulted in what has been called, "the worst single loss of American personnel in any American convoy during the war."

Four Chaplains Day is an official commemoration sanctioned by Congress in 1988 when the legislative branch officially established the observance. Flags are flown at half-mast and ceremonies are held throughout the nation, most notably at the more than 1,663 American Legion posts nationwide.

Visit the Legion's Four Chaplains 2021 observance site located on the Web at: <https://www.legion.org/honor/251626/78-years-remembering-bravery-four-army-chaplains-for-more-information>.

More News
and Obituaries
online at
[www.
TheQuincySun.
com](http://www.TheQuincySun.com)

SUBSCRIPTION FORM

FILL OUT THIS SUBSCRIPTION BLANK AND MAIL TO

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

1372 HANCOCK STREET, QUINCY, MA 02169

NAME _____

STREET _____

CITY _____ STATE _____ ZIP _____

CHECK ONE BOX IN EACH COLUMN

[] 1 YEAR IN QUINCY \$40.00
[] 1 YEAR OUTSIDE QUINCY \$42.00 [] CHECK ENCLOSED
[] 1 YEAR OUT OF STATE \$50.00

FEB

4

2021

McDermott Aims For Robust Re-Entry Programming

Cont'd From Page 2

"That was our biggest concern to make sure of that and continuously offering testing to our staff."

There was an ongoing COVID-19 cluster within the jail as of the day of the interview, Jan. 21, McDermott said. Several employees and 48 inmates had tested positive for the virus as of then, he said, but staff were able to limit the cluster to one unit within the jail house.

Since then, the number of cases has risen to 73, according to a statement released by the sheriff's department Jan. 30.

In the statement, McDermott said:

"Through extensive inmate testing after the confirmation of a COVID-19 case, the Norfolk County Sheriff's Office has identified 73 positive inmate cases over the past week. Those who have tested positive have had only mild symptoms or have been asymptomatic, with the exception of one hospitalization and one high-grade fever. Those units with positive cases are under quarantine and continuous monitoring by our medical staff, per DPH and CDC guidance.

"The Norfolk County Sheriff's office continues to keep the health and safety of inmates and staff at the forefront of our work. In addition to extensive inmate testing, on-site staff testing is available to anyone at any time. We continue to follow DPH and CDC guidelines which include the wearing of masks by both staff and inmates, regular deep cleaning and sanitization of the facility, and encouraging both staff and inmates to vaccinate.

"Currently, of the inmates able to take the vaccine, we have had 105 who have accepted, which is approximately 30 percent of our population. Our staff continues to provide information in an effort to encourage both safe prevention practices and taking of the vaccine.

"As we have throughout the pandemic, we are in continuous contact with the DPH and infectious disease experts. We will continue to monitor the situation and work with DPH to do everything possible to keep both staff and inmates safe."

As part of the response to the COVID-19 outbreak, McDermott said he and the superintendent of the jail reached out to inmates to discuss their concerns.

"We went down to the

housing unit and myself and the superintendent went door knocking cell-by-cell just to touch base with the inmates," McDermott said in the Sun interview. "They are as concerned as anybody else would be about the virus and when they have a positive test, what is going to happen to them and how long are they going to be segregated from the population."

McDermott said he would also host town halls to discuss COVID-19 vaccines with the inmates.

"We've got a pretty good acceptance rate in terms of people who have volunteered who want to have the vaccination. We're very encouraged by that right out of the gate," the sheriff said.

"We're now going to implement town hall forums in each housing unit to go in and discuss the value of the health and safety of the vaccination, why it is important, how it will help them while they are incarcerated and certainly when they get released it is going to be a helpful thing. I'm actually going to go in with the superintendent as well as the ADS for medical. We're going to have town hall forums based on COVID and talk to the inmates about it to alleviate any fears they might have and answer any questions that they had."

The Norfolk County Correctional Center, which is located in the median of Route 128 in Dedham, first opened in 1992. McDermott said the facility is in good shape overall.

"Right now, there are no major needs at the physical plant in Dedham. The Dedham facility, in my opinion, is in pretty good shape. There is some upkeep — walls that are crumbling a little bit — externally. On the interior, everything is pretty solid," McDermott said. "I'm impressed with the cleanliness of the facility. That is a real testament to the facility's management in terms of keeping the place clean.

"We're replacing some of the switches just to make sure our secure doors are done, but that is just routine maintenance. Those have to be switched out after so many years and so we are in the process of doing that."

The pre-release building on campus needs some work, McDermott added.

"Our pre-release building, which is located next door to the correctional facility, that right now just needs a new roof. Real simple stuff, nothing major," he

said.

McDermott said he wants to find a different use for that building.

"That place is fairly pristine and in really good shape. We have to figure out a way to repurpose that. We don't have enough inmates over there in the prerelease area; I think we might have nine, if we're lucky, that are over there," he said.

"That is where our workers come from when you have inmates come out into the community to work. They are usually part of that pre-release. It's almost an empty building right now so we have to figure out ways to utilize and repurpose that building at some point in the near future."

Jerry McDermott had proposed renovating the pre-release center and housing female inmates there. Patrick McDermott said he has reached out to his counterpart in Plymouth County

to discuss a regional plan to house female inmates. Norfolk County's female inmates are currently held in Suffolk County.

While the new sheriff said the Dedham facilities are in good shape, he has concerns about the facilities in Quincy and Braintree.

"My two concerns that I have from a facilities point of view is our Braintree location and our Quincy location," he stated.

The Quincy office, located on the Parkway, houses civil process and community corrections offices. McDermott said the space is too large and he wants to spread those offices throughout the county.

"We have a real large suite. There is far too much space there than we really need so I'm kind of taking a look at that," McDermott said. "We're leasing that now so rather than asking the landlord to put any ma-

jor investment into it, which would require us to pony up more of a long-term agreement, I'm looking at hopefully repurposing that and finding different locations we can go to."

"My preference is to have much smaller locations spread out throughout the county. One of the things I'm looking at doing is getting out of this lease, probably keeping a small business in Quincy and basing them all around the district courts."

The Braintree facility, located on Route 37 near the Holbrook town line, is home to the sheriff's youth leadership camp and several administrative offices.

"It's a great facility. It needs a facelift down there. The campus itself needs to be cleaned up. The actual ropes course, we'll have to make sure that's inspected because it is exposed to the weather. The training center

down there needs a facelift as well," McDermott said.

"There is an investment down there that has to be made and I think we will most likely do that in house."

McDermott said he would like to see the youth leadership camp offered in other locations in the county to make it more accessible to all the county's residents.

"I would like to expand that camp to once again have a presence down in the other part of the county so we would like to replicate that," he said.

"We're looking to have more of a presence [there] because it just seems like all of our offerings are up here in the Quincy-Braintree area. If you're a resident down in Foxborough, yes, you're eligible to sign up and have your kid go to camp in Braintree, but the logistics of that is a little rough and daunting."

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

In accordance with M.G.L. Chapter 30B, the City of Quincy requests proposals for furnishing and delivering to the City:

“(REVISED)”

IT DEPARTMENT

WEBSITE DESIGN & DEVELOPMENT

February 18, 2021 @ 2:00 P.M.

The City of Quincy seeks qualified developer/designers to provide internet web site design, development, implementation services, and content management systems with access to remote locations. This web design shall be the primary scope of the contract. In addition, the city reserves the option to request additional services for internet development after the completion of the primary web design work.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent through email to: purchasing@quincyma.gov Questions will be accepted until February 11, 2021 @ 4:00 p.m.

Non-Price Proposals must be submitted in a sealed envelope and Price Proposals must be submitted in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked "RFP - NON-PRICE PROPOSAL ENCLOSED" with time/date of RFP and "RFP - PRICE PROPOSAL ENCLOSED" with time/date of RFP opening.

Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be opened and registered. Late proposals, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all RFP's or to accept any part of an RFP or the one deemed best for the City, and waive any informalities in the bidding, if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR

Kathryn R. Logan, Purchasing Agent

2/4/21

REQUEST FOR SERVICES

REQUEST FOR SERVICES

CITY OF QUINCY, MASSACHUSETTS
Public Buildings Department

Thomas P. Koch, Mayor
Paul J. Hines, Public Buildings Commissioner

Request for Services (RFS)
Owner's Project Management Services for the
Quincy Animal Shelter

In accordance with M.G.L. Chapter 7, the City of Quincy, Massachusetts' Department of Public Buildings is soliciting the services of a qualified "Owner's Project Manager" as defined in the Massachusetts General Laws Chapter 7C — Designer Services, and as further defined by the provisions of this RFS to provide OPM services for the Quincy Animal Shelter to be located at 99 Quarry Street, Quincy, MA. Respondents must have experience with both Design-Bid-Build (MGL Ch 149) and Construction Manager at Risk (MGL Ch 149A) delivery approaches. Fee will be negotiated, work to commence immediately.

Proposals will be received at the office of the Purchasing Department, City Hall, 1305 Hancock Street, Second floor, Quincy, MA 02169 until **February 18, 2021 at 2:00 PM.**

Copies of the Request for Services will be available in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169 between the hours of 8:30AM and 4:30 PM or on-line at the City of Quincy's Website, www.quincyma.gov on or around February 3, 2021.

The evaluation, selection, and award of a potential contract shall be in full compliance with Massachusetts General Laws, Chapter 7, as last revised, all Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity. The City reserves the right to waive any informality in or to reject any or all respondent packages when such an action is deemed in the best interests of the City. The City of Quincy reserves the sole right to amend this RFS by formal Addendum.

All questions regarding this Request for Services should be directed to Kathryn R. Logan, Purchasing Agent through fax: 617-376-1074 and email: purchasing@quincyma.gov Questions will be accepted until February 11, 2021 at 4:00 PM.

Non-responsive qualification packages may be rejected.

Thomas P. Koch
Mayor

Paul J. Hines
Commissioner, Public Buildings Dept.

Kathryn R. Logan
Chief Procurement Officer

2/4/21

Melissa Myers On Dean's List

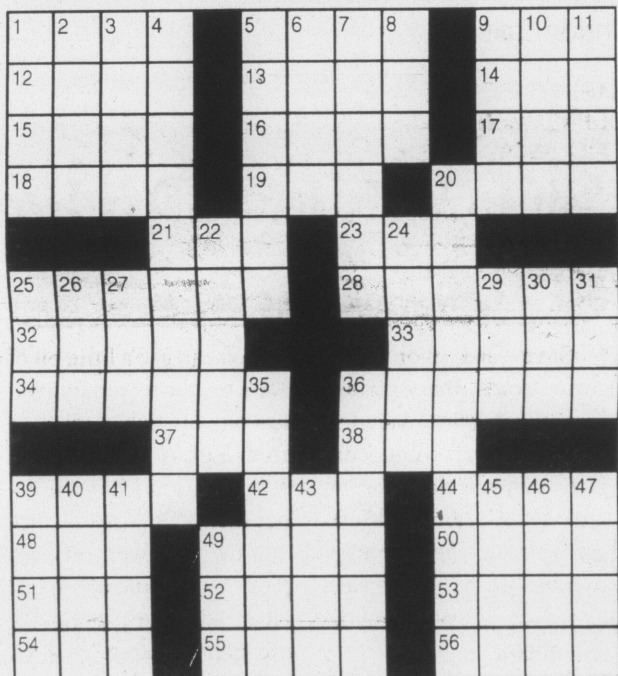
Melissa Myers of Quincy has been named to the Dean's List for the fall se-

mester at Dean College in Franklin.

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Saudi native
5 Job-safety org.
9 Old CIA foe
12 Mentor
13 Err
14 Shoe width
15 Secondhand
16 Watch chains
17 Away from SSW
18 Slightly
19 And so on (Abbr.)
20 Tackles weeds
21 Longing
23 Hearty quaff
25 Ex-hausted
28 Castor's twin
32 Silents star
33 Country singer
34 Arrest
36 Dwellings
37 Meadow
38 Dancer
39 Rage
42 Trio after Q
44 Raw minerals
48 Exist
49 — Domini
50 "Damn Yankees" vamp
51 Irate
52 Tale teller
53 Maui meal
54 Golfer Ernie
55 Track circuits
56 Holler
- DOWN**
- 1 Oaxaca water
2 Reddish brown
3 Region
4 "That'll Be the Day" singer
5 Insult
6 Coin aperture
7 Wheel cover
8 Six-pack muscles
9 Vegas game
10 Hereditary unit
11 Honey bunch?
20 Louis Armstrong song
22 Haunting
24 Hotel area
25 "Humbug!"
26 "Suits" network
27 Disco guy on "The Simpsons"
29 Young fellow
30 Guitar's kin
31 Ballot marks
35 Aslan's land
36 Oscar contenders
39 Notoriety
40 Russian river
41 Some wines
43 Crisp cookie
45 Libertine
46 Mideast airline
47 Author Bellow
49 100%



© 2021 King Features Synd., Inc.

MAGIC MAZE • — DEGREE

G K I D F C A X T V S B Q O L
E J H E N C A S X T A V T R G
P T N L J O E H F C S D D B N
Y X A V T H C D H R P R R C I
O M K I G I E E E C N E I C S
E G E I C C L D S G B M H F R
Z M H O N O R A R Y E X T W U
U T O A R R S Q W D O L N L N
J I V S R E T S A M G F L D C
A D Y X O W V C A T S R P O O
A N L K E T A U D A R G J I C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: HE WAS GIVEN THE — DEGREE

Academic	College	Honorary	Science
Advanced	First	Law	Second
Associate	Graduate	Master's	To some
Bachelor's	Highest	Nursing	

©2021 King Features Syndicate, Inc. All rights reserved.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. "Danger" sign is bigger. 2. Jersey numbers are different. 3. Stars are black. 4. Fewer people in crowd. 5. Hockey stick is missing. 6. Arena wall is taller.

Trivia test

by Fifi Rodriguez

- SCIENCE: What kind of charge does a neutron carry?
- THEATER: Which 20th-century play features a character named Blanche DuBois?
- HISTORY: Which ancient Greek author is considered "the Father of Comedy"?
- LITERATURE: What were the first names of the Bronte authors and sisters?
- FOOD & DRINK: What kind of nut also is known as a filbert or cobnut?
- AD SLOGANS: Which brand of men's aftershave used the advertising slogan, "Be careful how you use it"?
- MOVIES: What was the title of the movie in which Kirk Douglas played the artist Van Gogh?
- GAMES: Which video game character was the first to be featured as a giant balloon in Macy's Thanksgiving Parade?
- MUSIC: Which Billy Joel song featured a couple named Brenda and Eddie, the king and queen of the prom?
- GEOGRAPHY: What was the former name of the African country of Zimbabwe?

Answers

- A neutron has no charge.
- "A Streetcar Named Desire"
- Aristophanes
- Emily, Charlotte and Anne
- Hazelnut
- Hai Karate
- "Lust for Life"
- Sonic the Hedgehog
- "Scenes from an Italian Restaurant"
- Rhodesia

© 2021 King Features Synd., Inc.

Wishing Well®

6	3	6	4	7	3	5	4	3	7	8	6	5
A	S	N	C	C	W	A	H	E	H	N	E	H
6	7	2	7	4	2	4	7	3	5	6	3	8
L	A	Y	N	A	O	R	N	E	A	O	T	E
2	4	5	8	4	5	8	3	6	3	6	3	5
U	M	P	W	E	P	J	V	Q	I	U	C	Y
6	8	7	8	2	4	5	6	5	3	7	2	4
E	O	E	B	S	N	M	N	A	T	L	T	H
8	6	7	5	6	8	7	3	8	7	6	8	3
C	T	D	R	I	O	E	O	U	S	D	L	R
8	7	4	5	2	5	4	6	7	4	8	7	4
D	I	A	R	A	I	N	E	R	C	B	E	E
8	6	4	7	5	8	3	8	5	2	5	8	8
E	A	D	S	A	N	Y	E	G	R	E	A	R

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

©2021 King Features Syndicate, Inc.

Salome's Stars

ARIES (March 21 to April 19) St. Valentine's Day magic rules the entire week for romantic Rams and Ewes. Music, which is the food of love, is also strong. The weekend offers news both unexpected and anticipated.

TAURUS (April 20 to May 20) Your aspects favor the arts -- which the Divine Bovine loves, loves, loves. Also, for those looking for romantic love, Cupid is available for requests. After all, his mother, Venus, rules your sign.

GEMINI (May 21 to June 20) Loving commitments continue to grow stronger. Ditto budding relationships. A recent move to help start-up a new career-linked direction soon could begin to show signs of progress.

CANCER (June 21 to July 22) Single Moon Children might be eager to take that proverbial chance on love. But your more serious side will feel better if you take things slowly and give your moon-struck self more time.

LEO (July 23 to August 22) It's a love fest for Leos and Leonas this week. Paired Cats might expect to be purr-fectly in sync. And with match-making friends, single Simbas searching for romance shouldn't have too far to look.

VIRGO (August 23 to September 22) More understanding on both sides can work miracles in restoring ailing relationships to health. Make the first move, and you'll be closer to your much-wanted reunion.

LIBRA (September 23 to October 22) Accept the fact

that you are worthy of being loved, and you'll find proof in what is revealed to you over the course of the week. Also accept a compliment offered with great sincerity.

SCORPIO (October 23 to November 21) Planning to take a new direction in life is exciting. And so is a new awareness of someone's special affection. Expect a slow and mostly steady development of the situation.

SAGITTARIUS (November 22 to December 21) Although you might still feel you weren't treated quite right in a recent matter, all that will work out in time. Meanwhile, enjoy the week's special qualities and potentials.

CAPRICORN (December 22 to January 19) Deciding not to give up on a troubling romantic situation helps start the healing process. Expect to find some valuable insight into yourself as things move along.

AQUARIUS (January 20 to February 18) The week is filled with positive potentials, but it's up to you to make the right choices. The advice of someone who truly cares for you and your well-being can be priceless.

PISCES (February 19 to March 20) It's a good time to make yourself available to possibilities of the romantic kind. Already paired? Good. In that case, be sure to reassure that special person of your feelings.

BORN THIS WEEK: Your generosity gladdens the hearts of others, and you bask in their joy.

© 2021 King Features Synd., Inc.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: O equals C

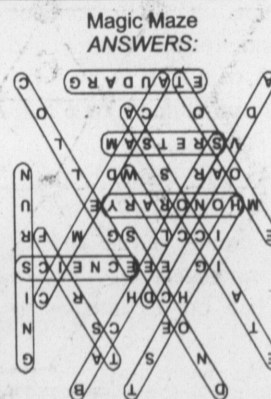
ATY AN PQ OAPXFDYH JYQI
LXXYLHI DA KY IDGOJGTS, KFD G
OLT'D XFD PQ NGTSYH AT GD.

©2021 King Features Synd., Inc.

King Crossword

Answers

Solution time: 21 mins.



CryptoQuip answer

One of my computer keys can't put my finger on it.

FEB

4

2021

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Action-star Jason Statham was discovered by film director/screenwriter Guy Ritchie (once married to Madonna). Ritchie cast Statham, age 31, in the hit “Lock, Stock and Two Smoking Barrels” (1998). Ritchie next cast Statham in “Snatch” (2000), with Brad Pitt and Benicio Del Toro, another hit. However, their third film together, “Revolver” (2005), with Ray Liotta, flopped. Ritchie’s most recent release was “The Gentlemen” (2019), with Matthew McConaughey, Charlie Hunnam, Henry Golding, Hugh Grant and “Downton Abbey’s” Michele Dockery, which scored big.

As Statham awaits the release of “Wrath of Man,” with Scott Eastwood, Josh Hartnett and “Burn Notice” star Jeffrey Donovan, he’s shooting his fourth Guy Ritchie written and directed film, “Five Eyes.” Statham (now 53) will play an MI-6 agent who tries to stop the sale of a deadly new weapons technology that could disrupt the world order. His co-star is 58-year-old Cary Elwes, who made his mark as Westly in “The Princess Bride” (1987) at age 25. Elwes has had a busy year, starting with the Netflix film “A Castle for Christmas,” with Brooke Shields; the comedy “Best Sellers,” with Michael Caine, Aubrey Plaza and Scott Speedman; and the upcoming horror film “Shrine,” with Jeffrey Dean Morgan.

Veronica Cartwright, star of more than 35 major films, including “The Birds”

(1963), “Spencer’s Mountain” (1963), “The Invasion of the Body Snatchers” (1978), with Leonard Nimoy, “Alien” (1979) and “The Right Stuff” (1983), is now 71 and showing no signs of slowing down. She’s preparing to play real-life psychic June Ahern “In How to Talk with Spirits,” based on Ahern’s book and psychic work with law enforcement finding missing people in the San Francisco Bay area. In the film Cartwright’s character helps police solve the murder of her client’s daughter, whose ghost haunted her loved ones. Her most recent film, the romantic comedy “Breaking Fast,” has been screened at film festivals. Her younger sister Angela Cartwright was Von Trapp child Brigitta in “The Sound of Music” (1965) and the TV series “Lost In Space” (1965-68). She’s now 68.

Taron Egerton, nominated for a best musical actor Golden Globe for playing Elton John in “Rocketman,” has only lent his voice to “Sing 2” (this year). He’s now preparing to star in “Tetris” as Henk Rogers, the Dutch video-game designer who created The Black Onyx and secured the rights to distribute Tetris on video-game consoles. It chronicles the development and release of “Tetris.” Rogers is now 67 and Egerton is 31, which is exactly the age Rogers was when he created Tetris. Egerton has gone from playing gay in “Rocketman” to playing games in “Tetris.”

© 2021 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: **

* Moderate ** Difficult *** GO FIGURE!

	÷		+		13
+		+		×	
	-		×		15
÷		×		+	
	×		+		13
8		25		21	

1 2 3 3 4 5 6 7 9

© 2021 King Features Syndicate, Inc.

KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Caviar Server – You probably won’t find a blue cut-to-clear glass caviar server like this one that just sold for \$2,318 at a recent Neal Auction in New Orleans, but you might want to serve caviar the right way for a party. The event will be the talk of the town. Here’s the proper Victorian way.

Serve the caviar (tiny fish eggs) in a chilled double bowl, a large bowl filled with ice chips holding a smaller bowl filled with the caviar. And yes, you must have a correct silver caviar spoon. The expensive eggs are served in very small portions on a blini, a small Russian buckwheat pancake that is topped with creme fraise or sour cream then rolled to be held like a taco. Or you can make toast points (triangular pieces cut from a slice of bread) and top with a slice of hard-boiled egg and caviar with a wedge of lemon to be squeezed for juice on top. Do not ever cook caviar. But you can top soup with a little bit. Serve with vodka or champagne. The fancy service is part of the charm, so find two suitable antique glass bowls and impress your party friends.

Q: I have my first Barbie, from about 1959. She has red hair in a ponytail and is wearing a black-and-white striped swimsuit. I got Ken with fuzzy hair, Midge, Allen, Skipper, and Skooter as they were produced, and also have the pink sports car and other things. Is it worth the trouble to try to sell them?

A: The first Barbie doll came out in 1959. The doll was designed by Ruth Handler, co-founder of Mattel, Inc., and came with blond or brunette hair. The doll was named Bar-

bie after her daughter. Ken was introduced in 1961 and was named after her son. Barbie No. 1 has upside-down V-shaped eyebrows and holes in the bottom of her feet, which fit into a special stand. Barbie No. 5 was the first Barbie with a red or auburn ponytail (a color Mattel calls Titian). It was introduced in 1961. Barbie dolls, her friends, clothes, and accessories sell at auctions, shows, flea markets and online for prices ranging from \$10 or less to several hundred dollars. Barbie No. 1 sold at auction last year for over \$4,000.

CURRENT PRICES

Box, playing cards, tartan print with playing cards design, wood base, two compartments, hinged lid, Tartanware, c. 1880, 11 x 7 inches, \$1,525.

Tea and coffee set, tea pot, coffee pot, sugar and creamer, lobes, ebonized handle, silver, Italy, 1965, 4 pieces, \$3,250.

Garden lounge, wire frame, white, cushion, Richard Schultz, Knoll, 1960s, \$4,550.

Tiffany Studios lamp, Zodiack, 1-light, turtleback tiles, gilt bronze, stamped, 1920s, 14 x 10 1/2 inches, \$5,940.

TIP: Some repairs make the sale of an antique very difficult and lower the price. Don’t buff pewter. Don’t wash ivory. Don’t repaint old toys. Don’t tape old paper. Don’t wash oil paintings.

Subscribe to the Kovels’ free weekly email, Kovels’ Comments, at www.Kovels.com.

© 2021 King Features Synd., Inc.

Strange BUT TRUE

* Rose DeWitt Bukater’s fabulously expensive pendant, “The Heart of the Ocean,” featured in James Cameron’s “Titanic,” was not completely fictitious – it is believed that a rather large sapphire went down with the ship that fateful night.

* There is a company called Little Miss Matched that sells packs of mismatched socks.

* Syphilis was a major problem in the late 19th and early 20th century. Doctors found that the bacteria that caused it was sensitive to heat, so they thought giving a patient a fever could help get rid of it. How did they induce said fever? With malaria injections! While effective in curing syphilis, some patients unfortunately died from – you guessed it – malaria.

* Instant noodles topped a Japanese poll of the country’s greatest inventions of the 20th century.

* Freelancers originally referred to self-employed, sword-wielding mercenaries: literally, “free lancers.”

* In ancient Rome, having a crooked nose was considered a sign of leadership.

* Andrew Lawrence, ran two hours, 47 minutes and 41 seconds in a banana costume during a London marathon in order to secure the title of the fastest time to run a marathon while wearing a fruit costume.

* Before mercury, brandy was used to fill thermometers.

* Author William Faulkner refused a dinner invitation from JFK’s White House. “Why, that’s a hundred miles away,” he said. “That’s a long way to go just to eat.”

* Founded in 597 AD, The King’s School, in Canterbury, England, is the world’s oldest institution of learning.

* Polar bears have black skin. And their fur isn’t actually white! It’s see-through, so it appears white as it reflects light.

* It’s illegal in Vermont to prohibit anyone from putting up a clothesline.

Thought for the Day:

“Success is not final, failure is not fatal; it is the courage to continue that counts.” – Winston Churchill

© 2021 King Features Synd., Inc.

Now here’s a tip!

by Jo Ann Derson

* Save and thoroughly clean foam egg cartons for kids’ paint palettes. The wells keep colors contained, and the flat space on the lid side is great for resting brushes. They are easy to rinse off and just as easy to recycle if you are done with them.

* To help insulate your home to prevent heat loss, build up a mound of snow about 3 feet high at the foundation. Snow is a terrific insulator! – E.S. in Michigan

* When topping a pie with meringue, make sure that it touches all the edges of the pie crust. Otherwise it will shrink.

* Wrinkled ribbons? You can use your curling iron or flat iron to give the satin a quick freshening up.

* “You can use a little bit of cooking oil to remove the last bits of sticker adhesive from a glass picture frame. Remove as much of the paper sticker as possible, then dab the spot with oil on a paper towel. Rub off. When all the adhesive is removed, use glass cleaner.” – R.H. in South Carolina

* Got stale bread? If it’s not too stale, you can try to bring it back in the oven. Set on a low heat alongside – but not in – a pan with water. If it’s too far gone, you can always cut it up into cubes and make it croutons, or toast and grind into breadcrumbs. No waste!

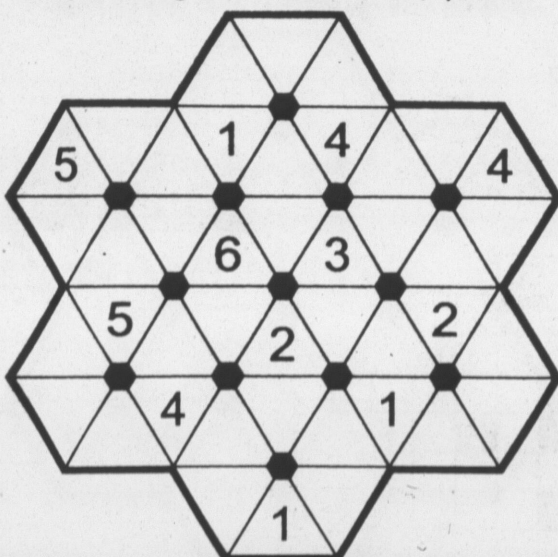
Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803.

© 2021 King Features Synd., Inc.

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

© 2021 King Features Synd., Inc.

STICKELERS

by Terry Stickels

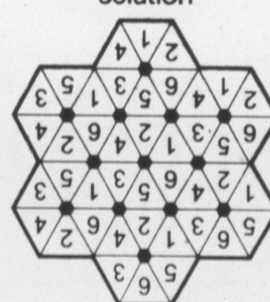
Match the word on the left with its meaning on the right.

- | | |
|--------------|---------------------------|
| 1. fecund | a. inhabitant, citizen |
| 2. jejune | b. dull, lacking interest |
| 3. denizen | c. false, not genuine |
| 4. corpulent | d. prolific, fruitful |
| 5. spurious | e. obese |

© 2021 King Features Syndicate

SNOWFLAKES

solution



Go Figure! answers

21	25	8
13	3	5
3	5	2
+	×	÷
15	3	4
×	+	-
6	+	6
13	9	1
+	+	7

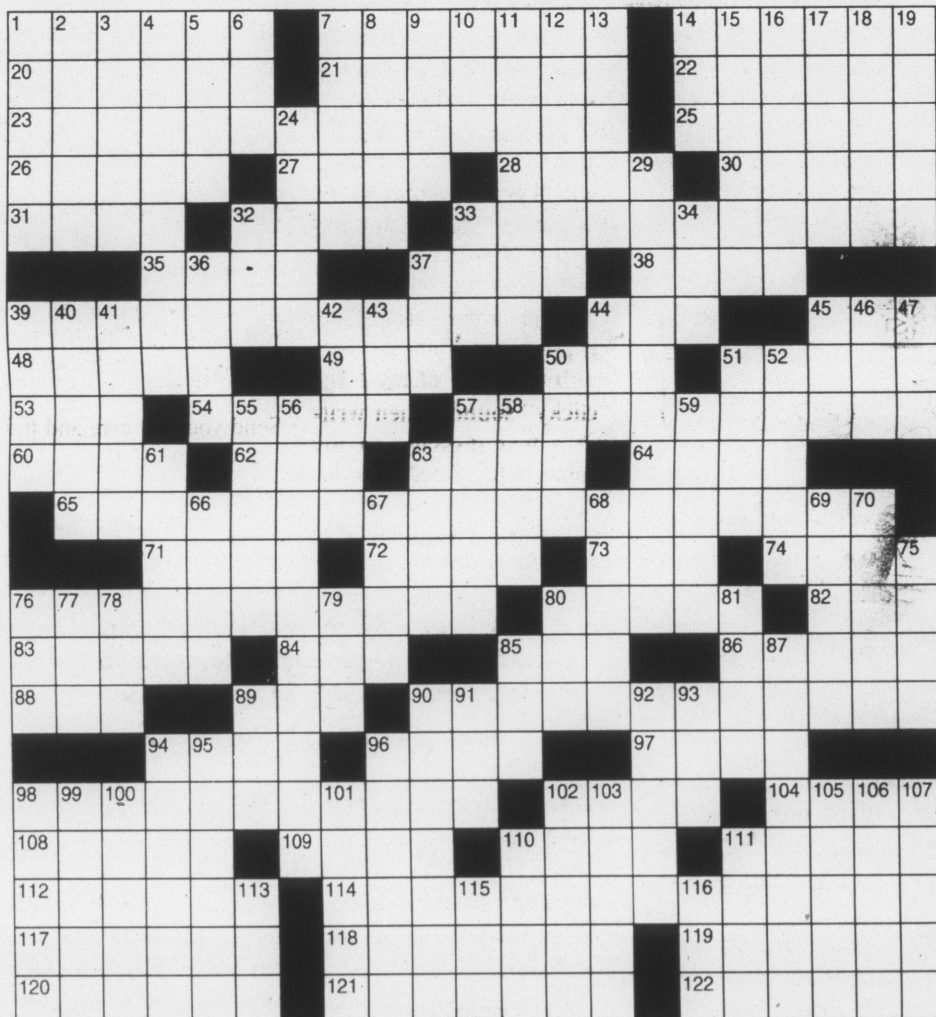
Stickelers Answer

1-d, 2-b, 3-a, 4-e, 5-c

Super Crossword

WEIRD
WARDROBE

- ACROSS**
- 1 Ill will
7 Accepted blame humbly
14 Creatures
20 Mafia code of silence
21 Person of the hour
22 Bill Clinton's #2
23 Formalwear imparting a pleasantly optimistic feeling?
25 Flier Earhart
26 Tricky rascal
27 Some pipe shapes
28 Model of iPod
30 Weasel's kin
31 Room, in Spanish
32 G-men, e.g.
33 Appropriate underwear in a law court?
35 Gemini, e.g.
37 Unwanted plant growth
38 "Oh, sure!"
39 Neckwear making people unable to move?
44 ICU tubes
45 Burnt residue
48 Yellow hue
- DOWN**
- 19 With
72 Across, 1920s-'30s design style
50 Royal flush card
51 A Marx brother
53 — Zedong
54 Ukraine city
57 Toadstool-shaped headwear?
60 Kilt wearer
62 Stew sphere
63 Moral errors
64 Actress
65 Women's wear
66 encircling a magazine?
71 Tooth filler
72 See
49 Across
73 Abbr. of fair hiring
74 Go bonkers
76 Beach where everyone dons athletic wear?
80 Do a tally of
82 Abbr. in personal ads
83 Sir Andrew — Webber
84 "— Day Will Come"
85 Be in debt to
86 Writer Joyce Carol —
- DOWN**
- 1 Boulders
2 Oven brand
3 Sherpa land
4 Deep fissure
5 An Amerind
6 Brit. mil. fliers
7 Get — of (obtain)
8 Implements
9 Closing parts
10 Homer
11 Rusty color
12 Avenged
13 Singer — Marie
14 Sheep's call
15 "Rum Punch" novelist
16 "Yeah, makes sense"
17 Nick of film
18 Heartache
19 Scorches
24 "Angie" star
29 "Tommy" actor
32 E-I linkup
33 Royal flush card
34 They're shot from air rifles
36 Modest reply to kudos
37 Comical sort
39 Scots' toppers
40 Many Apples
- DOWN**
- 41 Paperless novel, e.g.
42 Turkic language
43 Bit of lifting lingerie
44 I, to Freud
45 Curved line
46 Mani offerer
47 Quick trip
50 Helper. Abbr.
51 Gardening implements
52 Stock up on
55 As is fitting
56 Grabs the attention of suddenly
57 Cut to bits
58 Counteract
59 Buckeye State sch.
61 A bit drunk
63 Plaintiff
66 Regretted deeply
67 Lysol target
68 Jon who played Napoleon
69 Join together
70 Studio prop
75 Earning part
76 "I'm Real" singer's nickname
77 Pixie
78 Deteriorate
79 Kiss go-with, often
80 Stupefy
81 Seal schools
85 Mel who wore #4
87 Helpers in crime
89 — Mahal
90 Painter's studio
91 Used a sofa
92 Elected (to)
93 Platform for Apple devices
94 Biceps, e.g.
95 Brunch dish
96 Thin
98 Slightly off
99 Regional
100 Hush money
101 Slide on a sled, say
102 Polyphonic choral piece
103 Opinion pieces
105 Lysol target
106 It's gathered in recon
107 "Pippin" director Bob
110 Mend, as socks
111 Mets' former stadium
113 Ending for lion or seer
115 — culpa
116 "Zip it!"



celebrity extra

by Dana Jackson

Q: In the early '70s, Goldie Hawn hosted a few specials. I seem to remember Laurence Olivier appearing on one where he sat on a staircase and recited something. I would love to know what it was. I hope I am remembering correctly. Any help you can give is appreciated. — B.J.S.

A: I found four TV specials hosted by Goldie Hawn: "Pure Goldie" (1971), "The Goldie Hawn Special" (1978), "Goldie and Liza Together" (1980) and "Goldie and Kids" (1982). Unfortunately, I couldn't find Sir Laurence Olivier as a guest on any of them, but my sources might be incomplete. I even checked YouTube.com for clips of Olivier on TV. There's a wonderful one of him reciting Shakespeare's Sonnet 116 ("Let me not to the marriage of true minds ...") as a guest on "The Dick Cavett Show."

In Hawn's specials listed above, Ruth Buzzy and Johnny Carson were guests on the first one; George Burns, Shaun Cassidy and John Ritter were guests on

the second; Ron Field and Larry Grossman appeared with Goldie and Liza (Minnelli); and Barry Manilow is listed as the only adult guest on "Goldie and Kids."

If anyone else out there remembers Olivier reciting some kind of monologue on a staircase, please write me at newcelebrityextra@gmail.com, and we'll get to the bottom of this mystery.

Q: Whatever happened to actress Stephanie March from "Law & Order"? She was married to one of the famous chefs on The Food Network, but I haven't seen her in anything since "L.O." — F.D.

A: Stephanie March is best known as ADA Alexandra Cabot on "Law & Order: Special Victims Unit." She's played the role on and off over the years and also in its short-lived spin-off, "Conviction." She married chef Bobby Flay in 2005, but divorced him 10 years later. She remarried in 2017 to investor Dan Benton.

You can see March in the upcoming Beyond the Headlines Lifetime TV movie "A House on Fire." It's based on Ann Rule's true crime book "Bitter Harvest," and will air Saturday, March 13, on Lifetime on at 8 pm ET/PT.

Q: Netflix has two sea-



Goldie Hawn
Photo credit: Metro-Goldwyn Mayer

sons of "Heartland" being shown in worldwide markets, but has not released them in the USA. Can you investigate as to why the delay in the U.S.? — P.S.

A: I think a lot of people are becoming impatient for another batch of Canadian "Heartland" episodes. Fortunately, there may finally be some good news. In the New and Popular section of Netflix, under the subsection of Coming Next Week, "Heartland" was one of the series listed. So although Netflix has not confirmed it as of this writing, it appears season 12 and perhaps season 13 will be available for streaming on Netflix in the U.S. starting Feb. 1. Season 14 recently premiered in Canada.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

© 2021 King Features Synd., Inc.

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|------------------------|---------------|----------------------|---------------|
| 1. Blackeye | — — — — N — — | Get goosebumps | — — — — V — — |
| 2. In need of practice | R — — — — — | In need of a polish | D — — — — — |
| 3. Infuriate | — — — — R — — | Place behind bars | — — — — C — — |
| 4. Rosie's bolt | — — — — T — — | Danube or Po | — — — — R — — |
| 5. Chalkboard material | S — — — — — | Cause happiness | E — — — — — |
| 6. Skin blemish | — — — — U — — | Stew in a closed pan | — — — — A — — |
| 7. Puff up with pride | — — — — W — — | Turtle's "house" | — — — — H — — |
| 8. Wall hanging | — — — — S — — | Worker on a train | — — — — R — — |
| 9. West Indian dance | — — — — O — — | Arms and legs | — — — — S — — |
| 10. Tent dweller | — — — — M — — | Friendly apparition | — — — — S — — |

© 2021 King Features Synd., Inc.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

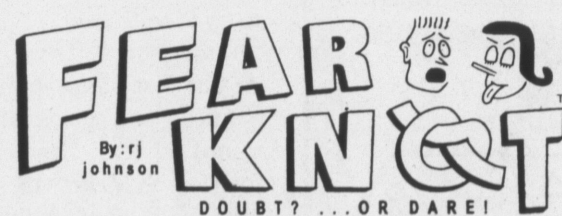
© 2021 King Features Synd., Inc.

Super Crossword

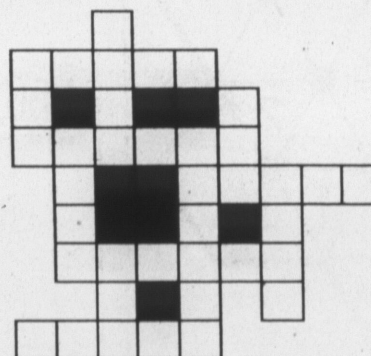


Even Exchange answers

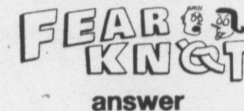
- | | |
|--------------------|-------------------|
| 1. Shine, Shiver | 5. Slate, Elate |
| 2. Rusty, Dusty | 4. River, River |
| 3. Enrage, Encage | 3. Enrage, Encage |
| 4. River, River | 2. Rusty, Dusty |
| 5. Slate, Elate | 1. Shine, Shiver |
| 6. Bruise, Brise | 5. Slate, Elate |
| 7. Swell, Shell | 4. River, River |
| 8. Foster, Porter | 3. Enrage, Encage |
| 9. Limbo, Limbs | 2. Rusty, Dusty |
| 10. Camper, Casper | 1. Shine, Shiver |



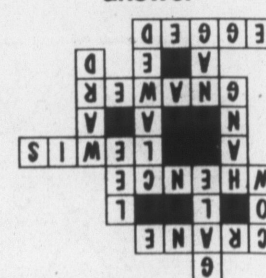
- AGN
WECALD
♥ WISLE
EALG
RAGWEN
CWO
AGHN
GEDGE
♥ ELE
HEWCEN
♥ RECNA
♥ RAWD



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

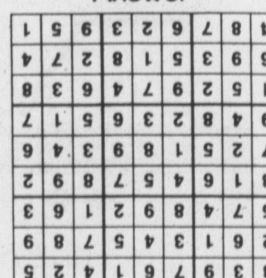


answer



Weekly SUDOKU

Answer



F
E
B

4

2
0
2
1

Amber Waves



Out on a Limb



R.F.D.



"It's so simple... why, even the _____ will be able to operate it!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Robust

EARTHY

Simple

SCABI

Package

DUBLEN

Inform

DEIVAS

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

6	2	4	3	2	6
3	1	6	2	6	5
1	6	6	5	3	3
2	4	6	6	3	4
6	2	5	3	1	4
2	3	2	4	5	4

©2021 Conceptis Puzzles Dist. by King Features Synd. Inc.



For Cats, Keyboards Are Just Unbearable

DEAR PAW'S CORNER: I'm writing in regard to the article on the keyboard-loving cat. My cats often react as if they're disturbed by many specific sounds: voices from my phone speaker, noise from the radio or iPad, or clicking from typing on the keyboard. My cats are uncomfortable and confused. I believe that the sounds are not pleasant to them. When they paw at the phone screen or at me, I think it's an attempt to stop, control or try to understand these noises that are bothering them.

I've found that if I wear earbuds when using my cellphone or iPad, my cats don't react. I silenced the "clicky" sounds when writing a text message on my phone. When I need to type, I put the cats in another room with a tasty treat to

hold them until I'm finished. Our kitties are trying to adjust to our lifestyle, with all the technology we use today, and much of it is antithetical to their way of being! We need to compromise a bit and make adjustments that help them to be more comfortable. Thank you for your informative column each week - Patricia D.W., via email

DEAR PATRICIA: What a great observation! Most of us think that when a cat walks across our keyboard, they are just seeking attention. But it may be something more. With their keen hearing, all that clickety-clacking may be driving them nuts -- and they're jumping onto the keyboard to put a stop to it. Your solution speaks to the importance of observing our pets and their behavior to learn what is normal for them versus what makes them anxious or annoyed. Observation can give us the answer to many problem behaviors.

Send your pet care and training tips to ask@pawscorner.com.

© 2021 King Features Synd., Inc.



TOP TEN VIDEO, DVD for release week of Feb. 1, 2021

Video on Demand

1. Tenet (PG-13) John David Washington
2. Honest Thief (PG-13) Liam Neeson
3. The War with Grandpa (PG) Robert De Niro
4. Redemption Day (R) Gary Dourdan
5. American Skin (R) Omari Hardwick
6. The Croods: A New Age (PG) animated
7. The Empty Man (R) James Badge Dale
8. Unhinged (R) Russell Crowe
9. Horizon Line (PG-13) Allison Williams
10. Skyfire (NR) Bee Rogers

DVD, Blu-ray Sales

1. Tenet (PG-13) Warner Bros.
2. Love and Monsters (PG-13) Paramount
3. Honest Thief (PG-13) Universal
4. Yellowstone: Season 3 (TV-MA) Paramount
5. Justice League (PG-13) Warner Bros.
6. Beetlejuice (PG) Warner Bros.
7. Top Gun (PG) Paramount
8. The Meg (PG-13) Warner Bros.
9. Harry Potter: Complete 8-Film Collection (PG-13) Warner Bros.
10. The Mule (R) Warner Bros.

Source: Comscore/Media Play News

© 2021 King Features Synd., Inc.

Hitori

4	5	2	3	2	6
4	5	2	3	2	6
4	5	2	3	2	6
4	5	2	3	2	6
4	5	2	3	2	6
4	5	2	3	2	6

HUSBAND
Today's Word
3. Bundle; 4. Advise
1. Hearty 2. Basic
solution
SCRAMBLERS

FUN

COUCH THEATER DVD PREVIEW

BY AMY ANDERSON

It's coming: Valentine's Day. Yes, love is grand, but for millions of unmatched humans, it's a challenging and stressful time of year filled with sappy "significant other" sentiments. It leaves a lot of us feeling left out. Don't despair! If you'll permit me a math metaphor, one may be less than two, but it's certainly not zero. If you need a grand love affair this Valentine's Day, you should feel free to have one with yourself! You are pretty great. Here are some women (and men) who found themselves to be a worthy partner — and some of them found love too.

Romy and Michelle's High School Reunion — Mira Sorvino and Lisa Kudrow play two seemingly ditzy blondes traveling from their ho-hum life in LA to their 10-year high-school reunion in Arizona. They borrow a car, invent new, much more successful histories and attempt to turn the heads of their former classmates. But what these besties find is that real success doesn't rely on subterfuge; it's knowing and being true to who you are.

First Wives Club — Three college friends are reunited after the death of a friend, only to find that all have been cast aside by their husbands for younger women. The gals decide that payback is the best revenge, but in executing their best-laid plans, they find a larger, deeper purpose: helping other women. Starring Bette Midler, Goldie Hawn and Diane Keaton.

Legally Blonde — This character has become an American icon for standing up for yourself and believ-

ing in your own worth. Elle Woods is a privileged beauty with a handsome beau — who dumps her after graduation, on his way to Harvard Law. She hatches a plan to secure her own spot at Harvard to get him back, and in doing so uncovers her own potential.

Waiting to Exhale — Four Black women experience heartbreak and deception from the men in their lives, turning to each other for consolation and support. They say "waiting to exhale" is holding your breath until you find the right relationship. But you must first find the strength within yourself to leave a bad situation before you can find the right one. Starring Angela Bassett, Whitney Houston, Loretta Devine and Lela Rochon.



Will Smith, Eva Mendes in "Hitch"

Hitch — For Alex Hitchens (Will Smith), love can be found and secured with the right level of finessing, and he's built a "date doctor" business to prove it — helping normal guys get a leg up by making the right moves at the right time. Enter cynical city journalist Sara (Eva Mendes), who, despite their fierce attraction, exposes Hitch's vocation — inadvertently ruining the burgeoning genuine relationship of an accountant (Kevin James) and an heiress (Amber Valetta). Both Hitch and Sara must face their true selves to make things right.

© 2021 King Features Synd., Inc.

Contract Bridge

MAKE HASTE SLOWLY

South dealer.

Neither side vulnerable.

NORTH		EAST	
♠ Q J 6 4		♠ —	
♥ 10 8 6 3		♥ A Q J 5	
♦ K 3		♦ 8 7 6 4	
♣ A Q 8		♣ 10 9 6 4 2	
WEST		SOUTH	
♠ 9 8 7 5 2		♠ A K 10 3	
♥ K 9		♥ 7 4 2	
♦ J 10 9 2		♦ A Q 5	
♣ J 7		♣ K 5 3	

The bidding:

South	West	North	East
1 NT	Pass	2 ♣	Pass
2 ♣	Pass	4 ♣	

Opening lead — seven of spades.

In this deal from a rubber-bridge game, South got to four spades as shown and West led a trump, taken by South with the ace. East's low-club discard on the first spade revealed the 5-0 trump division and left declarer with several ways to attempt to get home with 10 tricks.

Declarer decided at once that it would be dangerous to play three more rounds of trump and then try to cash the A-K-Q of both minor suits, because if West ruffed any one of them with his last trump, the contract

would automatically be defeated.

South therefore postponed drawing trump and played the K-Q-A of diamonds, discarding a heart from dummy before trying to cash the A-K-Q of clubs. Unfortunately, West ruffed the third club and played the king and another heart to put a quick end to the proceedings.

However, declarer would have succeeded had he adopted what is surely the best method of play. He should have cashed only two top tricks in both minors and then led the queen of diamonds. When West follows suit, South can assure the contract by simply discarding the queen of clubs from dummy!

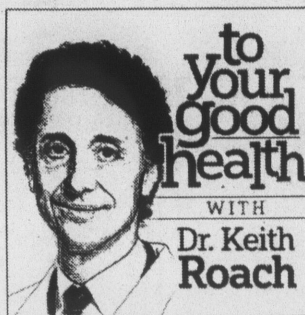
Declarer next plays the five of clubs and ruffs it with dummy's jack to finish with 10 tricks consisting of the A-K of clubs, A-K-Q of diamonds and five trump tricks.

Observe that this line of play would have been equally successful had West held two diamonds and two clubs. Only if West had a singleton diamond or a singleton club would the contract have failed, but in that case, all other approaches would have suffered the same fate.

In bridge, there are many hands where something unexpected occurs, such as the 5-0 trump break in this deal. The secret of trying to overcome such misfortunes is to keep your cool while seeking an effective counterstroke. There is quite often an answer if you search hard enough.

© 2021 King Features Syndicate Inc.

by Steve Becker



Animals, Not Men Suffer Irritable Male Syndrome

DEAR DR. ROACH: Is there such a thing as irritable male syndrome, similar to PMS in women? If it is real, does it cycle yearly or monthly? My husband is negative and blames others for things at some times more than others. Also, is there a cure or ways to manage it? -- Anon.

ANSWER: The term "irritable male syndrome" was coined in 2002 in a review of animal behavior, among male animals with a strictly seasonal breeding pattern. After mating season in these animals, testosterone levels drop markedly, and the animals exhibited symptoms of nervousness and irrationality.

In humans, low testosterone has a set of common symptoms, including low libido and low overall energy. Loss of body hair and decreased muscle mass happen after prolonged time without testosterone. Psychiatric symptoms, such as depressed mood and anxiety, are less strongly tied to low testosterone levels.

Most experts do not believe that the findings in animals are analogous to what healthy men experience. While it is possible that your husband has low testosterone, and that this level may be causing a degree of irritability, it is much more likely that his behavior has a different underlying cause than loss of testosterone.

By contrast, premenstrual syndrome, where there are dramatic shifts in hormones, is clearly associated with mood swings, irritability, anxiety and depression. As the hormone changes are cyclical, so the symptoms are cyclical as well. No such cycles exist in men for testosterone.

I have certainly known many irritable males, however, and

anybody can be more irritable one day compared with another. I would note that, especially in men, irritability and being easily angered can be a sign of depression, among many other possibilities.

DEAR DR. ROACH: I am a healthy 73-year-old man who has always had a large prostate. Thirty years ago, my urologist described it more like the size of an orange rather than a walnut. Despite its size, it has never given me any problems -- no UTIs, sudden urination, poor stream, waking me in the middle of the night, etc. Despite not having symptoms, about 10 years ago I was prescribed finasteride at a dose of 5 milligrams, and Rapaflo to "try to keep it in check." In 2018 I had an ultrasound done of my prostate, and it was measured at 185 grams. It was measured again recently and is now 232 grams. My PSA is always in the 3.2-3.5 range.

At what point does a prostate get too large? Should I be concerned even without having any symptoms? To his credit, my urologist discussed my surgical options, along with the related side effects. I am reluctant to do anything if it's not necessary. -- J.J.

ANSWER: The normal prostate gland is about 20 grams, and only 4% of men will develop a prostate over 100 grams. Yours is well past that, though far short of the world record of 2,410 grams.

It is striking that the size of the prostate does not well correlate with a man's symptoms. Since you have no symptoms and a low PSA level (especially considering the size), there is no indication to do anything surgically. The risk of surgical complications is higher in men with very enlarged prostate glands, so I would certainly be cautious about considering surgery.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

(c) 2021 North America Synd., Inc. All Rights Reserved



by Healthy Exchanges

Pickle Meatloaf

Winter weather means comfort food, and comfort food means meatloaf! Here's a new version for you to try.

- 1/4 cup sweet pickle relish
- 1/4 cup reduced-sodium ketchup
- 1 teaspoon prepared mustard
- 16 ounces ground extra-lean sirloin beef or turkey breast
- 1/2 cup plus 1 tablespoon dried fine breadcrumbs

1. Preheat oven to 350 F. Spray a 9-by-5-inch loaf pan with butter-flavored cooking spray.
2. In a large bowl, combine pickle relish, ketchup and mustard. Add meat and breadcrumbs. Mix well to combine. Pat mixture into prepared loaf pan.
3. Bake for 55 to 60 minutes. Place loaf pan on a wire rack and let set for 5 minutes. Cut into 6 pieces.

• Each serving equals: 167 calories, 7g fat, 14g protein, 12g carb., 312mg sodium, 1g fiber; Diabetic Exchanges: 2 Meat, 1 Starch.

© 2021 King Features Syndicate, Inc.



1. When British pirate radio station Radio Caroline went off the air in 1990, what was the last song it played?
2. How many times did The Clash release "Should I Stay or Should I Go"?
3. Which 1964 Dave Clark Five song knocked the Beatles off the top spot on the chart?
4. What was the 1988 hit "White on White" about?
5. Name the song that contains this lyric: "Who's gonna ride that chrome three-wheeler, Who's gonna make that first mistake?"

Answers

1. "Pilot of the Airwaves," by Charlie Dore. The renegade radio station transmitted from a boat in international waters. The station name came from President Kennedy's daughter Caroline.
2. Twice. The first time, in 1982, rising to No. 17 on the U.K. chart. The second time, in 1991, it finally reached No. 1, at least in the U.K.
3. "Glad All Over." The Beatles had held No. 1 for five weeks with "I Want to Hold Your Hand."
4. The singer, Danny Williams, has to watch a former lover marry someone else.
5. "Fire Lake," by Bob Seger & The Silver Bullet Band, in 1980. The song took nine years to write, off and on, and was finally used on Seger's "Against the Wind" album.

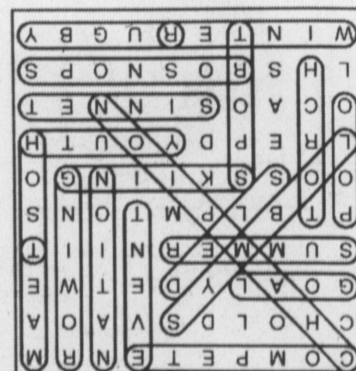
© 2021 King Features Syndicate

Puzzles4Kids

Answer

Cold medals.

Riddle Answer:



Puzzles4Kids

by Helene Hovanec

RIDDLE SEARCH - THE OLYMPICS

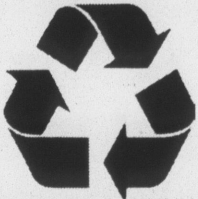
Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: What do snowmen win at the Olympics?

CHAMPION
COMPETE
EVENT
GOAL
HOST
NATION
POLO
ROWING
RUGBY
SKIING
SLED
SPONSOR
SPORT
SUMMER
SYMBOL
TEAM
TENNIS
TORCH
WINTER
YOUTH

C O M P E T E N R M
C H O L D S V A O A
G O A L Y D E T W E
S U M M E R N I I T
P T B L P M T O N S
O O S S K I I N G O
L R E P D Y O U T H
O C A O S I N N E T
L H S R O S N O P S
W I N T E R U G B Y

Riddle answer: _____

CLASSIFIEDS

SERVICES	SERVICES	SERVICES	SERVICES	SERVICES	SERVICES
DERRICKS PAINTING <i>When Quality Counts</i> Interior/Exterior Home Repairs Gutter Cleaning References Available 617-851-1688 Licensed/Insured	KERRY CONSTRUCTION INC. CARPENTRY, GUTTERS, DECKS REPLACEMENT WINDOWS & DOORS SHINGLE & RUBBER ROOFS FULLY INSURED & LICENSED JIM AT 617-825-0592	WIGS Patricia & Company Quality & Affordable Call for an appointment Weymouth 781-335-4700	Quincy Physical Therapy One on One Therapy Specializing in Back and Sciatica Pain Free 1 st Visit! Call 617-481-2000	M&M SALVAGE - CLEANOUTS - CASH FOR CARS - FREE SCRAP REMOVAL 617-842-8205	J.F. ROOFING Co. QUINCY, MA • Shingles • Rubber • Slate • Copper • Vinyl Replacement Windows 617-471-8216 CREDIT CARDS ACCEPTED
 PLEASE RECYCLE THIS NEWSPAPER		HALLS FOR RENT MORRISETTE LEGION POST 81-83 Liberty St., Quincy <i>Function Hall Available</i> <i>Call for Details 617-770-4876</i> Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings	PERSONAL THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA J.D.	ROOM WANTED Room Wanted in or Near Quincy by Man Returning From Ireland on Feb. 4 th Joe 617-773-1084	
			HAPPY BIRTHDAY TO Dan & Mary Bythrow January 29, 2021	MISCELLANEOUS WANTED TO BUY FREON WANTED: We pay \$\$\$ for cylinders and cans. R12 R500 R11 R113 R114. Convenient. Certified Professionals. Call 312-291-9169 or visit Refrigerant-Finders.com	

Want to pick up a copy of The Quincy Sun?
 Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE 1250 Hancock St., Presidents Place NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station HANCOCK MARKET 1500 Hancock St. MIGNOSA'S FRUIT BASKET 138 Granite St. STAR MARKET 130 Granite St.. WALGREENS 132 Granite St. FRANKLIN ST. BP 60 Franklin St. 7-11 78 Franklin St. SHOP N SAVE LIQUORS 20 Independence Ave. DONUT + DONUTS + MUFFINS 33 Scammell St. PRESIDENTIAL LIQUORS 25 Scammell St. ADAMS VARIETY 22 Independence Ave. DAILY MART 291 Quincy Ave. ROCHE BROTHERS The Falls WALGREENS 418 Quincy Ave. WALGREENS 550 Adams St.	ARTERY GROCERY 1000 Southern Artery 7-11 495 Washington St. DAIRY FARM 330 Washington St. 7-11 230 Washington St. STOP & SHOP Southern Artery CVS Southern Artery 7-11 650 Adams St. 7-11 678 Adams St. VILLAGE COMM. MARKET 100 Willard St. COPELAND LIQUORS 273 Copeland St. GRANITE MART 308 Willard St. 7-11 Copeland St. JOE'S PLACE 260 Centre St. CORNER FOOD MARKET 1060 Hancock St. 200 FOOD MART 200 Sea St. ADAMS SHORE SUPERMARKET 494 Sea St. PALMER STREET MARKET 231 Palmer St. BERNIE'S GENERAL STORE 1147 Sea St.	7-11 721 Hancock St. BEALE ST. NEWS AND TOBACCO 17 Beale St. CVS 42 Beale St. COFFEE BREAK CAFE 12 Old Colony Ave. SUPREME LIQUORS 615 Hancock St. MULLANEY'S VARIETY 205 W. Squantum St. STOP & SHOP 65 Newport Ave. 7-11 363 Hancock St. WALGREENS 324 Hancock St. SAM'S VARIETY 125 Billings Rd. LUCKY'S WINE & LIQUOR 66 Newbury Ave. ATLANTIC MARKET & LIQUORS 247 Atlantic Ave. CARMINE'S CAFE 69 Huckins Ave. 7-11 751 E. Squantum St. LUCKY SHAMROCK 265 Beale St. EVEREST MARKET 121 Standish Ave. 5 CORNER FOOD MART 163 Newbury Ave. WEST ELM VARIETY 139 W. Elm Ave.
--	---	---

REPORT POTHOLES

Potholes are a year-round problem and should be reported to the Quincy Department of Public Works.

617-376-1914

DONATE BLOOD

WE'RE FIGHTING FOR YOUR LIFE

American Heart Association



Learn and Live

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169

PAYABLE IN ADVANCE. Payment must accompany order.

INDEX	RATES	
☐ Services	1 WEEK	☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.
☐ For Sale	2-4 WEEKS	☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.
☐ Autos	5-10 WEEKS	☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.
☐ Boats	11 WEEKS OR MORE	☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.
☐ For Rent		☐ Enclosed is \$ _____ for the following ad to run _____ weeks in The Quincy Sun.
☐ Wanted		COPY: _____
☐ Help Wanted		
☐ Work Wanted		
☐ Pets		
☐ Lost & Found		
☐ Real Estate		
☐ Antiques		
☐ Flea Markets		
☐ Yard Sales		
☐ Instruction		
☐ Day Care		
☐ Personal		
☐ Miscellaneous		

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

Girl Scouts Rise Up During Pandemic To Serve Community

The year 2020 was a time of trauma and uncertainty for our community, but especially for children. The pandemic left many kids feeling isolated and lost, separated from their schools, teachers, friends, coaches and mentors, and disconnected from the social and educational connections they need to grow, learn and thrive.

Compounding these feelings of distress is the anxiety felt in many homes as parents and caregivers worry about unemployment, or struggle to find remote learning and childcare solutions when returning to work.

Through it all, our children have shown amazing resiliency and strength. Children learned how to play outside safely, rode bikes, connected through technology, and found ways to rise above the trauma.

Some even understood the extraordinary burden that COVID-19 has placed on people in their community and wanted to help serve their fellow neighbors: families who lost loved ones, people who found themselves turning to food pantries and non-profit organizations like the YMCA for support.

Coco Ward, a 10-year-old fourth grader and proud Girl Scout, is one of those children. Together with her Derby Academy Girl Scout Troop, led by her mom, Heather Ward, Coco and her fellow Girl Scouts devoted 2020 to serving others on the South Shore.

In addition to raising money to support the Scituate Animal Shelter and donating Girl Scout cookies to the South Shore YMCA food pantry, the girls put their heads together to see what else they could do during the holiday season. They ultimately chose to support the South Shore YMCA Holiday Assistance Program and raised money to purchase wish list gifts for children and adults.

"We are really proud of the activities we do together," said Coco. "Our whole troop adopted a family and we were able to get all the



GIRL SCOUT KENZA MAALI helps to help serve her community during the COVID-19 pandemic through the South Shore YMCA. *Photos Courtesy South Shore YMCA*



GIRL SCOUT ESTELLE DREW finds joy in serving the community through the South Shore YMCA Holiday Assistance Program.

gifts that their kids wanted, like video game controllers and blankets."

As she helped deliver the gifts to the South Shore YMCA's "North Pole" in Quincy, she said, "I really have a spark of happiness knowing that we helped a family and were able to deliver these gifts to them."

That feeling is contagious, and her fellow Girl Scouts feel the same way.

"I like helping others because it makes them happy, and that makes me happy," said KENZA MAALI.

Troop member Estelle Drew added, "I like helping my community because I like seeing people happy because it makes me happy."

"One of the silver linings of the pandemic is that our troop has engaged, even more, in service efforts," said Derby Academy Girl



GIRL SCOUT COCO WARD delivers donated cookies to the South Shore YMCA Germantown Neighborhood Center Food Pantry during the pandemic.

Scout Troop Leader, Heather Ward. "It has been hard for the girls to be together during COVID, and our time has been mostly virtual. Service opportunities have allowed us to feel connected, both as a troop and to the community."

"Lack of connection is what we are all suffering from right now," added Ward. "Even if we don't know the families who we are donating to, the girls feel connected to them, and that makes them feel good."

Each year, the girls sell cookies and donate them to food pantries like the South Shore YMCA Germantown Neighborhood Center in Quincy. COVID-19 made it

difficult to visit in 2020, but when they toured the facility virtually in May, they saw how quickly the food pantry was impacted by the pandemic, with lines of visitors having nearly quadrupled their normal size.

"For the girls to see that was powerful," Ward said. "Service is something we feel deeply about. We love working with the Y. They have amazing community outreach programs and there are always ways for us to get involved and do good."

"The South Shore YMCA is so thankful for supporters like Heather Ward and her amazing Girl Scout Troop," said South Shore YMCA Vice President of Develop-

ment, Mary Orne. "These girls continue to show their generosity all year long as they work to serve others in need. They should feel so proud."

Although it is a new year, the need continues to grow. "We greatly appreciate the generosity of all those who continue to give to our Y to ensure everyone has food, clothing and support, especially now, as these difficult times we face continue past the holidays," added Orne.

For information on how you can help the South Shore YMCA Germantown Neighborhood Center Food Pantry support the community during the pandemic, visit ssymca.org/foodpantry.

Rogers Jewelry



1250 Hancock St., Quincy

www.RogersJewelry.com

617.773.3636



GOLD CHAINS
LOOSE DIAMONDS
WATCHES
ENGAGEMENT RINGS
ESTATE JEWELRY
FINE JEWELRY SALES
GRADUATE GEMOLOGIST
WE BUY GOLD

Rogers Jewelry continuing to serve Quincy for more than 60 years; A full Service Jewelry Store with a Graduate Gemologist on staff. We buy your unwanted jewelry and offer loans as well! We have new inventory daily so be sure to check in frequently.

NEW QUINCY LOCATION! 1250 Hancock St. Quincy, MA 02169



COLDER WEATHER HOTTER RATES

Auto loan rates
as low as **1.74% APR.***

Apply online at www.qcu.org or through our mobile app.



*APR—Annual Percentage Rate. Rates currently in effect and subject to change. Rate, term and approval amount based on creditworthiness. Speak with a loan representative to find out how your rate is determined. QCU finances 100% of the purchase price or book value, whichever is less. Minimum rate with Auto Pay is 1.74%. Payment per thousand on 1.74% for 36 months is \$28.54. Interest will accrue during deferment. Rate without auto pay is 1.99%. Payment per thousand on 1.99% is \$28.64. Other rates and terms available. Maximum term is 84 months for new auto loans, and maximum loan amount is \$75,000 for qualified applicants. Refinancing on existing QCU loans required additional proceeds of \$4,000 minimum. Membership eligibility requirements apply. Providing financial products and services to individuals who work or live in Plymouth, Plymouth County or Dorchester and their family members and family members of existing members. \$5.00 Primary Share Account required for Membership.

F
E
B

1
1

2
0
2
1